

Archstone Foundation:
A 30-YEAR REFLECTION



TABLE OF CONTENTS

- 2 Message from the Board of Directors**
- 4 A 30-Year Reflection**
 - 6 Charting Our Course — Setting a Path
 - 12 Creating a Legacy — Investing in Our Values
 - 20 Upholding a Legacy — Expanding Our Reach
 - 26 Grantees Making a Difference — Past & Present Partnerships
- 32 2016 - 2017 Biennial Report**
 - 34 Aging in Community
 - 38 Depression in Late-Life
 - 42 Family Caregiving
 - 46 Responsive Grantmaking
 - 50 Organizations Receiving Grants
- 54 Imagining Beyond**
- 58 Leading the Way — Board of Directors & Staff**
- 60 Guiding Our Work — Advisors**

Archstone Foundation is a private grantmaking organization whose mission is to contribute towards the preparation of society in meeting the needs of an aging population.



30

**YEARS IMPROVING
THE LIVES OF
OLDER ADULTS**



Message from the **BOARD OF DIRECTORS**

We are pleased to have this opportunity to reflect on Archstone Foundation's past grantmaking and to share our reflections.

We have accomplished much over the past 30 years. We entered our first chapter searching, defining, and even redefining who we are, and what we stand for as a foundation. We have clarified and taken our mission to heart, while continuing to search for new ways to make a difference.

In addition to a name change from FHP to Archstone Foundation, our mission, and the purpose of our grantmaking has

also changed. With the strategic decision to concentrate exclusively on aging issues, over time, we have come to have a deeper understanding of the challenges and opportunities before us.

The name Archstone Foundation was selected as it represents the values of building for lasting change and working in partnership. As we reflect on the past 30 years, we can say that Archstone Foundation has stayed true to its mission and values.

Our second chapter was about long-term partnership and commitment – about creating legacy. During economic

434

**ORGANIZATIONS
RECEIVED
GRANTS**



**MILLION
ENDOWMENT
TO DATE**

\$113

GRANTS
AWARDED IN
THIRTY YEARS

1,077



\$103

MILLION
IN GRANTS
AWARDED

challenges and uncertainty, the Foundation began to tackle issues of significance and complexity. Throughout this journey, we were joined by committed partners. Together, we served an important role in convening, promoting, influencing, and supporting systemic and sustainable change on issues important to older persons.

After three decades of operation and 1,077 grants, the Foundation's grantmaking commitment has surpassed its initial endowment of \$47 million, with over \$103 million in grants awarded.

Over the years, the Foundation often has taken the time to pause and reflect on its milestones. This reflection guides our grantmaking and investment strategies,

and it encourages the Foundation to continue taking a leadership role in the field of aging, and to inspire others to join us in preparing society to meet the needs of an aging population.

We believe that an advanced and compassionate society can, and must, find solutions to large and small-scale problems influencing the lives of older adults. We look forward to what future chapters will bring.

On behalf of the Board of Directors,

Rocky Suarez, CFP, *Chairman*

Joseph F. Prevratil, JD, *President and CEO*



\$47

MILLION
ORIGINAL
ENDOWMENT



This report is a reflection upon Archstone Foundation's 30 years of grantmaking in aging. It is dedicated to all of those who strive to prepare society in meeting the needs of an aging population.

A 30-YEAR
REFLECTION

Charting Our Course — Setting a Path

HISTORY OF OUR FOUNDING:

Archstone Foundation was formed in 1985, through the conversion of a non-profit, federally qualified health maintenance organization (HMO), formerly known as Family Health Plan (FHP), Inc., to a for-profit corporation. FHP Foundation became a non-profit grantmaking organization through a \$47 million endowment resulting from the conversion agreement between the State of California and FHP, Inc.



At the time of the conversion, the HMO had hospitals in Southern California, Utah, and Micronesia. Accordingly, the Foundation's initial grantmaking activities focused in those areas.

FIRST 10 YEARS OF GRANTMAKING

During the first ten years of grantmaking, FHP Foundation supported broad-based public health and health care delivery issues for the entire life cycle. FHP Foundation accomplished this through: 1) education and training programs; 2) the development and implementation of direct service programs serving vulnerable and underserved populations of all ages; and 3) the development of a sustainable health delivery infrastructure in Micronesia.

Education and Training

Initially, the Foundation took a systematic approach to developing a trained and knowledgeable health care workforce by creating three endowed chairs, totaling \$4.3 million. The endowed chairs, at universities in California and Utah, created positions within each of the academic institutions to provide leadership in the interdisciplinary study of health and health behavior. Established in perpetuity, the endowed chairs include California State University, Long Beach; University of California, Irvine; and

The University of Utah. The Foundation furthered its commitment to education and training during the first ten years by funding scholarships, training programs, and conferences for allied health professionals to improve care for underserved populations.

Direct Service

The Foundation focused on supporting direct service programs targeting vulnerable and underserved populations. Examples of these include psychosocial support groups for cancer patients and their families, and access to prenatal care for indigent pregnant women. Because FHP, Inc. served a large Medicare population, the Foundation also invested in direct service programming for adults 65 and older. Investments in aging services included increased access to care, information and referral services, and programming that enabled older adults to live in their homes.

Micronesia

Investments in Micronesia seeded the groundwork for the growth of community-based efforts to improve the health care delivery infrastructure for the islands and the health status of island residents. Also supported were: 1) training and education of health providers; 2) the implementation of a dispensary model for the islands; 3) development and installation of

clean water and sanitation systems;
4) upgraded libraries and laboratories;
and 5) health promotion activities.

FHP Foundation also supported three major initiative areas targeting vulnerable populations during the first 10 years:

- Educational workshops for caregivers;
- Social marketing campaigns to raise awareness of and promote healthy behaviors; and
- Interactions between youth and older adults through intergenerational programs.

Caregiving

Who Cares for the Caregiver was a two-year effort (1992 – 1994) to inform, offer hope, and advocate on behalf of caregivers through workshops, a broadcast documentary, and a national conference. The initiative offered healthcare professionals insight into issues and concerns of caregivers, and provided an informational basis for the formulation of public policy. The Foundation invested \$360,564 to support three programs benefiting caregivers, including the promotion of respite services, adult day care, and caregiving retreats.

Social Marketing Campaigns

From 1994 to 1998, the Foundation invested \$1,148,266 to support four social marketing campaigns designed to increase public awareness through culturally appropriate messages, and to promote health behavior change. Specifically, the campaigns raised awareness about fetal alcohol syndrome in African-American babies, healthy behavior choices among teens, and substance abuse among the White Mountain Apache Tribe.

“Vision is the art of seeing what is invisible to others.” — Jonathan Swift

Intergenerational

Bridging the Age Gap was a three-year initiative (1995 – 1998) to promote mutual health benefits for young and older adults through intergenerational programs. The goal of the initiative was to create a better society where older people serve as role models for youth, and where younger people could benefit from the wisdom and experience of elders, while providing respectful companionship. The Foundation invested \$274,759 in two intergenerational programs.

SETTING A PATH

In 1995, FHP Foundation hired its first President and Chief Executive Officer, Joseph F. Prevratil. As a member of the Board of Directors, and a successful business executive in Long Beach, Joseph Prevratil brought strong leadership, strategic direction, and extensive experience in operations management to the Foundation. As President and CEO, he worked with the Board of Directors to refine its grantmaking direction, guide the Foundation in its daily operations, and develop a knowledgeable and capable staff.

After 10 years of grantmaking, the Board of Directors determined the time was right to review the Foundation's mission and grantmaking priorities. In 1996, FHP Foundation changed its name to Archstone Foundation to represent its core values of building for lasting change and working in partnership with others. Archstone Foundation's Board of Director's also determined that to have greater impact, the Foundation would narrow its focus to concentrate solely on aging issues.

The Foundation's mission shifted from a broad focus on health and health care delivery to preparing society in meeting the needs of an aging population. The rationale for these changes was fourfold, the: 1) emergence of new, well-endowed

California-based health foundations committed to health and health care delivery; 2) rapid growth of the nation's aging population; 3) growing need for philanthropic support for the aging population; and 4) success FHP Foundation's funding made in the field of aging, and in the lives of older adults.

Archstone Foundation was one of the original five foundations that seeded the funding and formation of Grantmakers In Aging, Inc., an organization that serves as a national catalyst for philanthropy, with a common dedication to improving the experience of aging. This was a major accomplishment for Archstone Foundation, one that also contributed to the Foundation's decision to fund solely in the field of aging.

Also at this time, Archstone Foundation's logo was created to represent partnership and the importance of three generations working together to make the aging process valued in society. The dark green arch represents older people, the medium green arch signifies young and middle-aged, and the light green arch represents children and youth.

