



*Honoring
Our Past
—
Embracing
Our Future*

A circular inset image showing an elderly couple walking away from the camera on a sandy beach. The man is on the left, wearing a grey jacket and tan pants, and the woman is on the right, wearing a light-colored sweater and grey pants. They are walking towards the ocean, with a pier and buildings visible in the background under a cloudy sky.

Tides of Change

2018-2019 BIENNIAL REPORT

Archstone Foundation is a private grantmaking organization whose mission is to contribute towards the preparation of society in meeting the needs of an aging population.



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Tides of Change

A MESSAGE FROM THE BOARD OF DIRECTORS

The last few years have been a time of great change at Archstone Foundation and we are anticipating continuing change over the next few years. Not only did our long-time friend and colleague Joseph F. Prevratil, JD, step down from his staff position at the Foundation as President and CEO, but he also left the Board of Directors — along with former board chair, Robert C. Maxson, EdD, and long-time board member, Mark D. Smith, MD, MBA. We thank them for their service to the Foundation and its mission.

In May, we celebrated Joe's career, as well as introduced our new President and CEO, Christopher A. Langston at a lovely event on the historic Queen Mary where we were joined by many grantees, family, and friends. The Board of Directors selected Chris after a long and careful national search for the best person to lead our organization into the future and we are committed to supporting his success. We are also very pleased to announce as of July 1, 2019, the election of three new board members. Theresa J. Marino, Cynthia D. Banks, and Heather M. Young, RN, PhD, FAAN bring a deep commitment to aging, strong experience in governance, and new viewpoints to the Foundation's Board of Directors.

We are excited about the results of our grant programs over the last two years, including several projects aimed at food insecurity among older people, efforts to improve support for family caregivers of older adults, and the continuation of our late-life depression initiative. Two policy successes stand out — with support from Archstone Foundation, the California Food Policy Advocates, Hunger Action Los Angeles, and many other stakeholders, were successful this past year in expanding eligibility for the California food stamp program, CalFresh, to more than 400,000 SSI beneficiaries who had previously been excluded. This policy change has the potential to bring as much as \$624,000,000 in annual assistance to low-income beneficiaries all around the state. We are also proud of the enactment in the Governor's budget of one of the key recommendations of the California Task Force on Family Caregiving — the addition of \$30 million over three years to the eleven California Caregiver Resource Centers. While we share these victories with many others, they show what can be accomplished with patience, excellent partners, and strategically made grants.

On behalf of Archstone Foundation's Board of Directors,



Diana M. Bontá, RN, DrPH
Board Chair

A Warm Welcome

FROM OUR PRESIDENT AND CEO

Coming back to California to succeed Joe Prevratil as the President and CEO of Archstone Foundation is a rare privilege and an exciting challenge. Not only do I get to return to the state where I grew up, but I also get to return to philanthropy after a sojourn as a grantee in the government/non-profit sector of aging. I have the opportunity to step into one of those rare leadership positions in aging philanthropy, and I get it at a high functioning organization with outstanding assets. I inherit the excellent staff, outstanding reputation, and strong Board that Joe built. I also have the honor of filling Joe's shoes and the opportunity to fulfill the Board's mandate of taking our work "to the next level."

This biennial report offers a great moment to take stock and reflect on my first six months, and to look forward as far as I can yet see. My time since joining the Foundation in January has been a wonderful period of learning more deeply about the Foundation's history and grantees. Joe, the board, and staff have been terrific guides to reacquainting myself with California (and its traffic). I've met many impressive Archstone Foundation grantees I didn't know and reconnected with many I knew as

a former national funder and partner to Archstone Foundation. My colleagues and I have been hard at work thinking deeply about the issues facing older adults and the possible avenues whereby we might help.

For the balance of 2019, we will continue to focus on learning from our grantees and partners, developing and refining plans with our board, and reviewing our operations for efficiencies and ways we can be better funders. While such planning should be an ongoing process, I expect we will reach some tentative conclusions early in 2020. Therefore, while we will likely take on a few high priority projects, such as supporting the recently announced California State Master Plan for Aging, our priorities should begin to emerge in the latter half of 2020. We will use our new blog, *Point of View*, to share our thinking and solicit feedback on our ideas.

The one thing we know for certain is our society is not yet prepared to provide the quality of health care and support services needed to allow older people to age well, with dignity and independence for as long as possible. Our commitment to our mission is steadfast.



Christopher A. Langston, PhD
President and CEO



Honoring
Our Past

*The 2018-2019 Biennial Report,
“Tides of Change,”
is dedicated to Archstone Foundation’s
long-time President and CEO,
Joseph F. Prevratil
and our longstanding
Directors, Robert C. Maxson
and Mark D. Smith.*

Dedication to Our Long-Time Leader



Joseph F. Prevratil, JD

Joseph F. Prevratil joined Archstone Foundation as a Board member beginning in 1987, and served as its first President and CEO since 1995. Under his leadership, the Foundation awarded over 1,100 grants totaling more than \$118 million in its legacy areas of fall prevention, elder abuse and neglect, and spirituality in palliative care, along with its current priority areas of aging in community, depression in late-life, and family caregiving. His leadership, integrity, and compassion for others will be missed by many.

Thank you for your dedication, and all your contributions to Archstone Foundation and to the field of aging and philanthropy.

“The entire Southern California Grantmakers community is grateful to Joseph for his longtime leadership in the Southland’s philanthropic sector and beyond! We thank him for his generosity and his vision, and we wish him the very best in his next adventure. With appreciation from the SCG staff, Board of Directors, and membership.”

— Amanda Byrd and the SCG Team, Southern California Grantmakers

“Dear Joe, You are the embodiment of visionary philanthropy. Your leadership in helping to reshape the resources available to older adults took true courage, creativity and innovation. Our community will be eternally grateful for the example you set and for the countless numbers you helped. Philanthropy means ‘love of humanity;’ the people you’ve touched through your work also love you.”

