

# 2006-07 Report

Facing the needs of an aging population.





*The Archstone Foundation is a  
private grantmaking organization.*

*Our mission is to contribute toward  
the preparation of society in meeting  
the needs of an aging population.*

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## Message from the Board

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The 2006-2007 Two-Year Report illustrates the Foundation's concerted efforts to improve the lives of older adults. Since 1995, the Foundation has been dedicated to meeting the needs of an aging population. Building upon trends in aging, research, and program innovation, the Foundation's mission is accomplished through initiative-based grantmaking and responding to emerging needs in the community.

During fiscal year 2005, the Foundation strategically narrowed its focus into three critical areas: intervening in elder abuse and neglect; improving palliative care and the end-of-life experience; and preventing falls among older adults. Due to the complexity of these issues, the Foundation has committed approximately \$1.5 million dollars per year to each of these three initiatives for a period of five years. The Board believes that this investment will result in changing the way older adults are protected, cared for, and able to lead healthier lives in their homes and communities.

Fundamental to the Foundation's initiative-based grantmaking is the fostering of collaborative partnerships among professionals working in each of our priority areas. Through convening of funded projects and sharing of best program practices, the level of services for older adults has been enriched and improved across the State of California. The individuals highlighted in the 2006-2007 Two-Year Report have either administered or received services as a result of the Foundation's funding. While data and statistics quantify the significance of the Foundation's grantmaking, it is the personal stories that give meaning and value to these efforts and the impact they have on the lives of older adults.



John T. Knox, J.D.

Chairman



Joseph F. Prevratil, J.D.

President & CEO

## Introduction

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The Archstone Foundation's funding priorities reflect the desire to prepare society for an aging population. The mission of the Foundation is accomplished primarily through strategic multi-year initiatives. The Foundation's multi-year funding initiatives include Elder Abuse and Neglect, End-of-Life Issues and Fall Prevention.

In addition, the Foundation responds to emerging needs within the community. To this end, funds are awarded via our Responsive Grantmaking program. The following pages provide more information on the Foundation's four funding areas and the impact that our funding is making on the lives of older adults.

# Elder Abuse and Neglect Initiative

In fiscal years 2006 and 2007, the Archstone Foundation invested \$3,543,746 to address elder abuse and neglect issues in the State of California.

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Elder abuse is a crime without boundaries, crossing all racial, social, class, gender, and geographic lines. As the older adult population in the United States continues to increase, it is anticipated that the rate of elder abuse will also increase. There is also clinical evidence that elder abuse and neglect contributes significantly to the morbidity and mortality of older adults.

In an effort to respond to the devastating issues of elder abuse, the Foundation launched an Elder Abuse and Neglect Initiative in January 2006. The goals of the Initiative are to improve the quality and coordination of elder abuse and neglect services in California and to develop model projects and best practices.

Eighteen projects were funded under Phase I (January 2006 – December 2007) of the Initiative, including education and training for professionals who are mandated reporters of elder abuse and neglect; the development of medical and financial multidisciplinary teams throughout the state; the creation of forensic centers; implementation of financial protection programs; and systems analysis. Program funding is providing education and training to Adult Protective Services workers, medical providers, dentists, clergy, police, fire, and emergency medical technicians. Additionally, funding is supporting the development of interdisciplinary processes to assist neglected elders and those being mistreated.

Phase II (January 2008 – December 2010) will build on the knowledge acquired from the activities in Phase I. Phase II will focus on the continuation of Phase I projects to address unmet needs, capitalize on lessons learned, refine best practices, and implement systems change. Together, our hope is to create a community in which our senior population is treated with the respect and dignity that is the right of all people – no matter their age.





*"Elder abuse is a societal problem that has been hidden and disregarded for too long. Our team is working to shed light on this issue and to make a real difference in the lives of elders and their families through our Center."*

*- Laura Mosqueda, M.D., Director*



# Center of Excellence

**Organization:** *University of California, Irvine*

**Project:** *Creation of a Center of Excellence in Elder Abuse and Neglect*

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A fundamental part of the Elder Abuse and Neglect Initiative was the creation of the Center of Excellence in Elder Abuse and Neglect at the University of California, Irvine. The Center serves as the administrative core for providing direct services to victims, educating and training mandated reporters, conducting research, formulating policy, developing best practices, and offering technical assistance. The Center is a repository of best practices, model programs, and research for dissemination across the nation to other professionals seeking guidance and assistance in addressing elder abuse and neglect in their communities.