1985

Formed FHP Foundation through the conversion of FHP, Inc., an HMO



Awarded first grant to California State University, Long Beach

1986



MILESTONES: OUR FIRST DECADE

Funded *Who Cares for the Caregiver Initiative* projects

1992



1995

Launched *Bridging the Age Gap Initiative*, an intergenerational program



1995

Hired first President and CEO, Joseph F. Prevratil



Creating a Legacy — Investing in Our Values

A NEW FOCUS:

With a new focus solely on aging in the second decade, Archstone Foundation's grantmaking strategies continued to include responsive, initiative-based, and multi-year grantmaking.



NEXT 10 YEARS OF GRANTMAKING

Responsive Grantmaking

Over the next 10 years, Archstone Foundation's Responsive Grantmaking shifted to responding to the emerging and unmet needs of communities in Southern California. It supported direct service that prepared society in meeting the needs of an aging population, and the education and training of professionals charged with the care of older adults.

Direct Service

Direct service support included efforts to: 1) improve access to health and social services; 2) promote aging in place and caregiver support; 3) improve the quality of nursing home care; 4) develop programs to assist older people living with disabilities; 5) outreach to homeless older adults; and 6) provide mental health services and support to older persons living with dementia.

Education and Training

In July 2001, Archstone Foundation again took a systematic approach to developing a trained and knowledgeable health care workforce by funding its fourth endowed chair, this one in geriatrics, at the University of California, Los Angeles.

Education and training projects also focused on skill development for social and health professionals charged with

the care of older adults. The Foundation supported an assessment of the status of the workforce providing services to older adults and of the workforce needs to care for an aging population. The Foundation also supported the development of training programs and resource materials for emerging professionals.

Responsive Grantmaking enabled the Foundation to establish working partnerships with providers and funding partners across California, and the country. Through modest investments in organizations committed to helping others, the Foundation's Responsive Grantmaking served as a catalyst for change in the lives of older people.

Initiative-Based Grantmaking

Initiative-based grantmaking refers to a targeted investment of a specific issue for an extended period. In the second decade, initiative-based grantmaking offered the Foundation the ability to concentrate its grantmaking efforts on critical social, health, and public health issues in California. It helped establish a network of leaders working in the field of aging, while helping the Foundation to move the field forward. It also enabled the Foundation to promote, influence, and support systematic change leading to sustainable efforts to improve the health of older adults.

Aging in Place Initiative

Archstone Foundation invested \$782,229 over three years to develop programs and services to address older adults' desire to maintain independence and age in place. From this work, the Foundation invested an additional \$1 million, to support a five-year project to develop a National Resource Center on Supportive Housing and Home Modifications. NRC ensured that older people had the resources and solutions to make their homes safe.

Long-Distance Caregiving Initiative

In the late-1990s, the Foundation identified the need for resources and services for long-distance caregivers of older adults. The Foundation invested in a three-year *Long-Distance Caregiving Initiative*, to support education and training, and awarded eight grants totaling \$1,449,232. In 2001, building upon the work of the *Long-Distance Caregiving Initiative*, the Foundation awarded the Family Caregiver Alliance a three-year grant totaling \$780,000 to establish a National Center on Caregiving to serve as a repository of resources for caregivers.

Adult Day Services Initiative

For the first two decades, support of adult day service programs was a significant part of the Foundation's grant portfolio. During that time, the Foundation invested more than

\$3 million in support of: 1) start-up funding of adult day care and adult day health centers; 2) the expansion of program services; 3) marketing efforts to increase enrollment; and 4) the development of a network of adult day service programs.

In 2005, the Foundation took a systematic approach to addressing the growing concern over reimbursement issues for California's adult day service programs and invested in a three-year project to support the redesign of the State of California's adult day services program.

INVESTING IN OUR VALUES

In 2002 and 2003, the Foundation again made strategic changes, narrowing its programmatic focus, and further refining its aging strategy, by committing to multi-year, initiative-based grantmaking. The Board of Directors agreed to tackle issues of significance and complexity that would require a financial investment over a longer period than the typical one- to three-year grants. The Foundation identified three priority areas for multi-year, initiative-based grantmaking.

Fall Prevention Initiative

Archstone Foundation began its long-term commitment to fall prevention in the mid-1990s when it supported six projects; all included a reduction of falls in their intended outcomes.

Some of the projects addressed the physical environment, others addressed balance and mobility, and all addressed education on risk reduction. In 2000, the Foundation convened the six projects to explore common resources and capacity, and to advance fall prevention efforts systematically in California. Successes of the first convening, led to a second, with an expanded committee of leaders who planned a statewide invitational summit to develop a blueprint on how to reduce the risk of falls in California.

The *California Blueprint* describes state-of-the-art approaches to reducing the risks of falls and challenges to implementing fall prevention. A key *Blueprint* recommendation was the creation of a coordinating center that could serve as a statewide resource, technical assistance and evaluation support, and lead efforts in fall prevention. This strategic recommendation ultimately led to the creation of the Fall Prevention Center of Excellence (FPCE), a nationally recognized consortium of academic and public sector partners in California, located at the University of Southern California, Davis School of Gerontology.

Based on the California experience, and in response to national concerns, the Foundation partnered with the National Council on Aging to develop *The National Action Plan* for fall prevention.

Falls are the leading cause of injury, and death from injury, in adults 65 and older. Consequently, Archstone Foundation launched its *Fall Prevention Initiative* in 2005, to reduce falls among older adults through multi-factorial interventions, including medical assessment, gait and balance exercises, and environmental modifications. The *Initiative* established fall prevention as a key public health priority in the State, educated thousands of consumers and professionals, and supported the evaluation of effective and sustainable fall prevention programs across the country.

Archstone Foundation awarded 36 grants totaling more than \$10 million to address many of the risk factors associated with falls.

Elder Abuse & Neglect Initiative

The *Elder Abuse & Neglect Initiative*, like the *Fall Prevention Initiative*, utilized a wide variety of targeted strategies, while relying on local, county, state, and national partners. And with elder abuse and neglect, as with many issues that significantly affect older people, there is often a forgotten need to raise awareness – to end the silence.

When tackling issues of significance and complexity, in addition to raising awareness, it is also important to identify strategies and cultivate leadership that effectively can address large-scale challenges. When Archstone

Foundation began its long-term commitment to address elder abuse and neglect, it spent much of its initial investments in an effort to shed light on an issue long hidden in the shadows.

“There is no giant step that does it, it takes a lot of little steps.” — Peter A. Cohen

From 1991, when it awarded its first grant to support a statewide conference specifically focused on adult abuse, through 2005, the Foundation awarded 37 grants totaling more than \$3.7 million. Grant funds during this time supported direct service programs; multidisciplinary teams; and training and awareness for frontline workers, and medical, financial, and legal experts. Archstone Foundation grants imparted a voice to the field of elder abuse and neglect through the support of state and national conferences, projects serving various counties, low-income and diverse older adults, and through direct victim assessments and interventions.

Millions of older adults across the United States are abused or neglected each year, leading to higher rates of hospitalization, nursing home placement, and even death. Beginning in 2006, in recognizing the threat posed to society by elder abuse and neglect,

Phase 1 of a two-phase *Elder Abuse & Neglect Initiative* was launched. The goal of the *Initiative* was to improve the quality and coordination of elder abuse and neglect services in California. This investment represented the first significant statewide, coordinated effort to advance strategically the field of elder abuse and neglect.

The five-year *Initiative* provided \$8.5 million to fund 22 local, county, state, and national projects implementing specific targeted strategies. Initiative strategies included workforce development through education and training, systems change, multidisciplinary team building, direct service support, evaluation, and convening and technical assistance. At the center of the *Initiative* was the development of four Elder Abuse Forensic Centers, located in San Francisco, Los Angeles, Orange, and San Diego counties. Forensic Centers presented a new model of multidisciplinary collaboration, and grew out of the need to have educated, responsive professionals advise and assist in complex cases of elder abuse and neglect.

Addressing significant issues often requires systems change. Systems change projects reviewed and provided recommendations for improving systems and infrastructure in which

elder abuse cases could be handled within California, and established a repository of resources and best practices. Infrastructure development and systems activities consisted of identifying local agencies and professionals to provide comprehensive, coordinated services, and working with identified agencies and professionals to develop seamless service networks.

Additional components of the *Initiative* included leadership development within the state, and a crosscutting evaluation of the *Initiative* to capture lessons learned. The University of California, Irvine, provided convening and technical support to foster a learning collaborative across the projects. The Measurement Group conducted an *Initiative*-wide evaluation.

End-of-Life Initiative

Archstone Foundation began its journey to improve end-of-life care in 1988, with a grant funded to support advance care planning. Between 1988 and 2005, the Foundation awarded 49 grants, totaling more than \$4.2 million, to improve advance care planning; increase access to hospice care and services; educate and train professionals; and support direct service programs that improve quality of life and offer dignity to dying patients.