— Rigo Saborio, St. Barnabas Senior Services

“I have had the distinct honor and privilege of knowing Joe for his entire tenure at Archstone Foundation. We met in 1995, when I was directing the White House Conference on Aging, which he participated in, and where Archstone made important contributions. Joe is a pioneer recognizing how foundations have a role in addressing elder justice issues. He stood tall and distinct in his commitment to this work. And it has had an impact.

Beyond that, Joe made sure that Archstone Foundation funded grants that made a difference versus just checking a box. He is as effective as he is because of his strong moral construct. Any time spent with Joe is time well-spent. I wish I had been able to have had more. Joe’s legacy will endure for years and should serve as a great model for any leader in the Foundation world. So Joe, I wish you the best – enjoy your new life!”

—Bob Blancato, Elder Justice Coalition (and other groups)

“On behalf of the 2.3 million Californians living with or caring for a loved one with Alzheimer’s disease, I thank you, your board, and staff for 25 years of leadership on the issues that matter most to older adults and their families. Enjoy your hard earned and well-deserved retirement!”

— Susan Demarois, Alzheimer’s Association

“Thank you, Joe, for your leadership with Archstone Foundation, the aging field and with Grantmakers In Aging. You combined strategic vision with integrity and compassion in ways that have leveraged Archstone’s funding to have a great impact. I admire you and have learned from you. All best wishes for the next chapter and of your life, Brian.”

— Brian Hofland, Research to Prevent Blindness

“Dear Joe, On behalf of the 7,000 current village members in California, the thousands who preceded them and the tens of thousands yet to come, I extend my heartfelt gratitude for your visionary leadership. You knew early on that this innovative social change model could revolutionize the way we age in California. And that’s exactly what we’re doing! Building caring communities that dignify aging because the independence we all cherish is only made possible by interdependence.

Your belief in our potential has enabled us to bring organization and discipline to the grassroots origins of the village model; to develop a unified strategy that propels us forward as one; to build infrastructure and find resources that develop our capacity for advocacy and advances our vision statewide. Under your leadership, Joe, Archstone Foundation has made this happen!”

— Kate Hoepke, San Francisco Village

For additional dedications, go to Point of View at: <https://archstone.org/blog>

Farewell to Our Long-Standing Board Members



Robert C. Maxson, EdD

Robert C. Maxson, EdD, served on Archstone Foundation's Board of Directors from 1994 – 2018, and as its Chair from 2009 - 2018. He was President of California State University, Long Beach from 1994 - 2006; prior to, he was President of the University of Nevada, Las Vegas, a position he held for 10 years.



Mark D. Smith, MD, MBA

Mark D. Smith, MD, MBA, served on Archstone Foundation's Board of Directors from 1998 – 2019. Dr. Smith was the founding President and CEO of California Health Care Foundation (CHCF) where he served from 1996 - 2013. Before his tenure at CHCF, Dr. Smith was Executive Vice-President of the Henry J. Kaiser Family Foundation.

Their leadership and many contributions will be missed at Archstone Foundation.



*Furthering
Our Mission*

Meeting the Needs of California's Aging Population

Our Mission:

Preparing Society in Meeting the Needs of an Aging Population

During fiscal years 2018-2019, Archstone Foundation achieved its mission by:

- 1) Enabling older people to remain in their homes and communities;
- 2) Improving the quality of life for older adults suffering from late-life depression;
- 3) Developing innovative responses to the family caregiving needs of older persons; and through our
- 4) Responsive grantmaking.



In 2012, Archstone Foundation's Board of Directors embarked upon a strategic planning process to contemplate the Foundation's mission, reaffirm its values, and identify areas to enhance the quality of life of older Californians. Following thoughtful discussions and guidance, our three broad priority areas of Aging in Community, Depression in Late-Life, and Family Caregiving were confirmed.

Initially grants funded in the new priority areas of Aging in Community and Family Caregiving were intentionally responsive grants and enabled the Foundation to learn about, and to support the emerging and unmet needs in each of these new areas.

We also began early-on to explore further the impact the Foundation might have on addressing depression in late-life. Through key informant interviews, a scan of the field, and recommendations approved by our Board of Directors, a targeted initiative-based strategy to involve community-based organizations, family, and primary care clinics in partnered care for depression began.

Archstone Foundation has a long history of supporting family caregiving programs and their development,



respite services, and training programs among others. With past learnings, recommendations from the National Academies of Sciences, Engineering, and Medicine's "Families Caring for an Aging America" report, and through a targeted RFP, the Foundation saw how it might have an even greater effect on family caregiving.

Learnings from our responsive grantmaking, and the realities of California's demographic shift, also prompted further discussions around how the Foundation might have deeper impact, particularly around social determinants of health and their role in enabling older adults to remain in their homes and communities.

Aging in Community

Exploring New Approaches and Partnerships to Enable Older People to Remain in their Homes and Communities



Demographic shifts and trends play an important societal role nationally, statewide, and locally in how we improve the health and well-being of older persons. By 2050, more than one-fifth of the U.S. population will be 65 and older, with most turning 65 by 2030. Not surprisingly, studies show that more than eight out of 10 older people prefer to age, with dignity, choice, and quality of life, in their home and communities. This confluence of trends, the opportunities they present, and Archstone Foundation's mission, compels us to be intentional and strategic in our goal to enable older people to remain in their homes and communities.

That intentionality can be seen in projects funded over the past two years that affect social determinants of health and:

- 1) address systems and/or policy change;
- 2) focus on building the field;
- 3) include demonstrated, measurable health outcomes;
- 4) bridge the gap between health care and social needs care; and/or
- 5) are inclusive of broad partnerships working collectively to impact issues much greater than can be taken on individually.

A few of these projects that explore new approaches and partnerships, address systems and policy change, and improve the well-being of older people so they may remain in their homes and communities are briefly described below.