*"After attending the Project MASTER training, I had a better understanding of the needs of abused seniors and was immediately able to translate that understanding into better service delivery for the older adults I care for."*

*- Jonathan Devlin, M.S.G., Adult Protective Services worker*



# Education and Training

**Organization:** *San Diego State University Research Foundation*

**Project:** *Development of an Adult Protective Services (APS) advanced-level training program*

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The San Diego State University Research Foundation, one of four Foundation-supported Education and Training projects, was awarded funds to establish an Adult Protective Services (APS) training academy that will provide advanced-level training for APS workers throughout the State of California. The primary goals of Project MASTER (Multi-disciplinary Adult Services Training and Evaluation for Results) are to research, develop, pilot, deliver, and evaluate a competency-based curriculum for APS workers.

After a review of workforce data and core APS curriculums from other jurisdictions, project consultants developed advanced training modules on the following topics: biopsychosocial assessment, legal and ethical issues, and engaging reluctant clients. The curriculum brings together the micro-, mezzo-, and macro-level considerations that occur in complex APS cases. Once the curriculum was developed, the services of nationally recognized experts were engaged to deliver each of the three training modules.

A pilot test of the training was presented in San Diego in October 2006, with over 30 social workers in attendance. The following six counties were represented at the training: Imperial, Kern, Orange, Riverside, San Bernardino, and San Diego. Additional training sessions were delivered in the summer of 2007, reaching over 60 additional APS social workers.

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**City College of San Francisco** | Elder Abuse and Neglect Prevention Training and Education Program

**County of Santa Clara** | Enhancing the Capacity of the Diverse Faith Communities to Address Elder Abuse

**San Diego State University Research Foundation** | Project MASTER

**University of California, Los Angeles** | Increasing Dental Health Professionals' Awareness



*"As a member of the Geriatric Medicine team, it is very satisfying to see the results of the cases for which we have provided medical consultations. And there is no uncertainty about the gratitude of families we serve, as they return to the clinic for regular visits."*

*- Frank Randolph, M.D., Chair of the Section of Geriatric Medicine*

# Multidisciplinary Teams

**Organization:** *County of San Bernardino, Arrowhead Regional Medical Center*

**Project:** *Development of an elder abuse multidisciplinary team*

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The Arrowhead Regional Medical Center (ARMC) multidisciplinary team project is one of six Foundation-supported multidisciplinary team efforts working to improve interagency collaboration to address elder abuse and neglect. ARMC's Geriatric Medicine team (composed of geriatric physicians, nurses, social workers) serve as consultants for elder abuse multidisciplinary teams comprised of Adult Protective Services, law enforcement, and District Attorney's office representatives. An interdisciplinary approach results in better outcomes in caring for older adults, as demonstrated by the case of Oscar, an 80-year-old gentleman who was referred to the team for suspected self-neglect.

Adult Protective Services (APS) referred Oscar for a comprehensive evaluation by Arrowhead Regional Medical Center's Geriatric Medicine team. APS workers noted that although he was ambulatory, he spent most of the day seated on a crate at the side of his home and continuously accused family members of trying to harm him. He consistently refused to allow his family to help him with his needs, including meals, and he was gradually losing weight. He had also withdrawn from participating in family activities. His family was very concerned.

The findings from the medical evaluation, including diagnoses of paranoia, osteoarthritis, and vision and hearing loss, were discussed by the team during a family conference with the ARMC medical team, Oscar, his son and daughter-in-law, and the referring APS worker at ARMC's Family and Elder Care Clinic. Oscar agreed to seek subsequent medical care at ARMC. With the intervention of the team, his paranoia was cleared within two weeks. Oscar and his son now regularly attend follow-up visits at the Family and Elder Care Clinic, and report that he is back to his old self, participating in family meals and activities, gaining weight, and feeling well.

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**Area Agency on Aging Serving Napa & Solano Counties** | Solano County Financial Abuse Specialist Team

**City of Long Beach** | Long Beach Comprehensive Multidisciplinary Elder Abuse Prevention Team

**County of San Bernardino Arrowhead Regional Medical Center** | Dependent Adult and Elder Abuse Multidisciplinary Team

**Elder Financial Protection Network** | Be Wise: Recognize and Report Elder Abuse

**Institute on Aging** | Utilizing Clinical Assessments to Combat Elder Abuse

**Riverside County Regional Medical Center** | Geriatric Assessment in Elder Self-Neglect Evaluation and Treatment





*"The HOPE Team at the San Diego Family Justice Center was like an angel from above."*

*- Wanda, San Diego resident*



# Forensic Centers

**Organization:** *San Diego District Attorney's Office*

**Project:** *Creation of an elder abuse forensic center within the San Diego Family Justice Center*

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The San Diego District Attorney's Office is one of three Foundation-supported elder abuse forensic centers providing an interdisciplinary approach to managing the spectrum of issues an abused and neglected elder must face. Housed within the San Diego Family Justice Center, the project operates as the Help and Outreach to Protect the Elderly (HOPE) team.