Early funded projects included programs to support volunteer-based companions, the expansion of community outreach

and hospice services to underserved populations, hospice therapies and programs, and resource materials and training to improve care for older people nearing the end of their life. Other funded projects focused on public education and conference support for hospice and palliative care providers.

Palliative care is specialized medical care for people with serious illness. It focuses on providing relief from symptoms and stress of the illness, with the goal of improving quality of life for the patient and their family.

In May 2004, the National Consensus Project for Quality Palliative Care identified spiritual care as one of eight domains essential to providing “quality” palliative care. In 2006, the eight domains were reviewed and vetted; additionally, studies have consistently documented the desire of patients with serious illness to have spirituality included as part of their end-of-life care.

This background, and the National Consensus Project endorsing the eight domains of care and preferred practices, set into motion the need to recognize spirituality as a component of quality palliative care. It also helped set the stage for Archstone Foundation’s continued support to ensure that older people who die at home, or within an institutional setting, are able to do so with dignity.

1996

Changed name to Archstone Foundation and solely focused on issues of aging



Funded *Aging in Place Initiative* programs

1997



MILESTONES: OUR SECOND DECADE

Convened six projects to explore common resources and needs to advance fall prevention efforts in California

2000



2002

Commissioned a review of Adult Day Service programs supported by the Foundation to determine unmet need in California



2006

Launched initiatives in Elder Abuse & Neglect and End-of-Life Care





Upholding a Legacy — Expanding Our Reach

Fall Prevention, Elder Abuse and Neglect, and End-of-Life continued to be at the forefront of Archstone Foundation's grantmaking into its third decade. Midway through, the Foundation began to conclude its support and transition its long-term initiatives to becoming legacy areas.



Fall Prevention Initiative

Contemplating next steps for California to better address falls, the Foundation again gathered a group of thought leaders. The 2007 California Fall Prevention Summit informed the Fall Prevention Center of Excellence (FPCE) on how to update and expand its statewide strategy focused on sustaining and replicating promising fall prevention programs. It also offered recommendations on policies impacting fall prevention. Following the Summit, the FPCE published the *Proceedings of the 2007 California Fall Prevention Summit: Progress, Challenges & Next Steps*, a complete findings report on the work of the Summit and next steps.

“Efforts and courage are not enough without purpose and direction.”

— John F. Kennedy

The Foundation also collaborated with the FPCE to design, implement, and evaluate senior center-based fall prevention programs in Southern California. Six center-based projects piloted the InSTEP program and served as models for future replication across the state and nation. The goal was to demonstrate how senior centers, with different levels of resources, could organize and operate effective and sustainable multi-factorial, fall

prevention programs. A cultural adaptation of InSTEP for Korean- and Spanish-speaking older adults also was created.

Elder Abuse & Neglect Initiative

In the third decade, Phase 2 of the *Elder Abuse & Neglect Initiative* continued to address unmet needs, capitalize on lessons learned, refine best practices, and implement systems change.

In 2010, the Foundation supported a statewide summit, to identify areas of opportunity to improve the coordination of protective and prevention services. Also in 2010, a special double issue of the *Journal of Elder Abuse & Neglect* was published to describe the work of the *Initiative* and its evaluation results.

A Five-Year Report: Defining the Future, summarizing outcomes and lessons learned from the *Elder Abuse & Neglect Initiative* was published in 2011. The following year, in the *Generations Journal*, the American Society on Aging published “Elder Abuse and the Elder Justice Movement in America,” which includes an article, “Advancing the Field: the Archstone Foundation Elder Abuse & Neglect Initiative”, highlighting the Foundation’s work in this area.

End-of-Life Initiative

Based on its history of success with funding in the area of end-of-life care, and the outcomes of the National

Consensus Project for Quality Palliative Care, Archstone Foundation invested in a five-year, multi-million dollar *End-of-Life Initiative*. The *Initiative* sought to change the culture of dying in California by building a strong quality palliative care foundation that would lead to improved patient care, management of symptoms, and increased quality of life.

Archstone Foundation approached its *End-of-Life Initiative* using the following strategies: education and training of nurses, physicians, and social workers; direct service support through the expansion of palliative care services in hospitals and long-term care settings; and the inclusion of spirituality at the end of life.

Education and training efforts focused on various audiences and approaches. To educate and train health professionals in palliative care, the Foundation supported the End-of-Life Nursing Education Consortium (ELNEC), a train-the-trainer model to better understand the impact of providing palliative care services in hospitals.

In June 2007, funding for five *Hospital-Based Palliative Care Service Innovation Projects* was approved to implement and enhance palliative care services in hospitals, in Southern California, that serve older adults living with complex chronic and advanced illnesses. Funding

included additional support for the University of California, San Francisco's Palliative Care Leadership Center to provide technical and evaluation assistance to the hospital project sites.

The UCSF Palliative Care Leadership Center continues to build the statewide Palliative Care Quality Network (PCQN), comprised of hospital-based palliative care services. The PCQN is a continuous learning collaborative committed to improving the quality of palliative care services provided to patients and their families. It provides hospitals with the tools, data, and support needed to demonstrate value, build strong teams, and promote resilience in clinicians.

In September 2008, the City of Hope National Medical Center (City of Hope), working in partnership with the George Washington University's Institute on Spirituality and Health, was funded to convene national thought leaders to advance the quality of spiritual care as part of palliative care services. The Spiritual Care Consensus Conference was held to identify points of agreement about spirituality, as it applies to health care, and to make specific clinical recommendations to advance the delivery of quality spiritual care in palliative care. At the Consensus Conference, a working definition of spirituality for health care was agreed upon:

“**Spirituality** is that aspect of the human experience that refers to the way individuals seek and express meaning and purpose and experience connectedness to the moment, to self, to others, to nature, to significant experience, or to the sacred.”

Results of the Consensus Conference were published in the *Journal of Palliative Medicine*, in an article titled, “Improving the Quality of Spiritual Care as a Dimension of Palliative Care: The Report of the Consensus Conference.”

In 2010, based on recommendations from the Consensus Conference, the Foundation launched the *Spiritual Care Demonstration Projects*, and funded nine sites, including technical assistance provided by the City of Hope, and an external evaluation conducted by Vital Research. The goal was to increase knowledge, develop leadership, promote spiritual care models, and formulate measurements and best practices to improve the quality of spiritual care within hospital-based palliative care programs. In 2012, a report describing the projects was published in the *Journal of Palliative Medicine*.

EXPANDING OUR REACH

In 2012, the Board of Director’s began once again to reflect on how the Foundation could expand its reach, while continuing to make a difference

in the lives of older people. After careful consideration of evolving issues affecting older adults, available resources, and staying true to its mission and past work, the Foundation redirected its funding to three new priority areas: enabling older adults to remain in their homes and communities; improving the quality of life for older adults suffering from depression; and developing and implementing innovative responses to the family caregiving needs of older adults. Since 2012, the Foundation has supported innovative models, programs and services, and education and training programs in support of its current funding priorities.

Responsive Grantmaking continues to serve as the Foundation’s strategy to address the emerging and unmet needs of California’s diverse aging population, and those who serve them. It provides an important platform for the Foundation to fund direct service and workforce development projects in support of its three priority areas. Responsive Grantmaking also offers the opportunity to contemplate, incubate, and raise awareness of important issues in the field of aging, while engaging partners who might also support these issues.