Archstone Foundation is supporting the **National Academies of Sciences, Engineering, and Medicine** to conduct a consensus study to examine the potential for integrating services addressing social needs and social determinants of health into the delivery of health care to achieve better health outcomes and to address major challenges facing the U.S. health care system.

The study draws on the expertise of a national committee to make recommendations on how to:

- 1) expand social services;
- 2) better coordinate roles for social service providers in interprofessional care teams across the continuum of clinical and community health settings; and
- 3) optimize the effectiveness of social services to improve health and health care.

Committee recommendations will be highlighted in a final report to be released in Fall 2019.

By 2050, more than one-fifth of the U.S. population will be 65 and older, with most turning 65 by 2030.



Archstone Foundation is supporting **Project Open Hand** to lead the first statewide Medi-Cal Medically Tailored Meals (MTM) Pilot Program in the United States, being implemented by the California Food is Medicine Coalition (CalFIMC). CalFIMC is an advocacy and policy coalition of six statewide agencies across eight counties, that worked closely with Senator Mike McGuire and other state assembly members, to pass Senate Bill No. 97 (SB-97) for the first statewide Medically Tailored Meal Pilot Program in the United States.

The MTM Pilot Program is designed to address the nutritional needs of 1,000 of California's critically ill and high-health care utilizers diagnosed with congestive heart failure. Medi-Cal patients enrolled in the pilot program, receive three medically tailored meals a day for 12 weeks, in addition to four medical nutrition therapy sessions with a registered dietitian at no-cost to the patient. The MTM Pilot Program is aimed at reducing hospital and emergency department 30-day and 90-day readmissions. Results from this study could have important future implications for health care payers.

SB-97 approved \$6 million dollars over three-years to support the MTM Pilot Program. Archstone Foundation is funding the administrative oversight, a cost not funded through SB-97, and convening costs for CalFIMC, key sectors, and leaders to come together to work in partnership to address social and behavioral determinants of health.

To examine the impact of SNAP (Supplemental Nutrition Assistance Program) benefits, known as CalFresh in California, on health outcomes among low-income older adults who receive Supplemental Security Income (SSI) benefits, the Foundation is funding the **University of California San Francisco**, on behalf of the UCSF Center for Vulnerable Populations at San Francisco General Hospital.

For decades, California was the only state in the nation to uphold a policy in which individuals receiving SSI were not eligible to receive CalFresh. The policy maintained that CalFresh benefits were already included as part of an individual's SSI check. Over time however, the real value of the SSI benefit declined, while ineligibility for CalFresh was retained. In Summer 2019, for the first time, the State of California changed this policy and extended CalFresh benefits to a new, large, and high-risk population.

This project examines the recent policy change and seeks to:

- 1) determine the extent to which SNAP reduces healthcare utilization and expenditures and improves health outcomes among low-income older adults who receive SSI benefits; and
- 2) support efforts to expand or implement policies, systems, and programs that support older adult SNAP enrollment.

Pathways Volunteer Hospice (Pathways) was awarded a three-year grant to support the Care Navigation Program (CNP) collaboration. The CNP is a new model of care implemented in collaboration with Meals on Wheels of Long Beach (MOWL) and California State University Long Beach (CSULB), School of Nursing. It seeks to assist up to 300 homebound older adults in avoiding hospitalization by facilitating interventions important to medication adherence, hygiene, and fall prevention. The CNP also assists clients with access to health care, other needed services, and community resources important to addressing their client's health. It supports older adults who reside in the Greater Long Beach and Seal Beach areas and is designed to enable Pathways and MOWL to explore a new way of doing business, while beginning to engage a new partner, Leisure World Seal Beach.



Mr. Turner's Story

The goal of the Pathways Care Navigation Program (CNP) is to educate and guide home-bound older adults through their health care challenges.

PATHWAYS VOLUNTEER HOSPICE

Care Navigation Program

Mr. Turner has been diagnosed with Chronic Obstructive Pulmonary Disease (COPD), relies on oxygen, and has diabetes. He lives alone in Leisure World Seal Beach and is currently receiving sponsored meals from Meals on Wheels of Long Beach. He is very satisfied with his meals; however, he relies heavily on support from CalFresh to supplement his meals with fresh fruits, vegetables, and protein to ensure proper nutrition.

Recently, his CalFresh benefit was cut from \$106 a month to \$15 a month, potentially putting Mr. Turner at risk for malnutrition. In working to appeal the benefit change, Pathways found an error in his paperwork. The error reflected incorrect housing costs causing his CalFresh benefits to be cut. Pathways worked with Mr. Turner to file a petition, update his CalFresh record, provide an up-to-date Medical Expense Form, and confirm his current housing expenses. After multiple calls with Mr. Turner's case workers, his case is now being reviewed by a case supervisor and his funding will be reinstated. The Care Navigation Program team continues to ensure that Mr. Turner has access to the resources he needs to enable him to remain in his home and to delay hospitalization or institutionalization.

Depression in Late-Life

*Advancing Collaborative
Care Approaches to
Improve the Quality
of Life of Older Adults
Suffering from
Depression*



Depression among older adults is a serious health problem, often leading to unnecessary suffering, impaired functioning, increased mortality, and excessive use of health care resources. It is estimated that 5 to 10% of older adults in the community, and as many as 10 to 15% of older adults seen in a primary care setting are experiencing depression.

Despite recent advances, older adults suffering with depression often do not access or receive effective treatment for depression. Older adults at particularly high risk for not receiving effective depression care include minorities, older men, and those with multiple medical problems, less formal education, and persons with lower socioeconomic status. Closing gaps in care to improve access to effective depression treatment is both important and timely.

Archstone Foundation, through its *Depression in Late-Life Initiative*, and partnership with the University of Washington (UW) and the University of California, Davis (UC Davis), is supporting the *Care Partners: Bridging Families, Clinics, and Communities to Advance Late-Life Depression Care*, a two-phase pilot project.