In the spring of 2005, Wanda, a 78-year-old woman, invested in a real estate opportunity in Arizona with a man who had befriended her over the course of six years. The man was kind and appeared to be sincere in looking out for her best interests. They also shared something in common: the man was also an immigrant from Czechoslovakia, from which Wanda had fled in 1968. Unbeknownst to Wanda, the property she had been convinced to invest in did not exist. Wanda lost over \$100,000 of her life savings as a result of financial and psychological elder abuse perpetrated by someone who she had trusted.

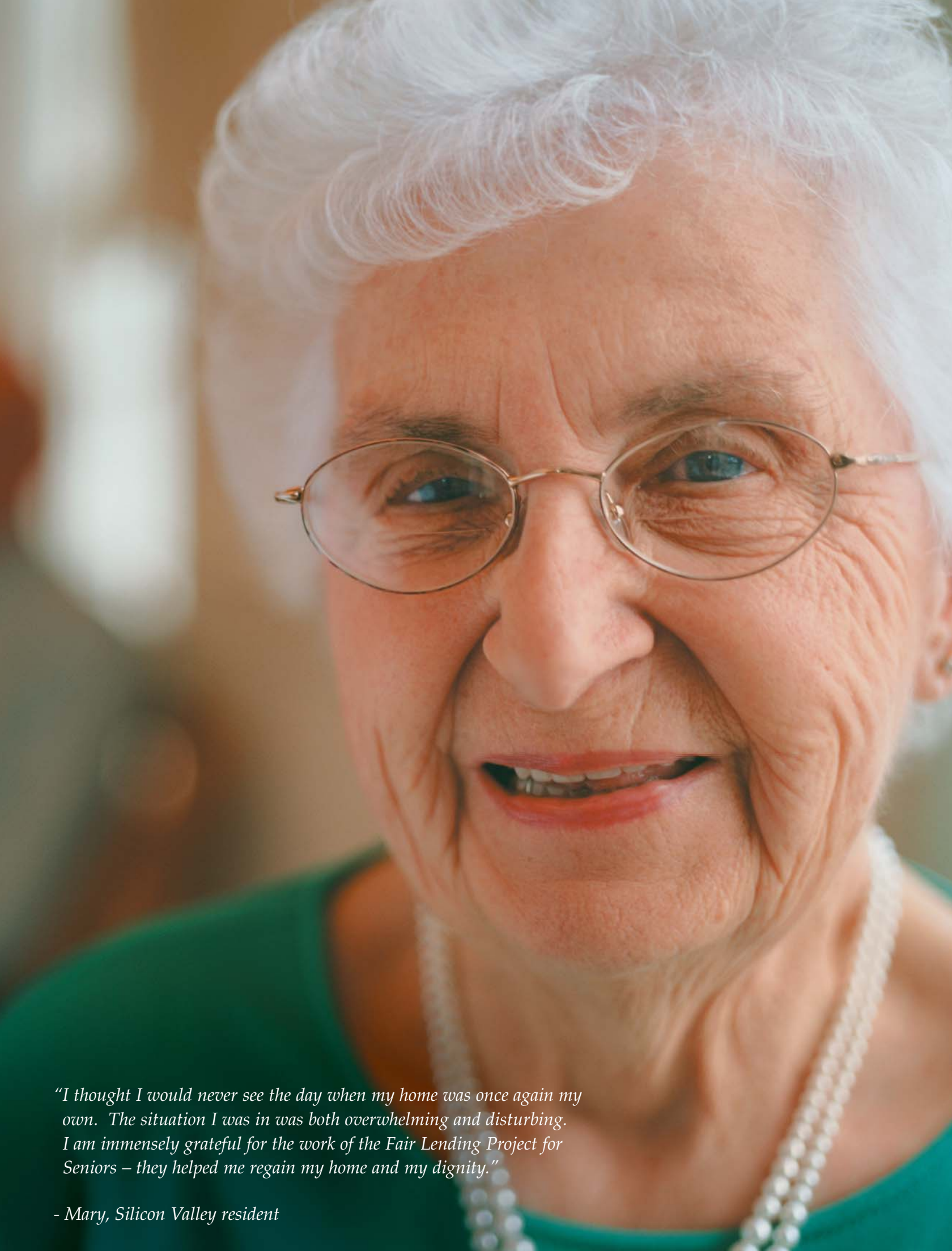
After several visits from Adult Protective Services, Wanda understood that she was the victim of fraud. A police investigation began and the case was brought to the San Diego Family Justice Center. Due to the coordinated efforts of the HOPE team, the District Attorney's Office quickly filed charges and the case proceeded to a preliminary hearing. The Center's HOPE Team — comprised of Adult Protective Services workers, police detectives, victim advocates, a nurse practitioner, and Deputy District Attorney Paul Greenwood — rallied around Wanda to provide her the support needed to testify in court. The defendant entered a guilty plea to felony financial elder abuse and was sentenced to five years probation and ordered to pay restitution. Wanda has already begun receiving the restitution payments for her loss.