2009

Hosted consensus conference, *Improving the Quality of Spiritual Care as a Dimension of Palliative Care*



Funded nine villages to expand the Village Movement in California

2011



MILESTONES: OUR THIRD DECADE

Declared Fall Prevention, Elder Abuse & Neglect, and End-of-Life as legacy areas

2011



2014

Launched *Depression in Late-Life Initiative* to improve depression care for older adults



2016

Supported the California Taskforce on Family Caregiving





Grantees Making a Difference — PAST & PRESENT PARTNERSHIPS

In total, the Foundation has awarded 1,077 grants to 434 organizations. Our work would not be possible without our partners, both past and present. Archstone Foundation recognizes and thanks the following organizations for their contributions to 30 years of success, and for the work they do to improve the lives of older people:

AbilityFirst

Acacia Adult Day Services

Access Center of San Diego

Affordable Living for the Aging

Age Well Senior Services

**Alliance for Aging
Independently**

Alliance for Aging Research

**Alliance for Leadership
and Education**

Alliance on Aging

Alliant International University

**AltaMed Health Services
Corporation**

Alzheimer's Association

**Alzheimer's Association,
Salt Lake City Chapter**

**Alzheimer's Association,
San Diego Chapter**

**Alzheimer's Association,
Ventura County Chapter**

**Alzheimer's Disease and
Related Disorders Association,
Northern California**

**Alzheimer's Disease Association,
Greater Phoenix Chapter**

**Alzheimer's Family
Services Center**

Alzheimer's Greater Los Angeles

Alzheimer's Orange County

**Alzheimer's Services
of the East Bay**

**American Academy
of HIV Medicine**

**American Association
of Bioethics**

**American Bar Association
on Law and Aging**

American Heart Association

**American Lung Association
of Long Beach**

**American Managed Care
and Review Association**

**American Medical Student
Association Foundation**

**American Parkinson Disease
Association, Inc.**

**American Public Health
Association**

**American Public Welfare
Association**

**American Red Cross,
Bonneville Chapter**

American Society on Aging

**Americans for Better Care
of the Dying**

**The Amyotrophic Lateral
Sclerosis Association**

The Angel's Depot

Area 1 Agency on Aging

Area 4 Agency on Aging

**Area Agency on Aging
Serving Napa and Solano**

Arizona Health Decisions

**Arthritis Foundation,
Pacific Region, Inc.**

**Arts and Services for
Disabled, Inc.**

Ashby Village

**Assistance League
of Southern California**

**Association of Academic
Health Centers**

Avenidas

Baylor College of Medicine

Bayside Community Center

**Benjamin Rose Institute
on Aging**

Berkeley Repertory Theatre

**Bernal Heights
Neighborhood Center**

Bet Tzedek

**BREATHE California
of Los Angeles County**

**Brentwood Biomedical
Research Institute**

California Commission on Aging

**California Council on
Gerontology & Geriatrics**

**California Dental Association
Foundation**

California Department of Aging

**California Department
of Health Services**

**California District Attorneys
Association**

California Health Advocates

California Health Decisions

**California Medical Association
Foundation**

California Pools of Hope, Inc.

**California State University,
Bakersfield Foundation**

California State University, Dominguez Hills Foundation
California State University, Fullerton
California State University, Long Beach Research Foundation
California State University, Los Angeles Foundation
California State University, San Marcos Foundation
Camarillo Hospice Corporation
Canine Companions for Independence
Canvasback Missions
Capital Impact Partners
Caregivers - Volunteers Assisting the Elderly
Caring Choices
Casa Colina Centers for Rehabilitation Foundation
Casa Teresa
Catholic Charities of Los Angeles, Inc.
Catholic Community Services of Utah
Catholic Social Services
Cedars-Sinai Medical Center
The Center for Aging Resources
Center for Community Solutions
Center for Elders' Independence
Center for Healthy Aging
Center for Oral Health
Center for the Partially Sighted
Central Coast Commission for Senior Citizens
Chapman University School of Law
Charles R. Drew University of Medicine and Science
Chi Eta Phi Sorority
Choice in Dying
Christian Outreach in Action
Chuuk Catholic Mission
City College of San Francisco

City of Claremont
City of Hope National Medical Center
Coalition for Compassionate Care of California
Coalition of Orange County Community Clinics
Coda Alliance
College of Micronesia
College of the Canyons Foundation
Community Care
The Community Foundation for the National Capital Region
Community Health Improvement Partners
Community Hospital of Long Beach
Community Information Exchange
Community Nursing Services
Community Partners - California Elder Justice Coalition
Community Partners - California Senior Leaders Alliance
Community Partners In Caring
Community Senior Services
Community SeniorServ, Inc.
Community Services Council
Compassion and Choices
Costa Mesa Senior Center
Council on Aging Silicon Valley
Council on Social Work Education
County of Mendocino
County of Nevada, Human Services Agency
County of San Diego, Aging & Independence Services
County of Santa Barbara
County of Santa Clara
County of Sonoma, Human Services Department
County of Ventura Area Agency on Aging
County of Ventura Human Services Agency

County San Bernardino Arrowhead Regional Medical Center
Dayle McIntosh Center for the Disabled
Death with Dignity National Center
Didi Hirsch Community Mental Health Center
Direct Relief International
Downey Regional Medical Center-Hospital, Inc.
Downtown Women's Center
East County Jewish Community Center
Easter Seals Southern California, Inc.
Ebeye Community Health Center
El Sol Neighborhood Educational Center
Elder Financial Protection Network
ElderHelp of San Diego
The Elizabeth Hospice Foundation
Enterprise Community Partners, Inc.
Episcopal Community Services of Arizona
Evans Group
Families USA Foundation
Family Caregiver Alliance
Family Health Centers of San Diego
Family Service Agency of Santa Barbara
Family Service Association
Family Service of Long Beach
Family Violence and Sexual Assault Institute
Federated States of Micronesia
Feedback Foundation
Fifty Plus Fitness Centers
Film Arts Foundation
Friends of Alzheimer Caregivers
Friends of Oakland Seniors

Friendship Adult Day Care Center
Galilee Center
Gay & Lesbian Elder Housing
George Washington University
Gerontological Society of America
Golden Rainbow Senior Center
Grandparents As Parents
Grantmakers In Aging, Inc.
Grantmakers In Health
HandsOn Central California
Health Care Council of Orange County
Health Reform Action Project
Health Research and Educational Trust
Health Research Association, Inc.
Healthy Aging Association
Heart Touch Project
HELP of Ojai
Horn of Africa Community
Hospice of Pasadena, Inc.
Hospice of Santa Barbara
The Hospice Foundation
Hospital Consortium of San Mateo County
Human Options
Humboldt Senior Resource Center
Hunger Action Los Angeles
Huntington Memorial Hospital
Info Link Orange County
Institute for the Future
Institute on Aging
Interfaith Action for Aging
Interfaith Volunteer Caregivers
International City Theatre
International Documentary Association
International Society of Technology Assessment
Irvine Adult Day Health Services, Inc.

Jacobs & Cushman San Diego Food Bank
Jamboree Housing Corporation
James L. White Jewish Community Center
Jesuit International Volunteers
Jewish Community Center of Long Beach
Jewish Family & Children's Services of Long Beach
Jewish Family & Children's Services of San Francisco
Jewish Family Service of Los Angeles
Jewish Family Service of the Desert
Jewish Family Services of Salt Lake City
Jewish Family Services of Santa Monica
Jewish Federation of Greater Santa Barbara
Jewish Free Loan Association
Judicial Council of California
Junior League of Salt Lake City
Kaiser Permanente, Bellflower
Kaiser Permanente, San Diego
KCET
KOCE Foundation
Korean Health Education, Information & Referral Center
Kosrae Community Action Program
KRCB Rural California Broadcasting Corporation
LA Net Community Health Resource Network
Latino Health Access
Laura's House
Legal Aid Foundation of Santa Barbara County
Legal Assistance for Seniors
Legal Services for Seniors
Legal Services of Northern California
Lestonnac Free Clinic
Life Steps Foundation, Inc.

LifeCare Community Services Council
LifeLong Medical Care
Little Tokyo Service Center, Inc.
Long Beach City College Foundation
Long Beach Council of PTAs
Long Beach Department of Health and Human Services
Long Beach Links to Life
Long Beach Public Library Foundation
Long Beach Senior Services Fund
Long Beach Stroke Activity Center
Long Term Care Services of Ventura County, Inc.
Los Amigos Research and Education Institute, Inc.
Los Angeles County Adult Day Care Council
Los Angeles County Medical Association
Los Angeles Jewish Home for the Aging
Los Angeles Regional Foodbank
LTSC Community Development Corporation
Marimed Foundation
Marshall Islands Youth to Youth in Health
Mary Health of the Sick
Mary Knoll Sisters of Yap
Maternal Outreach Management System
McDonald Memorial Hospital
The Medical University of South Carolina Foundation
Memorial Medical Center Foundation
Menorah Housing Foundation
Micronesia Maritime and Fisheries Academy
Micronesian Seminar
Minnesota Medical Foundation
Mizell Senior Center

**Monterey County
Ombudsman, Inc.**

Motion Picture & Television Fund

Mount Sinai School of Medicine

**National Academies of Sciences,
Engineering, and Medicine**

**National Adult Family Care
Organization**

**National Adult Protective
Services Association**

National Alliance for Caregiving

**National Association of RSVP
Directors, Inc.**

**National Center for
Healthy Housing**

National Center for State Courts

**National Committee for the
Prevention of Elder Abuse**

**National Committee to Preserve
Social Security and Medicare
Foundation**

**National Council of Jewish
Women Los Angeles**

National Council on Aging

**National Foundation for
Depressive Illness**

**National Foundation of
Dentistry for the Handicapped**

National Governors Association

National Health Foundation

**National Hispanic Council
on Aging**

National PACE Association

National Public Radio, Inc.

**National Senior Citizens
Law Center**

Neighbor to Neighbor: CYCIC

North County Seniors in Action

Oasis Institute

**Olive View-UCLA Medical
Center Foundation**

On Lok, Inc.