Care Partners is testing innovative approaches to treating depression in older persons through family- and community-engaged partnerships to deliver enhanced collaborative care. Collaborative care is a proven, evidence-based patient-centered approach that treats mental health conditions, like depression, in primary care, or in the community, where older adults already have secure, established relationships. Effective collaborative care teams use established principles of chronic illness care and draw upon shared knowledge and care plans to work toward patient goals. Collaborative care teams provide proven treatments, such as antidepressant medications and evidence-based, brief counseling strategies, like problem-solving treatment in primary care or in patients' homes.

Phase I (2015 – 2017) of the *Care Partners* project funded seven sites across California to test the involvement of partnering community-based organizations and family members in the treatment of depression for older adults. Based on the improvement in clinical outcomes demonstrated in Phase I, Archstone Foundation's Board of Directors approved a second phase of funding to continue to support the *Care Partners* sites and add new sites in the state.

It is estimated that 5 to 10% of older adults in the community, and as many as 10 to 15% of older adults seen in a primary care setting are experiencing depression.



Like Phase I, the second phase of *Care Partners* seeks to strengthen a cohort of model projects involving a community of clinics, community-based organizations, family members and friends, and researchers who are working together to improve care for older adults with depression. Phase II includes two cohorts. Cohort I includes the addition of the Program to Encourage Active, Rewarding Lives (PEARLS) community model of care.

PEARLS is a national evidence-based program for late-life depression that empowers individuals to take action and make lasting change. It brings high quality mental health care into the client's home or accessible community-based settings. It incorporates a team approach involving a PEARLS counselor, clinical supervisor, and health provider. PEARLS aims to improve quality of life, as well as reduce depressive symptoms, and is well-suited for individuals with chronic illness.

Care Partners Phase II, Cohort I project sites funded from 2017 – 2020 include:

Primary Care Clinic - Community Based Organization Partnership

- 1) Family Health Centers of San Diego – expansion to new clinic locations;
- 2) Sonoma County Human Services, Adult & Aging Division – Petaluma Health Center; and

PEARLS – Primary Care Clinic Partnership

- 3) El Sol Neighborhood Education Center.

Archstone Foundation approved four additional sites as part of Phase II, Cohort II. The second cohort is developing and implementing collaborative care interventions within three promising areas that surfaced in *Care Partners* Phase I. Those include:

- 1) strong clinic and community partners;
- 2) clinics modifying clinic-based care for depression with moderate CBO, family, or peer involvement; and
- 3) evidence-based practices implemented in the community that outreach to multiple clinics.

Care Partners Phase II, Cohort II project sites funded from 2018 – 2021 include:

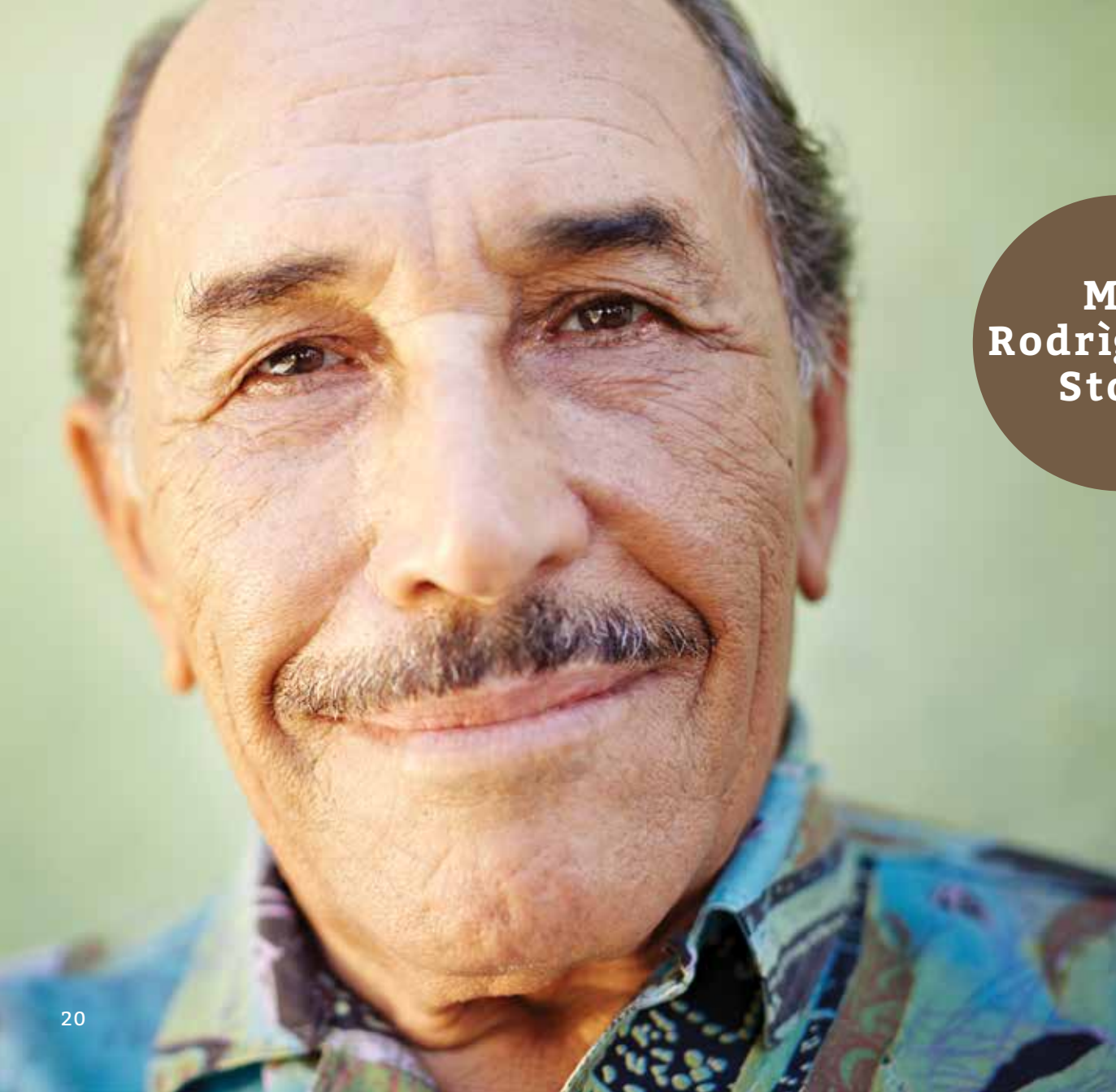
Primary Care Clinic - Community Based Organization Partnership

