Statewide Learning Collaborative to Support Integration of CalAIM and Community Based Dementia Programs

October 27, 2023

California Health Policy Strategies, LLC
Agenda

• Welcome and Introductions
• Purpose/Objective of the Collaborative
• Overview of CalAIM Presentation
• Perspective from Medi-Cal Managed Care Plans
• Real World Experiences with CalAIM
• Discussion
• Next Steps/Next Meetings
Purpose/Objective of the Collaborative
Interest in CalAIM: Address the needs of dually eligible Californians with dementia and enable greater access to CalAIM benefits
Purpose

Archstone Foundation is sponsoring a new statewide learning collaborative to support the integration of CalAIM and community-based dementia related and other programs that serve individuals at high risk of institutionalization.
Overview of CalAIM
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- California Advancing and Innovating Medi-Cal (CalAIM) is a long-term commitment to transform and strengthen Medi-Cal, offering Californians a more equitable, coordinated, and person-centered approach to maximizing their health and life trajectory.
- Population health approach focused on whole person care outside of traditional health care settings
- CalAIM will change care delivery for older adults in Medi-Cal or dually eligible
- Medi-Cal or dually eligible older adults with dementia are most likely to be at risk for institutionalization
Enhanced Care Management (ECM) is a Medi-Cal benefit that addresses clinical and non-clinical needs of high-need, high-cost individuals through coordination of services and comprehensive care management.

**Seven ECM Core Services**

- Outreach and Engagement
- Comprehensive Assessment and Care Management Plan
- Enhanced Coordination of Care
- Coordination of and Referral to Community and Social Support Services
- Member and Family Supports
- Health Promotion
- Comprehensive Transitional Care

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<table>
<thead>
<tr>
<th>Date</th>
<th>Population of Focus</th>
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<tbody>
<tr>
<td>January 1, 2022</td>
<td>Adults at risk for avoidable hospital or emergency department utilization</td>
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<tr>
<td>January 1, 2022</td>
<td>Adults with serious mental health and/or substance use disorder needs</td>
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<tr>
<td>January 1, 2023</td>
<td>Adults living in the community and at risk for long term care institutionalization</td>
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<tr>
<td>January 1, 2023</td>
<td>Adult nursing facility residents transitioning to the community</td>
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<tr>
<td>July 1, 2023</td>
<td>Adults experiencing homelessness</td>
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Community Supports

Medi-Cal Managed Care Plans select to provide from these 14 optional Community Supports (CS) services as cost-effective alternatives to Medi-Cal services.

### Housing Support
- Housing Transition Navigation Services
- Housing Deposits
- Housing Tenancy and Sustaining Services

### Post-Acute Care Placement
- Short-term Post-Hospitalization Housing
- Recuperative Care (medical respite)
- Nursing Facility Transition/Diversion to Assisted Living Facilities

### Home-Based Services
- Community Transition Services/Nursing Facility Transition to a Home
- Personal Care and Homemaker Services
- Environmental Accessibility Adaptations (Home Modifications)
- Meals/Medically Tailored Meals

### Additional Services
- Day Habilitation Programs
- Respite Services
- Sobering Centers
- Asthma Remediation

Highlighted CS services are likely to be most appropriate to relevant POFs.
Collaborative Population of Focus

The Collaborative is primarily focused on older adults (65+) with dementia who are eligible for Medi-Cal (with or without Medicare) and CalAIM services.

Estimate 128,000 individuals who are at risk for institutionalization and eligible for ECM and CS services.

As we pursue this collaborative, we expect to learn more about the nuances and needs of adjacent populations.
Older Adults (65+) in California

• Estimated prevalence of dementia in California is 12.0% (2020)¹

• 1.4 million older adults who are dually eligible for Medi-Cal and Medicare (2021)

• 18.1% of dually eligible older adults have Alzheimer’s disease or dementia (2021) compared to Medi-Cal only beneficiaries (6.8%)²

• Women and people of color are disproportionately dually eligible

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¹ Chicago Health and Aging Project
² Duals in Medicare FFS only
Members Who Received Enhanced Care Management by Population of Focus in CY 2022

Total Number of Members Who Received ECM by Population of Focus in CY 2022

- Individuals At Risk for Avoidable Hospital or ED Utilization: 58.9k
- Individuals with Serious Mental Health and/or SUD Needs: 42.4k
- Individuals Experiencing Homelessness: 36.1k
- Individuals Transitioning from Incarceration (Available in Select WPC Counties Only): 4.9k

Source: DHCS

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ECM Enrollment

• Only 2022 data available
• Relevant POFs went live January 2023
• Challenges reaching eligible population with dementia and at risk for institutionalization
• Anecdotally, hearing that not enrolling many in relevant POFs
Perspectives from Medi-Cal Managed Care Plans
Real World Experiences with CalAIM

- Jennifer Schlesinger, Alzheimer’s Los Angeles
- June Simmons, Partners in Care Foundation
- Lena Haroutunian, Sunrise Adult Day Health Center (Community-Based Adult Services)
Discussion
Next Steps/Meetings

• Dementia Workgroup
  Friday, November 17, 12:00pm-1:00pm

• Community Based Organizations Workgroup
  Friday, November 17, 3:00pm-4:00pm

• Statewide Learning Collaborative Meeting #2
  Friday, December 1, 12:00pm-1:00pm