ONEgeneration

**OPICA Adult Day Care
Center, Inc.**

**Orange Caregiver
Resource Center**

**Orange County Bioethics
Network**

**Orange County Community
Foundation**

Orange County Council on Aging

**Orange County Human
Relations Council**

**Oregon Health and Science
University**

**Organization of Nurse
Executives**

**Pacific Island Health Officers
Association**

Pacific Missionary Aviation

Palau Catholic Media Center

Palau Community Action Agency

Palau Health Services

**Palomar Pomerado North County
Health Development, Inc.**

Partners in Care Foundation

Pasadena Senior Center

Pathways Volunteer Hospice

**People Coordinated Services
of Southern California, Inc.**

Persephone Productions, Inc.

Playwrights Project

Plumas Rural Services

**Pohnpei Community
Health Center**

**Pomona Valley
Community Services**

**Ponape Agricultural and Trade
School Education Foundation**

Project Angel Food

**Promotion of Economic
Agriculture and Community
Endeavors**

**Providence Saint Joseph
Foundation**

**Providence Speech and
Hearing Center**

Psychiatric Clinic for Youth

Public Health Institute

**Public Interest Center
on Long Term Care**

RAND Corporation

**Rebuilding Together
Long Beach**

**Rebuilding Together
Orange County**

**Rebuilding Together
San Francisco**

**Recording for the Blind
and Dyslexic**

**Redwood Senior Homes
and Services Corporation**

**Rehabilitation Center for
Brain Dysfunction**

Republic of Palau

**Research and Education Institute
at Harbor-UCLA Medical Center**

Revisions Resources

**Riverside County Regional
Medical Center**

Riverside Hospice

**Robert F. Kennedy Medical
Center Foundation**

Rota Health Center

Rural Elders, Inc.

Saban Community Clinic

St. Barnabas Senior Services

Saint Fidelis Friary

Saint Joseph Center

Saint Joseph Foundation

Saint Joseph Hospital of Orange

**Saint Mary Medical Center
Foundation**

Saint Vincent Medical Center

Sally's Fund, Inc.

Salt Lake County Aging Services

The Salvation Army

**The San Bernardino County
Department of Aging and
Adult Services**

**San Diego County District
Attorney's Office**

**San Diego Hospice
Foundation, Inc.**

**San Diego State University
Research Foundation**

**San Fernando Valley Community
Mental Health Center**

San Francisco Adult Day Services Network
 San Francisco Village
 San Marcos Project CARE
 Santa Monica College Foundation
 Sarah House Santa Barbara
 School of the Pacific Islands
 Scripps Health
 Second Harvest Food Bank of Orange County
 Senior Action in a Gay Environment, Inc.
 Senior Community Centers of San Diego
 Senior Concerns
 Senior Health and Peer Counseling
 Senior Meals and Services
 SeniorNet
 Sepulveda Research Corporation
 Sepulveda Veterans Administration Medical Center
 Shanti
 Sharp HealthCare Foundation
 Single Room Occupancy Housing Corporation, Inc.
 Society for Women's Health Research
 Society of Jesus
 South Asian Helpline and Referral Agency
 South Coast Institute for Applied Gerontology
 Southeast Area Social Services Funding Authority
 Southern California Cancer Pain Initiative
 Southern California Presbyterian Homes
 Southern Caregiver Resource Center
 St. Johns Healthcare Foundation
 St. Paul's Retirement Homes Foundation
 Stanford University

State of Hawaii Executive Office on Aging
 STOP-GAP
 StoryCorps, Inc.
 Stroke Association of Southern California
 Therapy Center, Inc.
 Tides Center - California Health Report
 Tierrasanta Village of San Diego
 Travelers Aid Society of San Diego, Inc.
 Tri-City Hospital Foundation
 Truk Health Services
 Ulithi Outer Islands High School
 United Cambodian Community
 United Seniors of Oakland and Alameda County
 United Stroke Foundation
 University of California, Berkeley
 University of California, Davis
 University of California, Irvine
 University of California, Los Angeles
 University of California, San Diego
 University of California, San Francisco
 University of Hawaii
 University of Illinois
 University of Southern California
 University of Utah
 University of Washington
 Upward Bound House
 Utah Children
 Utah Rural Community Health Centers
 Valley Community Clinic
 Venice Family Clinic
 Verdugo Hills Visiting Nurses Association

Villa Esperanza Services
 Village to Village Network, LLC
 Visionaries, Inc.
 Visiting Nurse and Hospice Care of Santa Barbara Foundation
 Visiting Nurse Association, East San Gabriel Valley
 Visiting Nurse Service of Long Beach
 Visiting Nurse Service of New York
 Voices of Healing
 Volunteer Center of Greater Orange County
 Volunteer Center of Riverside County
 Volunteer Center of the Redwoods
 Volunteers of America Northern California & Northern Nevada
 Volunteers of America of Los Angeles
 Washington State University
 Weber Community Health Center
 Wellness Community
 Wellness Community Foothills
 Westchester Playa Village
 Western Law Center for Disability Rights
 Westminster College
 Westminster Senior Center Foundation
 White Mountain Apache Tribe
 WISE & Healthy Aging
 Xavier High School
 Yap Community Action Program
 YMCA of Greater Long Beach
 Young at Heart Project
 Young Horizons
 YWCA of San Gabriel Valley
 Zen Hospice Project

For more information on specific funded projects, please refer to Archstone Foundation's grants database at www.archstone.org.

In 2016 – 2017, Archstone Foundation continued support for its three main priority areas of *Aging in Community*, *Depression in Late-Life*, and *Family Caregiving*. It also continued its support for *Responsive Grantmaking*. Over the past two years, the Foundation awarded 35 new grants with payments totaling more than \$8.9 million for new and continuing grant projects.

2016 - 2017
BIENNIAL REPORT





Aging in Community

The percentage of California's older adult population is growing faster than the rest of the country, with individuals 65 and older making up nearly 4.1 million, or 11.2% of the total population. Not surprising, studies show that nearly nine of 10 older adults prefer to age at home, and in their communities.

Understanding the wishes of older people, and in recognizing their contributions to society, Archstone Foundation continued to fund innovative models, programs, and services that enable older people to remain in their homes and communities. In fiscal years 2016 – 2017, grants funded include areas such as housing, nutrition, transportation, and health and wellness, among others. The Foundation also began to examine more closely those organizations working at a system-level,

through state, county, and even national approaches.

Two system-level funded projects included coalition efforts to unite aging service organizations, to be the voice for their members, and to work on behalf of older people and their families. The first coalition effort was to support the Los Angeles Aging Advocacy Coalition's (LAAAC) Summit on Aging, held to educate legislators, stakeholders, and aging service providers on emerging

aging issues. The second was for the planning, development, and implementation of a California Village Coalition.

The Foundation continued to support innovative nutrition and food access programs serving older people. One such program was the expansion of Hunger Action Los Angeles' (HALA) Market Match. Market Match provides healthy food access for low-income consumers at farmers markets. Recently, HALA expanded its services beyond Market Match and began to explore a delivery option for older adults who cannot participate due to mobility, transportation, or other issues.

Another nutrition and food access program funded, SONDas (Solving Obesity and Nutritional Disease Affecting Seniors), of the Jacobs & Cushman San Diego Food Bank, offers a two-pronged education and nutrition approach. The first is a six-week course where older adults meet once a week for an hour to receive education and bilingual tools, designed specifically on how to eat healthy and be active, while staying within a limited-budget. In addition, participants receive fresh, nutritious produce every other week during the course. The second educational approach is the "Fast-Track",

which takes place once a month at five to seven senior food distribution sites. Fast-Track educates older adults for 10 minutes, while waiting for their food box.

The Foundation also continued to support programs in rural areas that enable older people to remain in their homes and communities. Examples include the Redwood Coast Program of All-Inclusive Care for the Elderly (PACE) in Humboldt County, and Help of Ojai, a transportation program serving older people in surrounding unincorporated areas of Ojai Valley.

In addition, Archstone Foundation continued to support shared infrastructures that enable a wider adoption of evidence-based programs and foster sustainability of community agencies as they collaborate with health care and governmental organizations.

90%

Nearly 90% of people over age 65 want to remain in their homes and communities.



GRANTEE:
San Francisco Village

PROGRAM:
California Village
Coalition

San Francisco Village, on behalf of all California villages, received funding for three years to design, implement, and launch a statewide California Village Coalition (CVC). Villages provide affordable supports and services through nonprofit, grassroots, membership organizations created and governed by older people for their own neighborhoods. The CVC will advocate for middle class solutions, and give a voice to the positive impact villages can have on local communities, social capital, and public health.