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**San Diego County District Attorney's Office** | HOPE Team: Wraparound Service Intervention Model

**University of California, Irvine** | Center of Excellence in Elder Abuse and Neglect

**University of Southern California** | Los Angeles County Elder Abuse Forensic Center



*"I thought I would never see the day when my home was once again my own. The situation I was in was both overwhelming and disturbing. I am immensely grateful for the work of the Fair Lending Project for Seniors – they helped me regain my home and my dignity."*

*- Mary, Silicon Valley resident*

# Financial Protection

**Organization:** *Council on Aging Silicon Valley*

**Project:** *Development of a fair lending project for seniors*

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The Fair Lending Project for Seniors, led by the Council on Aging Silicon Valley, is one of two Foundation-supported financial protection projects. The project consists of a collaboration of partners working to prevent and address abusive and predatory lending practices against older adults. An element of the project includes providing holistic social work and legal services to victims of predatory lending.

Mary, an 82-year-old-woman living in Silicon Valley, defaulted on her mortgage payment for the first time in her life. An unscrupulous broker discovered the default notice on the public record and contacted Mary, suggesting he could help by refinancing her loan and reducing her monthly payment. Having lived in her home for over 20 years, Mary was thankful to have been contacted by the broker and immediately signed the prepared papers.

In truth, the broker deceived Mary into transferring the deed to her house into the broker's name, and signing an agreement that made her a renter in her own home — with rent payments twice as high as her mortgage. Mary had struggled to make the mortgage payments while living on a fixed income; now, she had no way of paying the high rent that was imposed upon her. She was forced to move out of her home and into an apartment.

The Fair Lending Project for Seniors team became involved and the broker was taken to court. As a result, the deed was restored to Mary's name, and the broker was ordered to pay \$125,000 in restitution. Following the conclusion of the court case, Mary was able to move back into her home.

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**Council on Aging Silicon Valley** | Fair Lending Project for Seniors  
**WISE Senior Services** | Seniors Against Investment Fraud





*"Capturing data on elder abuse is a complex issue. Adult Protective Services (APS) reports provide the best data available in regards to estimating incidence, so we are working with APS units across the state to understand and improve data collection systems."*

*- Aileen Wiglesworth, Ph.D., Assistant Clinical Professor*



# Systems Analysis

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In fiscal year 2006, the Foundation funded two projects to better understand the systems in which elder abuse data are collected and the rights of older adults are managed. The projects were funded to assess the Adult Protective Services' data collection system and the California Superior Court's handling of elder abuse and neglect cases.

The goal of assessing the Adult Protective Services data collection system was to understand the process by which data are currently collected in California, and to recommend a course of action for addressing areas that may need improvements. Enhancements to collection processes may lead to an improved understanding of the problem in the State of California.

The purpose of the judicial needs assessment was to identify ways to improve the justice process for victims of elder abuse. The assessment will identify best practices that will lead to policy recommendations and training for California court administrators and judges, in an effort to streamline and improve the judicial process for older adults.

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**Judicial Council of California** | Effective Court Practice for Abused Elders

**University of California, Irvine** | Estimating Incidence of Elder Abuse from Social Service Data



*"I come away from these meetings filled with hope that we are all making a difference in the lives of abused elders."*

*- Mary Twomey, M.S.W., Director for Elder Abuse Prevention, Institute on Aging*

# Convening

**Organization:** *University of California, Irvine*

**Project:** *Convening and technical assistance*

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An integral part of the Initiative's design has been the development of a learning community within the field of elder abuse in which to share best practices, support leadership development, and network during the course of their projects. To that end, three convening conferences were held as part of Phase I of the Initiative, in addition to monthly conference calls among the projects. The goal of convening the projects was to test new ideas, share successes, learn from one another's challenges, and build upon the experience of others to ensure that the State of California's older adult population is treated with respect and dignity.

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## End-of-Life Initiative

In fiscal years 2006 and 2007, the Archstone Foundation invested \$993,049 to improve the end-of-life experiences of California's older adults.

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Death is a fact of life. As our society ages, one's life expectancy will increase. However, the quality of one's life may be uncertain. For many with advanced, chronic illness, the end-of-life experience has become a prolonged and uncertain period of difficulty.

In an effort to improve the end-of-life experience, the Foundation launched the End-of-Life Initiative in September 2006. The Initiative seeks to change the culture of dying in California by building a strong palliative care foundation that will lead to improved patient care, management of symptoms and higher quality of life. The Foundation's priorities are to: increase education and training of nurses, physicians, and social workers in palliative care; expand palliative care services in hospitals and long-term care settings; and address spirituality at the end of life.