- 1) Depression and Bipolar Support Alliance – Providence St. Joseph Health & Services, Southern California;
- 2) Kaiser Permanente Southern California – Healthy African American Families II;
- 3) Neighborhood Healthcare – Interfaith Community Services; and

Primary Care Clinic - Family Partnership

- 4) University of California, Davis.

Archstone Foundation is also continuing to fund technical assistance and evaluation provided by the University of Washington and University of California, Davis for the *Care Partners* projects.



Mr. Rodríguez's Story

PEARLS is a national evidence-based program for late-life depression that empowers individuals to take action and make lasting change.

EL SOL NEIGHBORHOOD EDUCATION CENTER

PEARLS – San Bernadino Depression in Late-Life Program

Mr. Rodríguez is a 72-year-old man who had been feeling depressed when he started realizing that he was no longer able to do all the things he was able to when he was younger. As a Latino man, he felt his main priority was to care for his family by having a job. Now that he is retired and is no longer working, being home all the time was really impacting his sense of well-being. He described that it was not so much the financial part that was putting a feeling of being a burden on his life, but the feeling of not being useful.

He was also feeling left out of prior activities due to an unaddressed hearing loss. The community health worker at El Sol provided Mr. Rodríguez with names of agencies that provide jobs for older adults who want to continue working to stay active, and helped him with a referral to a primary care clinic to have his hearing evaluated. When the community health worker met with him, he was ecstatic to share his news that he had been fitted for a hearing aid and started a part-time job. He thanked the community health worker for helping him to feel useful again.

Family Caregiving

*Developing Innovative
Responses to the Family
Caregiving Needs of Elders*



Caregiving is an issue that touches almost every life in America and is unique to one's own personal journey. In California, there are 4.5 million family caregivers providing assistance to family members with disabilities or other care needs.

Despite its central role in the health, home, and community care of older adults, family caregiving has not been effectively addressed in public and private sector initiatives to improve care. Likewise, family caregiving is often left out of planning and implementing new delivery systems for health care and long-term services and supports. Given projections of a future gap between the number of needed and available family caregivers, it is critical to address the difficult caregiving-related issues facing society.

Archstone Foundation has a long history of supporting family caregiving programs by funding policy and program development, respite services, and training programs. In understanding the vitally important role of family caregivers, Archstone Foundation has supported several new grants over the past two years that continue to build upon its past efforts.

The National Academies of Sciences, Engineering, and Medicine's (NASEM), "Families Caring for an Aging America" (2016) report, funded in part by Archstone Foundation, highlighted Adult Day Services (ADS) benefit both family caregivers and their care recipients. ADS provide out-of-home, supervised, group services with the goal of improving the well-being and quality of life of caregivers and care recipients, while enabling the care recipient to remain in their home for as long as possible. ADS programs offer respite and support to caregivers through social, medical, and specialized services.

Recognizing the critical need that family caregivers fill in providing care to older adults, and based on recommendations in the NASEM report, Archstone Foundation released a targeted funding opportunity, *Supporting Family Caregivers of Older Adults through Adult Day Services*. The goal of the targeted RFP was to: 1) strengthen the capacity of Adult Day Services programs as support for family caregivers; 2) increase the implementation of evidence-based programs and practices for family caregivers; and 3) support strategic efforts that will contribute toward the long-term sustainability of Adult Day Services.

In California, there are 4.5 million family caregivers providing assistance to family members with disabilities or other care needs.



Five Adult Day Services programs in Los Angeles and Orange Counties are being funded through the *Supporting Family Caregivers of Older Adults Through Adult Day Services* RFP. Those five include:

1. Alzheimer's Family Center;
2. Alzheimer's Orange County;
3. ONEgeneration;
4. OPICA Adult Day Care Center; and
5. SeniorServ.

Archstone Foundation is also supporting technical assistance and evaluation provided by Charitable Ventures for the five Adult Day Services programs.

Authorized by California Assembly Concurrent Resolution (ACR) 38, Archstone Foundation, in partnership with AARP California, provided a two-year grant to the University of Southern California to support the California Task Force on Family Caregiving (Task Force).



The Task Force examined issues relative to the challenges faced by family caregivers and opportunities to improve caregiver support, reviewed the current network of services and supports available to caregivers, and provided policy recommendations to the California Legislature.

The Task Force identified six priority areas to address in its recommendations:

- 1) an integrated approach to care management;
- 2) a comprehensive array and continuum of services;
- 3) caregiver compensation;
- 4) data on caregivers and services;
- 5) access to affordable and accessible services; and
- 6) education and training.

In addition, the Task Force agreed that the resulting recommendations would stress the importance of person- and family-centered care, as well as culturally relevant and sensitive services based on the diverse needs of caregivers. This approach may also serve as an example to other states interested in supporting a task force or coalition on family caregiving.

The final report with the findings and recommendations was released in July 2018. As a direct result of the Task Force recommendations, California Governor Gavin Newsom approved a one-time ask of \$30 million (\$10 million/year for three years) to expand and improve caregiver support and services in the eleven California Resource Centers throughout the state, thereby tripling the CRC budget.

Photo by Drew Bird Photography



Ms. Martinez's Story

ONEgeneration is committed to providing programs and services for older adults and their caregivers that keep them safe and protected. They provide services that enable individuals to age with family, in community or independently.