A strong, unified, and visible village profile in California will also strengthen their value proposition, enable the Village model to grow, and develop advocacy capacity to advance the Village Movement statewide. With the establishment of the CVC, villages will continue to build on Archstone Foundation's initial pioneering work to expand and strengthen villages in California, and address the challenges of long-term village sustainability.





Depression in Late-Life

Depression among older adults is a serious health problem that often leads to unnecessary suffering, impaired functioning, increased mortality, and excessive use of health care resources. It is estimated that 20% of older adults in the community, and as many as 50% of older adults in nursing homes experience depression.

Recognizing the number of older adults suffering from depression, and the opportunity to test new models of care, Archstone Foundation launched its *Depression in Late-Life Initiative*. The *Initiative* aims to improve the quality of life for older adults suffering from depression by funding an adaptive version of the Collaborative Care model.

Collaborative Care is an evidence-based systematic approach to the treatment of depression in primary care settings. It integrates primary care physicians,

care managers, and consultant psychiatrists into patient care to more proactively manage mental health disorders. Collaborative Care has been studied in over 80 clinical trials as a means to effectively treat depression.

As part of Archstone Foundation's *Depression in Late-Life Initiative*, seven California sites began a pilot program in July 2015, called Care Partners. The pilot program uses an adaptation of Collaborative Care that includes primary care clinics,

community-based organizations, and/or family as integrated components of the care team. Phase 1 of the Care Partners program was funded through June 2017, and supported care teams at the following sites:

- Department of Veterans Affairs (VA), McClellan Outpatient Clinic;
- El Sol Neighborhood Educational Center;
- Family Health Centers of San Diego;
- Institute on Aging;
- LifeLong Medical Care;
- Sonoma County Human Services, Adult & Aging Division; and
- University of Southern California.

A common initiative strategy used by Archstone Foundation is to create learning communities through the use of technical assistance, training, and evaluation. As part of the *Depression in Late-Life Initiative*, the University of Washington and the University of California, Davis are providing technical assistance, training, and evaluation.

At the close of Phase 1, promising new models of care to address depression are emerging. More than 265 older patients have been enrolled at Care Partner sites.

Of those enrolled, 66% have experienced a 5-point or greater reduction on their Patient Health Questionnaire (PHQ-9), which is considered a clinically significant reduction in symptoms of depression. Next steps for the *Depression in Late-Life Initiative* include a Phase 2 continuation funding opportunity for the Care Partners sites.

In January 2017, the Centers for Medicare and Medicaid Services (CMS) created billing codes for primary care practices to bill CMS for evidence-based services. As health systems move to integrate behavioral health into primary care, they will look to adaptive evidence-based models like Collaborative Care, and to CMS guidelines for opportunities to improve patient care.

1 in 5

One in five older adults suffer from depression.



GRANTEE:
Sonoma County
Human Services,
Adult & Aging Division

PROGRAM:
Care Partners:
Sonoma Care
Collaborative Project

The Sonoma Care Collaborative Project (SCCP) is a collaboration between a community-based organization, Sonoma County Human Services Department, and a primary clinic, the Petaluma Health Center. SCCP treats older adults with depression symptoms, using the Collaborative Care model of service. The SCCP provides individualized care by a clinic-based team and an embedded home visiting Care Coordinator employed by Sonoma County.

By seeing patients in the clinic and in their homes, and by using the Collaborative Care model, the SCCP care team is able to evaluate and address the full range of each patient's needs. At the end of two years, more than 70 patients have been treated; those patients have reduced their PHQ-9 scores, on average, from 15.8 at intake to 5.4 upon completing the program.





Family Caregiving

Caregiving is an issue that touches almost every life in America. Nearly 44 million adults in the United States are providing personal assistance for family members with disabilities or other care needs. Of those, more than 34 million care for frail elders.

Despite its central role in the health, home, and community care of older adults, family caregiving has not been addressed effectively in public and private sector efforts to improve care. Likewise, health care and long-term services and supports often exclude caregiving in the planning and implementation of new delivery systems. Given projections of a future gap between the number of family caregivers needed, and those available, it is critical to address caregiving-related issues facing society.

Archstone Foundation has a long history of supporting family caregiving through program development, respite services, and training programs. Recognizing the vitally important role family caregivers play in society, the Foundation has funded new and continuing grants that support family caregivers. One such program is the Alzheimer's Greater Los Angeles, Savvy Caregiver Express (Savvy Caregiver). Savvy Caregiver is an evidenced-based educational series, designed to train family caregivers to handle the stress of caring for family members with cognitive impairment.

Additional grants targeted at training and support for caregivers included programs at Horn of Africa Community, On Lok, Inc., and OPICA Adult Day Care Center, Inc.

The Foundation also supported the development of web-based platforms to support family caregivers. One web-based platform includes the Benjamin Rose Institute on Aging's Online Resource for Comparing Evidence-Based Dementia Caregiving Programs (Online Resource). The Online Resource is a collaboration with Family Caregiver Alliance and three funding partners, designed to assist health and social service organizations to compare, select, and implement evidence-based programs for dementia caregiving.

Another caregiving project supported by Archstone Foundation includes a multi-year grant to the National Academies of Sciences, Engineering, and Medicine, to conduct a consensus committee study on family caregiving for older adults. The collaborative project involved more than 14 funding partners. As a result, a report entitled, *Families Caring for an Aging America*, highlighting the work and recommendations of the committee, was released in September 2016.

The report describes an urgent need for action, and recommends the creation of

a National Family Caregiver Strategy. Suggestions for the National Family Caregiver Strategy include ideas such as:

- Effective mechanisms to ensure that family caregivers are routinely identified in the delivery of services to older adults with impairments;
- Payment reform to motivate providers to engage family caregivers effectively;
- Training of health care and long-term services and supports providers to engage caregivers; and
- Dissemination and funding for evidence-based caregiver services.

Archstone Foundation hopes that other foundations, health systems, and public and private sectors will work together to implement the recommendations of the National Academies of Sciences, Engineering, and Medicine in the coming years.

4.5M

In California there are over 4.5 million family caregivers.



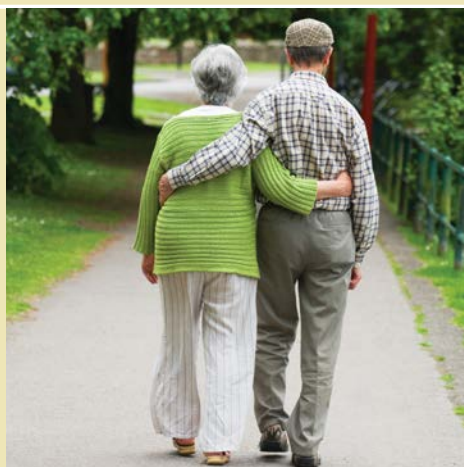
GRANTEE:
University of
Southern California

PROGRAM:
California Task Force
on Family Caregiving

Archstone Foundation, in partnership with AARP California, provided a two-year grant to the University of Southern California, Leonard Davis School of Gerontology, to support the California Task Force on Family Caregiving (Task Force). The Task Force, authorized by the California Assembly Concurrent Resolution (ACR) 38, and appointed by the California Legislature, is a 12 member task force that seeks to improve outcomes for California's 4.5 million family caregivers and their care recipients.

The Task Force is examining issues relative to the challenges faced by family caregivers and opportunities to improve caregiver support, reviewing the current network and the services and supports available to caregivers, and plans to make policy recommendations to the Legislature. This experience may also serve as an example to other states interested in supporting a task force or coalition on family caregiving.





Responsive Grantmaking

For 30 years, Archstone Foundation has utilized Responsive Grantmaking as an important strategy to meet the emerging and unmet needs of California’s aging population and those who serve them.

Responsive Grantmaking provides a platform for the Foundation to support direct service, education and training, and policy-related projects. Historically, Responsive Grantmaking has provided the Foundation the opportunity to contemplate, incubate, and raise awareness of important issues in the field of aging, while identifying partners who might also support the issues.

Two of the Responsive Grantmaking projects supported over the past two years addressed important workforce issues and the need to “reframe” them. ReFraming Aging and ReFraming Elder

Abuse are two distinct, yet related projects that seek to update and “reframe” the public discourse about two important issues that affect older adults – ageism and abuse. Both projects are a collaboration of leadership and funders, and are designed to:

- Bring together and unify the strength and voice of prominent leaders in the field;
- Glean information on and clarify, via expert research, the public’s and media’s current beliefs; and

- Lay the foundation for a systematic approach to more effectively engage the public, media, and policymakers in the future.

Archstone Foundation also continues its commitment to strengthen aging and philanthropy through its Responsive Grantmaking. Grants were awarded to Grantmakers In Health and Grantmakers In Aging to fortify their partnership efforts and ensure aging and health are common denominators.