In fiscal year 2007, the Foundation supported seven projects to provide training and education for nurses and social workers; a series of case-based palliative care articles for physicians; the development of a training program for palliative care service in long-term facilities; and provided support for the Palliative Care Leadership Center where hospitals are trained on how to start palliative care services. In addition to the seven funded projects, the Foundation authorized five grants to Southern California hospitals under the *Hospital-Based Palliative Care Service Innovation Projects*. The Foundation's support will increase the number and quality of palliative care services, developing sustainable models that may be replicated across the state. The programs will start in fiscal year 2008. Ultimately, the Foundation hopes to help build a continuum of palliative care across hospitals, community-based services, and long-term care settings.





*"Improving the care of patients at the end of life will only be possible if there are adequately trained nurses available to manage symptoms and offer excellent physical, psychological, social, and spiritual care."*

*- Betty Ferrell, Ph.D., F.A.A.N., Research Scientist*

# Education

**Organization:** *City of Hope*

**Project:** *Training of California nurses in palliative care*

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During fiscal years 2006 and 2007, the Foundation funded nine programs to increase education and training for professionals in palliative and end-of-life care. The City of Hope was awarded two grants to promote palliative care by offering courses of the End-of-Life Nursing Education Consortium (ELNEC) training to nursing school faculty and educators in hospitals, home care agencies, long-term care settings, critical care, and other settings. The goal of the program is to train nurses who will teach the curriculum to colleagues and students at their institutions.

Participants, such as Anca Dudas and Norma McNair from the University of California, Los Angeles (UCLA) Medical Center, attended a three-day intensive training course. During the training sessions, participants learned about the content of palliative care and effective teaching strategies. Each participant proposed implementation goals of the curriculum, which were revised during the course and then evaluated at six months and at twelve months after the course had been completed.

Four months after attending an ELNEC course, Anca and Norma planned and presented an ELNEC training course. The course was open to both UCLA hospital campuses, and 70 nurses and other members of the interdisciplinary team attended. Because of the tremendous success of the first course, the training program will be offered twice a year. These trainers plan to have an “open enrollment” for other nurses and members of the interdisciplinary team from a variety of hospitals around the city of Los Angeles.

Participants at the UCLA ELNEC course stated that they felt more confident in helping patients and families identify their end-of-life needs. In addition, UCLA has developed hospital-specific guidelines and order sets to improve palliative care services.

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**American Society on Aging** | Conference Session on Communications at the End of Life

**City of Hope National Medical Center** | Promoting Palliative Care in California Nursing Schools

**Oregon Health and Science University** | Spanish video on Physician’s Orders for Life-Sustaining Treatment

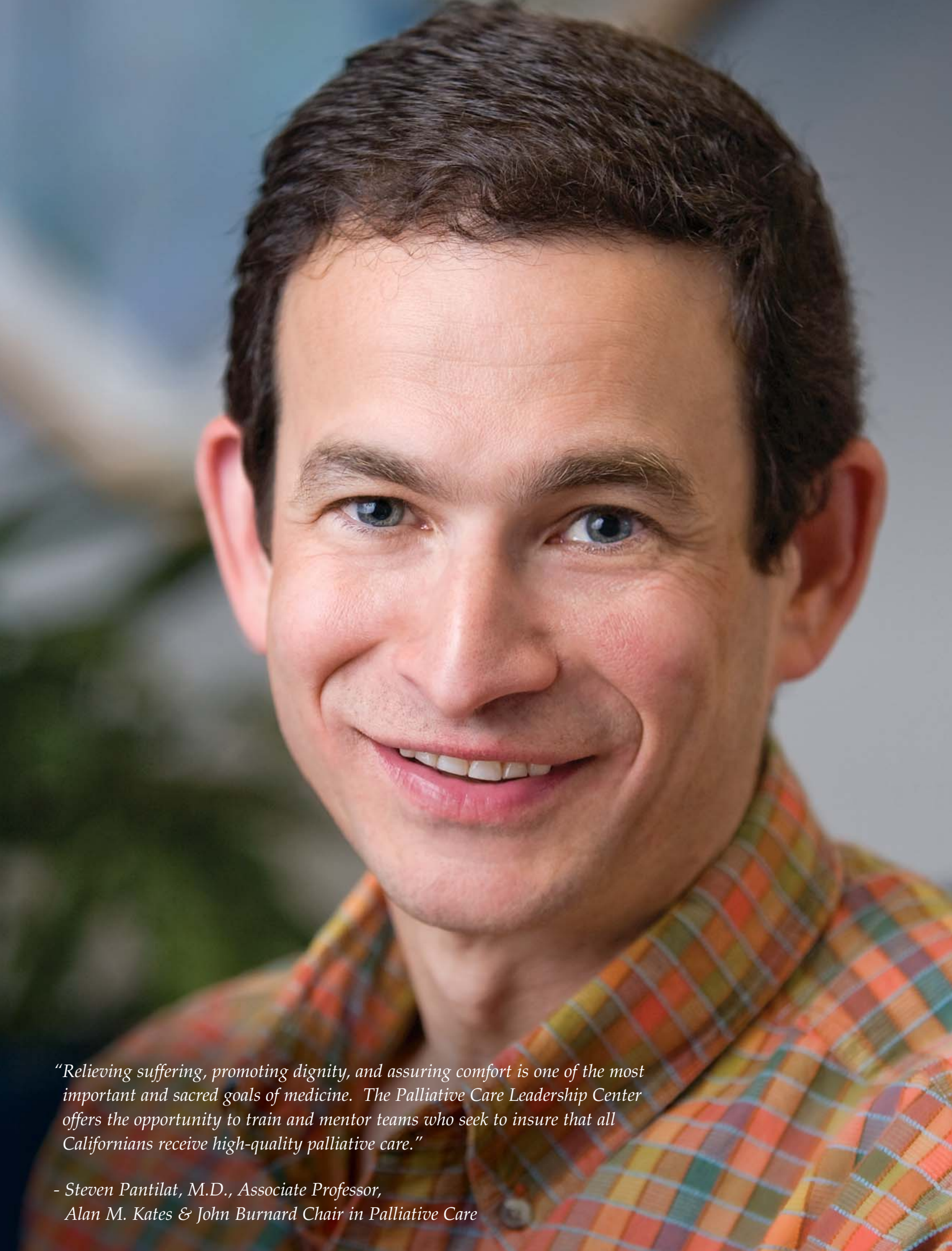
**Sepulveda Research Corporation** | Annual Hospice and Palliative Care Conference (2)