**ONEGENERATION:
Expanded Caregiver Support Program**

Ms. Martinez cares for her 77-year-old mother who is diagnosed with dementia. She regularly attends the Saturday support groups and participates in individual counseling, both part of ONEgeneration's Expanded Caregiver Support Program.

Ms. Martinez expresses that she cannot stop the disease from progressing, but she can better understand its process, cope with its various manifestations, and try to take better care of herself as a caregiver.

The Expanded Caregiver Support Program, and her mother's attendance at ONEgeneration's Adult Daycare Program, truly makes it possible for her to keep her mother at home rather than having to place her in a nursing home.

*Remembering
Our Past*

Embracing Our Future

Transitioning Our Leadership

In January 2019, Archstone Foundation welcomed its second President and CEO, Christopher A. Langston, PhD, in its 30-year history. Dr. Langston is a national leader in philanthropy with 18 years of experience in program design, evaluation, and foundation management. He worked as a Program Officer, Senior Program Officer, and Program Director at the John A. Hartford Foundation, and was Programme Executive in the U.S. Ageing Programme of the Atlantic Philanthropies. Most recently before coming to Archstone Foundation, Dr. Langston served as Vice President for HealthCare Services at the Aging in New York Fund.

On May 15, 2019, Archstone Foundation's Board of Directors and Staff, friends, family, members of the community, and aging experts from across the state and country gathered on the Sun Deck of the Queen Mary for a Leadership Transition Reception to honor its first President and CEO, Joseph F. Prevratil, JD, who retired on January 11, 2019, and welcome its new President and CEO.



At the event, Mr. Prevratil was honored for his longstanding leadership and commitment to the field of aging. He was also presented with a Certificate of Recognition for his dedication to the Foundation, the aging population, and the Long Beach community, by Clayton Heard, Field Representative, on behalf of Congressman Alan Lowenthal, U.S. House of Representative, among others.

Following a special program highlighting the transition of leadership and aspirations for a new vision, Archstone Foundation's Board Chair, Diana Bontá, led a toast, joined by guests, honoring Mr. Prevratil, Dr. Langston, and Archstone Foundation's past and future.

Welcoming New Board Leadership

On June 17, 2019, Archstone Foundation's Board of Directors approved three new board members who began serving their term on July 1, 2019. The three new members include:



Cynthia D. Banks

Cynthia Banks served as the Director of Los Angeles County Workforce Development, Aging and Community Services from 2006 - 2019. As the Director, she oversaw safety-net programs for Los Angeles County's residents, including: Adult Protective Services, the local Area Agency on Aging, Human Relations programs, and Workforce Innovation and Opportunity Act programs. She currently serves as the Interim President and CEO of American Society on Aging.



Heather M. Young, PhD, RN, FAAN

Dr. Young is a nurse leader, educator, and scientist. She is a nationally recognized expert in gerontological nursing and rural health care. Dr. Young is a professor and dean emerita for the Betty Irene Moore School of Nursing at the University of California, Davis; she served as the founding dean, from 2008 – 2018. Dr. Young is the Associate Director for strategic partnerships for the School of Nursing's Family Caregiving Institute.



Theresa J. Marino

Theresa Marino served as the manager for the Bureau of Public and Community Health for the City of Long Beach Department of Health and Human Services from 2000 – 2011. She has more than 35 years of experience in developing, implementing, and directing public and non-profit sector public health and human services agencies and programs that target multi-cultural, socio-economic and demographic-specific populations, including older adults.

We welcome our new members to the Board of Directors and look forward to the work we will do together to improve the health and well-being of older adults in California and the nation.

Developing a New Strategic Direction

We are in the early days in our work with the Board of Directors to formulate a renewed strategic plan. We are examining the current and future needs of older Californians, the state of the broader environment of aging, and our own capacities to formulate goals and grantmaking strategies to achieve them.

Historically, Archstone Foundation has succeeded by tackling underappreciated areas in aging and helping to build evidence, leaders, tools, and the will for change (e.g., around elder abuse, falls prevention, and palliative care). Fortunately, after 30 years of Archstone Foundation's efforts, the growth of the aging population, and the entry of new funders into the field of aging, there are relatively fewer such unknown areas remaining.

As a society today, while we are still not delivering the health care and supportive services needed to help older people age as they would prefer, we do know more about what must be addressed.



We have also lost the advantage of time insofar as the leading edge of the Baby Boom generation began to turn 65 in January 2011. At this point, the aging of the population has and will continue to accelerate rapidly. We no longer have time to prepare for an aging society - it's time to put our preparations into practice.

Implementing a New Grants Management System

For current and prospective grantees, one of the covert concerns in working with funders is the burden of paperwork – both in the application process and on-going reporting. Over the past decade, grantmakers have been moving towards modern, cloud-based grants management systems to achieve the efficiencies we have become accustomed to in other parts of our lives – 24/7 access to records, reduced need for data entry through prepopulated fields, and tracking that makes it hard to forget a critical step.

Archstone Foundation is transitioning to such an online system. We have given much consideration to what it would mean to shift from a paper-based grantmaking process to an online system. We have explored numerous online systems and have reached out to our peers to learn from others who had already made the switch. While we want to automate our grantmaking process as much as possible, we are mindful that the most important part of grantmaking is still the connection we have with our grantees and applicants – these changes are intended



to create more time for conversations about goals and strategies. Our intention is to approach our work differently and enable program staff and the nonprofits we fund to also benefit from the new system.

Ongoing improvements are anticipated, and we will be updating processes as needed. We value input from those of you who will use the system. For Archstone Foundation, a successful transition will be a product that not only benefits our staff, but also the nonprofits we fund.

Those We've Funded

ORGANIZATIONS RECEIVING GRANTS

Archstone Foundation awarded a total of 51 new grants during fiscal years 2018 and 2019. In addition, the Foundation continued to support multi-year grants awarded in prior fiscal years, these organizations are listed under continuing grants.