To mark Archstone Foundation's 30 years of grantmaking, the Foundation also increased its endowment fund to support, in perpetuity, the Archstone Foundation Award for Excellence in Program Innovation. The annual award is created in partnership with the Aging and Public Health Section of the American Public Health Association (APHA). Given at the APHA Annual Meeting and Expo, the Award for Excellence recognizes innovative service delivery programs for older adults — 2017 marks the 20th anniversary of the award.

Also in celebration of 30 years of grantmaking, Archstone Foundation funded the Gerontological Society of America (GSA) for "The Age Stage,"

an innovative arts and humanities program, held at the 2017 IAGG World Congress in San Francisco. The Age Stage featured performers 60 years and older, and highlighted performances and presentations centered on and about age.

Through its Responsive Grantmaking strategy the Foundation continued to support direct service programs like AbilityFirst, in addition to education programs like those offered by the Center for Elders' Independence. Support for direct service programs helps to secure the much-needed aging services network, while education and training programs support the need for a knowledgeable workforce to care for older people.

42

Los Angeles County
has more people 65
plus than 42 states.

“Both direct service, and education and training, remain the mainstay of the Foundation’s Responsive Grantmaking.”

— Joseph F. Prevratil, JD,
President and CEO, Archstone Foundation



50

Organizations Receiving Grants — 2016 - 2017

Archstone Foundation awarded a total of 35 new grants during fiscal years 2016 and 2017. In addition, the Foundation continued to support multi-year grants awarded in prior fiscal years, these organizations are listed under continuing grants in the list below.

NEW GRANTS

AbilityFirst

Warm Water Aquatics Program:
\$10,000

Alzheimer's Greater Los Angeles

Regional Implementation and
Evaluation of Savvy Caregiver
Express: \$100,000

Alzheimer's Orange County

Expansion of Adult Day Care Services:
\$15,000

American Public Health Association

Expansion of the Archstone
Foundation Award for Excellence
in Program Innovation: \$50,000

American Society on Aging

Generations Journal on Family
Caregiving: \$15,000

Benjamin Rose Institute on Aging

Online Resource for Comparing
Evidence-Based Dementia
Caregiving Programs: \$200,000

California State University, San Marcos Foundation

Extending the Reach and Impact
of Education & Training in Palliative
Care and Aging: \$450,000

Center for Elders' Independence

2015 Bay Area Senior Health
Policy Forum: \$7,500

Caring for the Caregiver Program:
\$33,259

Christian Outreach in Action

Senior Programs: \$20,000

City of Hope National Medical Center

Communication Training for an
Expanded Workforce in Palliative
Care: \$375,000

Family Service Agency of Santa Barbara

Senior Service Program: \$70,000

Gerontological Society of America

IAGG 2017 World Congress -
The Age Stage: \$15,000

Grantmakers In Aging, Inc.

ReFraming Elder Abuse - Phase II:
\$136,950

Engaging Philanthropy in Aging:
\$150,000

Grantmakers In Health

Strengthening Healthy Aging
Philanthropy: \$199,023

HELP of Ojai

Senior Transportation Program:
\$15,000

Horn of Africa Community

Family Caregiver Training Program:
\$15,000 / \$30,000

Humboldt Senior Resource Center

Redwood Coast PACE: \$109,686

Hunger Action Los Angeles

Market Match: \$50,000

Legal Aid Foundation of Santa Barbara County

Family Violence Prevention Program
and Consumer Protection: \$15,000

National Foundation of Dentistry for the Handicapped

Inland Empire Donated Dental
Services Program Expansion: \$15,000

OPICA Adult Day Care Center, Inc.

Caring for the Caregiver: \$50,000

Rebuilding Together Long Beach

Make A Difference Day 2016 &
National Rebuilding Day 2016:
\$15,000

Health and Safety Home Repairs
for Low Income Seniors: \$25,000

Rebuilding Together San Francisco

Home Safety Programs: \$15,000

San Francisco Village

California Village Coalition: \$35,079

California Village Coalition -
Phase Two: \$718,465

St. Barnabas Senior Services

Los Angeles Aging Advocacy
Coalition's 8th Annual Summit
on Aging: \$15,000

Tides Center - California Health Report

Aging Beat: \$75,000

University of California, San Francisco

Palliative Care Quality Network:
\$447,894

University of Southern California

California Task Force on
Family Caregiving: \$180,000

Elder Abuse Forensic Center Service
Advocate: \$70,000

University of Washington

Care Partners: Implementation Costs
and Costs of Sustainability: \$100,000

CONTINUING GRANTS

Acacia Adult Day Services
Enhanced Day Care Program: \$50,000

Affordable Living for the Aging
Shared Housing Initiative: \$55,000

Alzheimer's Greater Los Angeles
Savvy Caregiver Express: \$112,112

American Academy of HIV Medicine
HIV & Aging Consensus Project: \$50,000

American Society on Aging
Generations Publications and Webinars: \$115,000

The Angel's Depot
Senior Emergency Meal Box Program: \$190,000

Arthritis Foundation, Pacific Region, Inc.
Keep Moving, Stay Strong: \$113,502

Baylor College of Medicine
A Participant-Centered Treatment for Anxiety in Low-Income, Older Minorities: \$92,632

BREATHE California of Los Angeles County
COPD Program: \$5,000

California Council on Gerontology & Geriatrics
2015 CCGG Annual Meeting: \$10,000

California State University, Bakersfield Foundation
Project Esperanza: \$63,087

California State University, San Marcos Foundation
CSU Institute for Palliative Care: \$450,000

Capital Impact Partners
Villages Model Sustainability Project: \$80,000

Center for Oral Health
Oral Health Care Needs of California's Older Adults: \$150,000

Chapman University School of Law
Alona Cortese Elder Law Center: \$50,000

Christian Outreach in Action
Senior Programs: \$10,000

City of Hope National Medical Center
COMFORT Communication Training Program: \$440,744

Coalition for Compassionate Care of California
Faith Leaders Outreach: \$90,867
7th Annual Palliative Care Summit: \$10,000

College of the Canyons Foundation
Geriatric Nursing Faculty Development Initiative: \$149,215

Community Information Exchange
Care Coordination Network Evaluation: \$50,000

Community Partners - California Elder Justice Coalition
Blueprint: Improving California's Response to Elder Abuse, Neglect, and Exploitation: \$15,000

Community Partners - California Senior Leaders Alliance
Senior and Policymaker Education Summit: \$80,000

County of Sonoma, Human Services Department
Care Partners: Sonoma Care Collaborative Project: \$300,000

El Sol Neighborhood Educational Center
Care Partners: San Bernardino Depression in Late-Life Program: \$300,000

Family Caregiver Alliance
Caregiver Assessment 2.0: \$150,000

Family Health Centers of San Diego
Care Partners: Community Collaborative Care Program: \$300,000

Family Service Agency of Santa Barbara
Senior Services Program: \$35,000

Galilee Center
Senior Services Program: \$50,000

Grantmakers In Aging, Inc.
ReFraming Elder Abuse : \$74,000
ReFraming Aging: \$75,000 / \$174,550

Grantmakers In Health
Strengthening Healthy Aging Philanthropy: \$113,100

HELP of Ojai
Senior Transportation: \$15,000

Human Options
Safe Options for Seniors Program: \$40,000

Humboldt Senior Resource Center
Redwood Coast PACE: \$293,573

Hunger Action Los Angeles
Market Match: \$49,875

Institute on Aging
Friendship Line: \$150,000
Care Partners: Collaborative Home-Based Care For Late-Life Depression: \$300,000

Jacobs & Cushman San Diego Food Bank
SONDAS: \$225,498

Jewish Family & Children's Services of Long Beach
Active Adult Community Connection Program: \$71,743

LA Net Community Health Resource Network
Project ECHO LA™ Geriatric Knowledge Network: \$276,958

Laura's House
Project to End Family Violence in Later Life: \$25,000 / \$25,000

Legal Services for Seniors
Legal Outreach: \$50,000

LifeLong Medical Care
Care Partners: LifeLong Collaboration for Depression Care Project: \$300,000

Long Beach City College Foundation

Brain Fitness Courses: \$20,000

Los Angeles Jewish Home for the Aging

Brandman Centers for Senior Care
PACE: \$100,000

The Medical University of South Carolina Foundation

The National Elder Mistreatment Outcomes Study: \$215,090

National Academies of Sciences, Engineering, and Medicine

US Family Caregiving Study: \$400,000
Elder Abuse Discussion Papers: \$100,000

National Adult Protective Services Association

25th Annual Conference: \$15,000
National APS Training Certificate Program: \$149,061

National Alliance for Caregiving

Caregiving in the US: \$50,000

National Center for Healthy Housing

Aging Gracefully: \$133,552

National Foundation of Dentistry for the Handicapped

Donated Dental Services Program: \$15,000

National Hispanic Council on Aging

Benefits Education for Frail Hispanic Older Adults: \$104,608

On Lok, Inc.