**Southern California Cancer Pain Initiative** | Promoting Excellence in Pain Management & Palliative Care for Social Workers

**University of California, Los Angeles** | Palliative Care for the Elderly in the Intensive Care Unit

**University of California, San Francisco** | End-of-Life Case-Based Articles in the Journal of the American Medical Association (2)





*"Relieving suffering, promoting dignity, and assuring comfort is one of the most important and sacred goals of medicine. The Palliative Care Leadership Center offers the opportunity to train and mentor teams who seek to insure that all Californians receive high-quality palliative care."*

*- Steven Pantilat, M.D., Associate Professor,  
Alan M. Kates & John Burnard Chair in Palliative Care*

# Hospitals

**Organization:** *University of California, San Francisco's Palliative Care Leadership Center*

**Project:** *Support of the Palliative Care Leadership Center*

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In fiscal year 2007, the Foundation awarded a three-year grant to the University of California, San Francisco's Palliative Care Leadership Center. The purpose of the Palliative Care Leadership Center (PCLC) is to increase the number of people who have access to high-quality palliative care by supporting the development and growth of hospital-based palliative care services in California. The training features an extensive curriculum, a two-day conference, and individualized post-conference mentoring.

The PCLC trains and mentors interdisciplinary teams from hospitals across California to establish palliative care programs. This program meets ongoing needs and demand for training, and develops the capacity to help new and established palliative care programs expand their services and address the challenges that commonly threaten program sustainability.

In 2007, the Foundation awarded six grants as part of the Foundation's End-of-Life Initiative under the *Hospital-Based Palliative Care Service Innovation Projects*. The purpose of the *Hospital-Based Palliative Care Service Innovation Projects* is to increase the number and quality of palliative care services within hospitals in Southern California and to develop sustainable models that may be replicated across the state. The University of California, San Francisco's Palliative Care Leadership Center will provide convening, technical assistance and evaluation for the projects. These grants will be funded in fiscal year 2008.

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**Brentwood Biomedical Research Institute** | Palliative Care Service at the Veteran's Administration Greater Los Angeles  
**Health Research Association, Inc.** | Los Angeles County & University of Southern California Medical Center Emergency  
Department's – Hospice Emergency Liaison Program

**Kaiser Permanente, Bellflower Medical Center** | Interdisciplinary consultative inpatient palliative care program

**St. John's Healthcare Foundation** | Palliative care services in the critical care units and emergency departments at both hospitals

**University of California, Los Angeles Medical Center** | Palliative Care Service at both Medical Center campuses

**University of California, San Francisco** | Convening, technical assistance and evaluation of Palliative Care Projects





*"By facilitating the integration of palliative care practices in long-term care settings, residents will ultimately benefit from the enhanced care received by practitioners trained in this specialized field of medicine."*

*- Frank Ferris, M.D., Medical Director, Palliative Care Standards and Outcome Measures*



# Long-Term Care

**Organization:** *San Diego Hospice and Palliative Care*

**Project:** *Develop a palliative care training, mentorship, and technical assistance program for long-term care facilities*

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The Center for Palliative Studies at San Diego Hospice and Palliative Care was funded by the Foundation to develop a palliative care training and mentorship program for long-term care facilities to improve patient care at the end of life. Building on a pre-existing partnership between hospice and long-term care staff, the consensus-built program will integrate palliative care practices into the daily care plans of every resident. The training program will be piloted initially with long-term care partners in San Diego County, with the goal of rolling out state-wide.