The Foundation's audited financials and funding guidelines may be viewed at www.archstone.org.

NEW GRANTS

AbilityFirst

Warm Water Aquatics Program

\$15,000

Alzheimer's Family Services Center

Adult Evening Health Services & Caregiver Counseling

\$300,000

Alzheimer's Orange County

Building Family Caregiver Support at Acacia Adult Day Services & South County Adult Day Services

\$300,000

Bet Tzedek Legal Services

Family Caregiver Project Expansion

\$525,000

California Food Policy Advocates

Increasing Food Security for California's Older Adults Through Policy Connections

\$350,000

California State University, Long Beach Research Foundation

Systematic Innovations in Serving the Needs of Older Adults at American Gold Star Manor

\$52,500

Catholic Charities of Los Angeles, Inc.

OASIS Program Expansion

\$149,995

Center for Oral Health

Oral Health Action for Older Adults

\$15,000

Christian Outreach In Action

Senior Programs

\$30,000

Community SeniorServ, Inc.

Family Caregiver Support

\$300,000

Conejo Free Clinic

Senior Dentistry Program

\$15,000

County of Sonoma, Human Services Department

Sonoma Care Collaborative Expansion Project

\$375,000

County of Sonoma, Human Services Department

Care Partners, Phase II: Sonoma Care Collaborative Continuation Project

\$250,000

Depression and Bipolar Support Alliance

Care Partners, Phase II: Senior Strength - Peer Support Services in Collaborative Care

\$375,000

El Sol Neighborhood Educational Center

Care Partners, Phase II: San Bernardino Depression in Late-Life Program II

\$250,000

Family Health Centers of San Diego

Care Partners, Phase II: Community Collaborative Care Program - Logan Heights Family Health Center

\$250,000

The Gerontological Society of America

Sustaining the ReFraming Aging Initiative

\$160,000

Grantmakers In Aging, Inc.

Leadership for the Future and Long Beach Conference Grant

\$480,000

HELP of Ojai

Isolated Senior Program

\$60,000

Hunger Action Los Angeles

Ending SSI Cash Out

\$26,364

Institute on Aging

Home Visiting Psychotherapy for Socially Isolated, Homebound Older Adults

\$15,000

Kaiser Foundation Hospitals

Care Partners, Phase II: Enhanced Depression Care Management

\$374,852

The Los Angeles LGBT Center

Supporting LGBT Seniors and Caregiver

\$25,000

National Academies of Sciences, Engineering and Medicine

Integrating Social Needs Care into the Delivery of Health Care to Improve the Nation's Health

\$250,000

National Alliance for Caregiving

National Network of Caregiving Coalitions - 2018 Program

\$50,899

National Hispanic Council on Aging

California Regional Conference

\$10,000

Neighborhood Healthcare

Care Partners, Phase II: Depression in Late-Life Project

\$375,000

ONEgeneration

Expanded Caregiver Support Program

\$300,000

OPICA Adult Day Care Center, Inc.

Care for the Caring: Empowering the Caregiver
\$300,000

Pathways Volunteer Hospice

Care Navigation Program Collaboration
\$404,634

Project Open Hand

Medi-Cal Medically Tailored Meals Pilot Program
\$686,484

Rebuilding Together Mountain Communities

Rebuilding Day 2018 and Emergency Home Repairs
\$15,000

Rebuilding Together Mountain Communities

Rebuilding Day 2020 and Emergency Home Repairs
\$15,000

Rebuilding Together Long Beach

Critical Health and Safety Home Repairs for Low-Income Seniors
\$50,000

University of California, Davis

Care Partners, Phase II: Family Partnership Project
\$324,999

University of California, Davis

Supporting Family Caregivers of Persons with Dementia (Phase I)
\$224,902

Saint Barnabas Senior Center of Los Angeles

Los Angeles Aging Advocacy Council 2019 Summit on Aging
\$15,000

Saint Barnabas Senior Center of Los Angeles

Aging Into the Future: Transforming Lives Through Technology & Innovation 2019 Conference
\$15,000

Saint Barnabas Senior Center of Los Angeles

Aging Into the Future: Transforming Lives Through Technology & Innovation 2018 Conference
\$15,000

Somang Society

Dementia Education and Support Program for Underserved Korean-American Family Caregivers with Limited English Proficiency
\$15,000

St. Paul's Retirement Homes Foundation

St. Paul's PACE - East County Expansion
\$300,000

The Spanish Speaking Unity Council of Alameda County, Inc.

Fruitvale-San Antonio Senior Center
\$15,000

The UCLA Foundation

Archstone Foundation Endowed Chair Expansion in Geriatrics and Gerontology
\$1,000,000

University of California, Los Angeles

Older Adult Mental Health Workforce Policy Briefs
\$55,000

University of California, Los Angeles

California Health Interview Survey: Family Caregiving Module
\$510,000

University of California, Los Angeles

Improving Caregiving for Dementia II (I-CareD II)
\$200,000

University of California, San Francisco

Improving Family Caregiver Support Through the Palliative Care Quality Network
\$270,000

University of California, San Francisco

Impact of SNAP on Health Outcomes in a High-Risk Older Adult Population: A Study to Drive Advocacy Efforts
\$399,793

University of Southern California

ReFraming Elder Abuse
\$432,147

University of Southern California

Teaching Caregivers How to Prevent Elder Abuse via Technology (KINDER)
\$245,646

University of Washington

Care Partners, Phase II: Bridging Families, Clinics, and Communities to Advance Late-Life Depression
\$3,289,961

CONTINUING GRANTS**AbilityFirst**

Warm Water Aquatics Program
\$10,000

Alzheimer's Greater Los Angeles

Regional Implementation and Evaluation of Savvy Caregiver Express
\$100,000

Alzheimer's Orange County

Expansion of Adult Day Care Services
\$15,000

Benjamin Rose Institute on Aging

Online Resource for Comparing Evidence-Based Dementia Caregiving Programs
\$200,000