Caregiver Support Program: \$45,385 / \$45,333
8th Annual Conference: \$10,000

OPICA Adult Day Care Center, Inc.

Adult Day Care Program: \$50,000

Oregon Health and Science University

POLST: Advanced Technical Assistance: \$110,000

Partners in Care Foundation

Improving the Health of Older Adults Using Integrated Networks: \$225,000

Evidence-Based Leadership Council Continuation: \$400,239

Pathways Volunteer Hospice

Pathways Life Legacy Program: \$50,000

Project Angel Food

Medically Tailored Meals: \$50,000

Providence Speech and Hearing Center

Hear For All Program: \$50,000

Public Health Institute

Creating Support Networks for Chronically Ill Patients and Their Caregivers: \$100,000

Rebuilding Together San Francisco

Home Safety: \$10,000

Saban Community Clinic

Integrative Health Care Program for Seniors (IHCPs): \$50,000

St. Barnabas Senior Services

Wellness and Longevity Program: \$110,000

The Salvation Army

San Pedro Sage House: \$20,000

Sarah House Santa Barbara

A Place Called Home: \$100,000

Second Harvest Food Bank of Orange County

Brown Bag and Garden Programs: \$50,000

Senior Concerns Caregiver Support Center: \$100,000

South Asian Helpline And Referral Agency (SAHARA)

Wellness Assistance: \$45,000

Stanford University

Building Better Caregivers: \$300,000

Tides Center - California Health Report

Aging Beat: \$75,000

Travelers Aid Society of San Diego, Inc.

SenioRide Program: \$59,788

University of California, Berkeley

Documenting the Value of California Villages: \$116,496

University of California, Los Angeles

Non-Pharmacologic Dementia Interventions for Caregivers: \$14,995

Creating Caring Connections: \$49,991

Identifying Places to Build Parks for Community Elders: \$27,376

Improving Caregiving for Dementia (I_CareD): \$448,800

University of California, San Diego

Home Visit Program: \$122,968

University of California, San Francisco

Palliative Care Quality Network: \$300,000

University of Southern California

Educating Caregivers to Prevent Elder Abuse: \$219,293

Cuerpo Sano, Mente Sana: \$121,927

National Elder Abuse Training Initiative: \$217,682

LA County Elder Abuse Forensic Center Service Advocate: \$106,944

Care Partners: Bridges to Advance Late-Life Adult Depression: \$400,000

University of Washington

Care Partners: Innovations Bridging Clinics and Communities to Advance Late-Life Depression Care: \$2,510,239

Venice Family Clinic

Senior Health Care Services: \$33,000

Visiting Nurse and Hospice Care of Santa Barbara Foundation

Advance Care Planning Center: \$191,400

Volunteers of America Northern California & Northern Nevada

Senior Safe House: \$14,600

Imagining Beyond

As we pause to reflect on the past three decades, we also look forward to the future.

Archstone Foundation is thankful for its many partners who have joined us over the past 30 years, and we look forward to strengthening those partnerships in the decades ahead. We also look forward to meeting and working with new partners. The success of our mission relies on the success of our partners.



The Foundation's success also relies on an effective grantmaking strategy. This strategy must be flexible enough to meet the present and emerging needs of an aging population, and the ever-changing demands of society, while bringing to bare resources, strategies, and leadership to tackle issues of significance and complexity.

“What you do today can improve tomorrow.”

— Ralph Marston

In 2012, after 25 years of supporting pioneering work in fall prevention, elder abuse and neglect, and end-of-life care, and following an in-depth review of its philanthropy, the Foundation began to conclude its support for these three initiative areas. Although there is still much important work to be done, Archstone Foundation is no longer accepting unsolicited proposals in these legacy areas. The Foundation is now focused on its current funding priorities.

From inception, the majority of the Foundation's grantmaking has been responsive, unsolicited requests from the community designed to improve the lives of underserved, vulnerable,

and aging populations. Responsive Grantmaking will continue to be a grantmaking strategy used in the years ahead. It provides the flexibility for the Foundation to meet emerging and unmet needs, and it offers opportunities for both large and small grants.

The Foundation will also continue its grantmaking in its current three priority areas:

- Enabling older adults to remain in their homes and communities;
- Improving the quality of life of older adults suffering from depression; and
- Developing innovative responses to the family caregiving needs of elders.

While the specific approaches and strategies to funding each of the priority areas will vary over time, the Foundation's commitment to them remains. In the years ahead, the Foundation will continue to use past strategies that have proven to be effective, such as education and training, supporting direct service, convenings, advocacy, and dissemination, among others, to build upon its current three priority areas.

Addressing system-level challenges, innovation, workforce preparation,

working in collaboration with others, and demonstrating impact are all important if we are to truly prepare society in meeting the needs of an aging population.

The progressive aging of our nation and the world will continue into the foreseeable future, requiring a continued commitment by the philanthropic sector. As Archstone Foundation prepares for its fourth decade, five principals will continue to guide its grantmaking. The Foundation will continue to:

- Provide leadership in the field of aging within the philanthropic sector;
- Support those who are low-income and underserved;
- Integrate lessons learned into more effective grantmaking;
- Facilitate collaboration among organizations and stakeholders; and
- Utilize education and training as a keystone strategy for preparing a much needed workforce.

Also, as we think about areas in which the Foundation may have the most impact, we are certain the Foundation will continue to support innovative programs that develop and test new

models, and advocate for systemic change that can lead to a lasting impact on society's aging population.

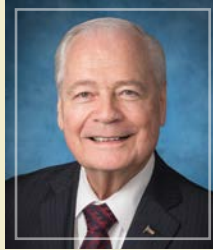
We look forward to working in partnership and sharing successes that help to prepare society in meeting the needs of an aging population.

“Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin.” — Mother Teresa

Leading the Way — BOARD OF DIRECTORS



Rocky Suarez, CFP
Board member since 2002
Chairman of the Board
Managing Director –
Investment Officer,
Wells Fargo Advisors, LLC



Joseph F. Prevratil, JD
Board member since 1987
President and CEO,
Archstone Foundation



**Hon. Renee B. Simon,
MS, MLS**
Board member since 1991
President, Institute
for Management
Communications



Robert C. Maxson, EdD
Board member since 1994
President Emeritus
California State University,
Long Beach



**Mark D. Smith,
MD, MBA**
Board member since 1998
Clinical Professor of Medicine,
University of California,
San Francisco
Former President and CEO,
California HealthCare
Foundation



Hon. Lynn Daucher
Board member since 2009
Former Director, California
Department of Aging



**Diana M. Bontá, RN,
DrPH**
Board member since 2010
President and CEO,
The Bontá Group

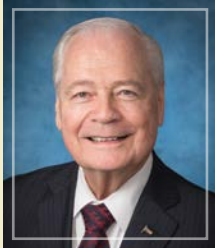


Amye L. Leong, MBA
Board member since 2010
President and CEO,
Healthy Motivation

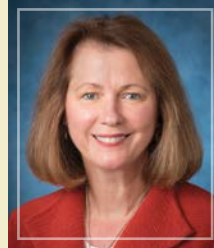


Peter C. Szutu, MPH
Board member since 2011
Former President and CEO,
Center for Elders Independence

STAFF



Joseph F. Prevratil, JD
President and CEO



**Mary Ellen Kullman,
MPH**
*Executive Vice President
and COO*



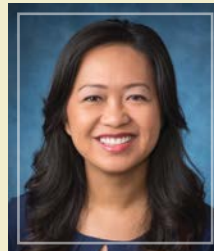
Laura Rath, MSG
Senior Program Officer



**Jolene Fassbinder,
MSG, MACM**
Program Officer



Tanisha Davis, MAG
Grants Manager



**Jasmine Lacsamana,
MPH**
Program Associate



Connie Peña
*Executive Assistant
and Bookkeeper*



Judi Kusumoto
*Administrative
Assistant*

Guiding Our Work — ADVISORS

Over the years Archstone Foundation
has relied on the council of:

Kenneth Cecil, CPA, CFE

*Kenneth Cecil Accountancy Corp,
Affiliated with GBG,
Long Beach, CA*

Windes, Audit | Tax | Advisory

Long Beach, CA

Lawrence H. Nagler, JD

*Nagler & Associates
Los Angeles, CA*

Russell Investments

Seattle, WA

“Caring for our seniors is perhaps the greatest responsibility we have. Those who walked before us have given so much and made possible the life we enjoy.” — Joe Hoeven



301 East Ocean Boulevard
Suite 1850
Long Beach, CA 90802

Phone: 562.590.8655
www.archstone.org