San Diego Hospice and Palliative Care staff has worked closely with long-term care facility staff to provide end-of-life care that enhances and augments the facility's services for those requiring hospice care. Team members also work with facilities to provide their staff with up-to-date training in hospice and palliative care, offering care-specific in-services and hands-on training.

The goals of the demonstration project are to develop palliative care services in long-term care facilities and to improve patient care at the end of life. The program will provide training, mentoring and technical assistance to long-term care facilities.

San Diego Hospice and Palliative Care will disseminate findings through publications, seminars, and its in-house education programs for visiting scholars, medical students and residents, nurses, and other allied health professionals.

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# Fall Prevention Initiative

In fiscal years 2006 and 2007, the Archstone Foundation invested \$3,709,052 to reduce falls among California's older adults.

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Falls are a common and often devastating problem among older adults. Most of these falls are associated with one or more risk factors, such as muscle weakness, unsteady gait, confusion, medications, and environmental hazards. There is clinical evidence that a fall contributes significantly to the morbidity and mortality of older adults.

The Foundation's Fall Prevention Initiative responds to the need for multi-factorial fall prevention programs for older adults. The goals of the Fall Prevention Initiative are to improve the quality and coordination of fall prevention services for older adults in California, and to develop model projects and best practices. The Foundation's investments have focused on strong community partnerships that can lead to a high level of coordination in implementing multi-factorial programs that will reduce falls among older adults.

The Initiative began in fiscal year 2005 with funding to support the creation of a Center of Excellence. The Fall Prevention Center of Excellence (the Center) was established as a coordinating body for fall prevention activities across the state. In fiscal years 2006 and 2007, the Foundation collaborated with the Center through the California Senior Fall Prevention Projects and the InStep Model Projects.



*"Many people think that falls among the elderly are an inevitable consequence of aging and are accidents that just happen. Research indicates that over 30% of falls can be prevented by programs that include good medical fall-risk assessments, exercise, and home modifications. Our goal is to spread that message and build a fall prevention infrastructure that significantly reduces falls."*

*- Jon Pynoos, Ph.D., Co-Director, Fall Prevention Center of Excellence*



## Center of Excellence

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The mission of the Fall Prevention Center of Excellence (the Center) is to identify best practices in fall prevention, raise awareness about fall prevention as a public health priority, and to help communities offer programs to older adults who are at risk of falling. The Center is a public-private partnership consisting of leading experts from:

- University of Southern California's Andrus Gerontology Center
- California State University, Fullerton's Center for Successful Aging
- Veterans Administration Greater Los Angeles Healthcare System Geriatric Research, Education, and Clinical Center
- University of California, Los Angeles School of Medicine
- California Department of Health Services State and Local Injury Control

In 2006, the Center partnered with the Archstone Foundation to fund the development of fall prevention coalitions and expansion of multi-factorial fall prevention programs as part of the Foundation's California Senior Fall Prevention Projects. In 2007, the Center and the Foundation partnered to launch InStep, an innovative multi-factorial fall prevention program to be piloted in six community-based sites.



*"The focus of the California Senior Fall Prevention projects is to assist community-based organizations develop effective and sustainable fall prevention programs based on sound evidence. A multifactorial approach offers the greatest promise for significantly lowering fall risk among the highest risk segment of the 65 plus age group."*

*- Debra Rose, Ph.D., Co-Director, Fall Prevention Center of Excellence*

# California Senior Fall Prevention Projects

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In fiscal year 2006, the Foundation collaborated with the Fall Prevention Center of Excellence (the Center) through the California Senior Fall Prevention Projects. The main purpose of the California Senior Fall Prevention Projects is to help communities build their capacity to address falls among the elderly and deliver integrated fall prevention services that allow seniors to continue to live vital, independent lives.

Phase I of the California Senior Fall Prevention Projects was implemented by funding five Coalition Development projects and six Program Expansion projects. The Center is providing technical support and project evaluation assistance to the eleven grantees funded in Phase I.

Phase II of the California Senior Fall Prevention Projects was released in 2007 and involves three components:

1. Coalition Development – for the establishment of new community fall prevention coalitions;
2. Coalition Enhancement – continuation funding to provide better coordination among existing Fall Prevention Coalition Projects; and
3. Program Enhancement – continuation funding to refine existing program expansion projects.