California State University, San Marcos Foundation

Extending the Reach and Impact of Education and Training in Palliative Care and Aging
\$450,000

Center for Elders' Independence

Caring for the Caregiver Program
\$33,259

Center for Oral Health

Assessment of Oral Health Care Needs of California's Older Adult
\$150,000

Christian Outreach In Action

Senior Programs
\$20,000

City of Hope National Medical Center

Communication Training for an Expanded Workforce in Palliative Care
\$375,000

College of the Canyons Foundation

Geriatric Nursing Faculty Development Initiative

\$149,215

Community Information Exchange

Community Information Exchange Network's Phase Two (Older Adults) Evaluation

\$50,000

County of Sonoma, Human Services Department

Care Partners, Phase I: Sonoma Care Collaborative Project

\$300,000

El Sol Neighborhood Educational Center

Care Partners, Phase I: San Bernardino Depression in Late-Life Program

\$300,000

Family Health Centers of San Diego

Care Partners, Phase I: Community Collaborative Care Program

\$300,000

Family Service Agency of Santa Barbara

Senior Service Program

\$70,000

The Gerontological Society of America

IAGG 2017 World Congress - The Age Stage

\$15,000

Grantmakers In Aging, Inc.

ReFraming Aging

\$174,550

Grantmakers In Aging, Inc.

Engaging Philanthropy in Aging

\$150,000

Grantmakers In Health

Strengthening Healthy Aging Philanthropy

\$113,100

Grantmakers In Health

Continuation - Strengthening Healthy Aging Philanthropy

\$199,023

HELP of Ojai

Senior Transportation

\$15,000

Horn of Africa Community

Family Caregiver Training Program

\$30,000

Humboldt Senior Resource Center

Redwood Coast PACE

\$109,686

Institute on Aging

Friendship Line

\$150,000

Institute on Aging

Care Partners, Phase I: Collaborative Home-Based Care for Late-Life Depression

\$300,000

Jacobs & Cushman San Diego Food Bank

SONDAS - Solving Obesity & Nutritional Disease Affecting Seniors

\$225,498

LA Net Community Health Resource Network

Project ECHO LA™ Geriatric Knowledge Network

\$276,958

LifeLong Medical Care

Care Partners, Phase I: LifeLong Collaboration for Depression Care Project

\$300,000

The National Academies of Sciences, Engineering, and Medicine

Forum on Global Violence Prevention: Elder Abuse Discussion Papers

\$100,000

National Adult Protective Services Association

National APS Training Certificate Program

\$149,061

National Foundation of Dentistry for the Handicapped

Donated Dental Services Program - Inland Empire Expansion

\$15,000

Public Health Institute

Caregivers Partnership: Creating Support Networks for Chronically Ill Patients and Their Caregivers

\$100,000

Rebuilding Together Long Beach

Critical Health and Safety Home Repairs for Low-Income Seniors

\$25,000

Saint Barnabas Senior Center of Los Angeles

Los Angeles Aging Advocacy Coalition's 8th Annual Summit on Aging

\$15,000

San Francisco Village

California Village Coalition - Phase II

\$718,465

Tides Center

Aging Beat

\$75,000

University of California, Los Angeles

Improving Caregiving for Dementia (I_CareD)

\$448,800

University of California, San Francisco

Training for Latino Caregivers to Promote Aging in Place

\$170,103

University of California, San Francisco

Palliative Care Quality Network

\$447,894

University of Southern California

Cuerpo Sano, Mente Sana

\$121,927

University of Southern California

Care Partners, Phase I: Bridges to Advance Late-Life Depression

\$400,000

University of Southern California

California Task Force on Family Caregiving

\$180,000

University of Washington

Care Partners, Phase I: Innovations Bridging Clinics and Communities to Advance Late-Life Depression Care

\$2,510,239

University of Washington

Implementation Costs and Costs of Sustainability in the Care Partners Program

\$100,000

Our Team – Staff



Christopher A. Langston, PhD
President and CEO (current)



Joseph F. Prevratil, JD
President and CEO (past)



Mary Ellen Kullman, MPH
Vice President



Laura Rath, MSG
Senior Program Officer



Jolene Fassbinder, MSG, MACM
Program Officer



Tanisha Davis, MAG
Grants Manager



Jasmine Lacsamana, MPH
Program Associate



Connie Peña
Executive Assistant / Bookkeeper



Judi Kusumoto
Administrative Assistant

Our Leadership – Board of Directors

(7/1/17 – 6/30/19)



**Diana M. Bontá,
RN, DrPH**

Board member since 2010
Board Chair
President and CEO
The Bontá Group



**Christopher A.
Langston, PhD**

Board member since 2019
President and CEO
Archstone Foundation
(current)



Joseph F. Prevratil, JD

Board member since 1987
President and CEO
Archstone Foundation
(past)



Hon. Lynn Daucher

Board member since 2009
Former Director
California Department
of Aging



Amye L. Leong, MBA

Board member since 2010
President and CEO
Healthy Motivation



Robert C. Maxon, EdD

Board member since 1994
Past Board Chair
President Emeritus
California State University,
Long Beach



**Hon. Renee B. Simon,
MS, MLS**

Board member since 1991
President
Institute of Management
Communications



**Mark D. Smith, MD,
MBA**

Board member since 1998
Clinical Professor of
Medicine, University
of California, San Francisco

Former President and CEO
California HealthCare
Foundation



Rocky Suarez, CFP®

Board member since 2002
Immediate Past Board Chair
Managing Director -
Investment Officer
Wells Fargo Advisors, LLC



Peter C. Szutu, MPH

Board member since 2011
Former President and CEO
Center for Elders
Independence

*Thank you for your
leadership and service
to Archstone Foundation
and its mission.*



*Sometimes
in the
Tides of Change
we find our
true direction.*



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Point of View: <https://archstone.org/blog/>