*"It is abundantly clear that my recovery could not have been accomplished without the services and programs from ONEgeneration."*

*- Anonymous*



# Program Expansion

**Organization:** ONEgeneration

**Project:** *Expanding the fall prevention program to include medical assessment, gait and balance and environmental modifications*

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ONEgeneration is one of six Foundation-supported projects to integrate two or more factors (i.e., physical activity, risk assessment and follow-up, and environmental modification) into existing fall prevention services. ONEgeneration has implemented a fall prevention program into its existing care management program where clients in need receive balance and mobility training, medical management, and environmental safety and modification services.

Late one night, a volunteer at ONEgeneration had a serious fall in her home that fractured her right femur. Unable to reach the phone, she remained unattended for three long days and nights until her son discovered her plight and rushed her to the hospital. The result of the fall and prolonged lack of medical care was a total hip replacement. While in the hospital, and later at the rehab center, her physical struggle with the pain of recuperation was forever coupled with the emotional fear of how she would cope when she returned home, alone. She remembered contemplating, “How does one go about meeting all the immediate requirements we are advised we must have?”

Staff members from ONEgeneration visited her home and she agreed to enroll in the fall prevention program. Her enrollment immediately quelled her fears; the multidisciplinary team conducted a Home Safety Assessment to provide her with the attention and supplies that she could not furnish herself. In addition, she began receiving a monthly monitoring call, and her Care Coordinator facilitated her receipt of an Emergency Alert Response System subsidized by the Los Angeles City Department of Aging, to dispatch help if she ever needed immediate emergency assistance in the future.

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**Adult Day Services of Orange County, Acacia Adult Day Services and Feedback Foundation** | Partners in Preventing Falls

**Area 1 Agency on Aging** | S.T.R.O.N.G. Program

**Jewish Family Services of Los Angeles** | S.T.R.I.D.E. Program

**ONEgeneration** | Fall Prevention Program

**Saint Mary Medical Center Foundation** | Senior Fall Prevention Program

**San Francisco Adult Day Services Network** | Senior Fall Prevention Program





*"During my previous work with the Adult and Aging Network, I was involved in community expos for older adults. It really hit home how vulnerable this population is – and I was one of 'them'!"*

*Irene Robles, Concerned Community Member*

# Coalition Development

**Organization:** *County of Santa Barbara Adult and Aging Network*

**Project:** *To establish and develop the Fall Prevention Task Force*

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The County of Santa Barbara's Adult and Aging Network is one of five Foundation-supported projects to establish or strengthen a broad-based community coalition to address fall prevention among seniors. Funded projects were required to conduct a needs assessment to determine community-specific fall prevention priorities that would assist with the development of a strategic plan. Each coalition was asked to conduct one local fall prevention activity to coalesce community interest in the strategic planning process.

Irene Robles is a 63-year-old community member volunteer of the Fall Prevention Task Force at the Adult and Aging Network. She attends monthly meetings to remain informed of the Task Force's progress and to learn about each member's vision on how to educate the elderly, including herself, about fall prevention. Irene had previously worked at the Adult and Aging Network, where she became aware of the vulnerability of the older adult population. She remains involved with the Task Force simply because she wants to be surrounded by people who "believe that what they are doing is worthwhile and life-changing."

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**Area Agency on Aging, Napa and Solano Counties** | Napa Valley Fall Prevention Coalition

**Caring Choices** | Northern California Fall Prevention Coalition

**County of Santa Barbara, Adult and Aging Network** | Fall Prevention Task Force

**Nevada County Human Services Agency** | Nevada County Fall Prevention Coalition

**Rebuilding Together, Orange County** | Down With Falls Coalition





*"The key to preventing falls is getting seniors to identify risk factors, make appropriate modifications, exercise, and be aware of their environment. The goal of the InStep Model Projects is to identify optimal ways to bring this about in real-world settings."*

*- Laurence Rubenstein, M.D., M.P.H., Co-Director, Fall Prevention Center of Excellence*

## InStep Model Projects

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In 2007, the Fall Prevention Center of Excellence partnered with the Foundation to design, implement, and evaluate a senior center-based model fall prevention project, called InStep, in six community organizations in Southern California. The six community-based projects will serve as models for future replication across the state and nation. The projects will incorporate three key fall prevention components: medical risk assessment and recommendations, exercise, and home risk assessment and modification. Analysis of the effectiveness of different intensity levels (high, medium, low) of the three components will be conducted. In addition, half of the programs will test the effectiveness of adding a behavior-change intervention to enhance participation of older adults in fall prevention activities. The goal is to demonstrate how senior centers with different levels of resources can organize and operate effective and sustainable multi-factorial fall prevention programs.





*"We have made remarkable progress in the development and implementation of the National Action Plan, and there has been significant progress in terms of building fall prevention awareness. The National Falls Free Coalition is actively involved in promoting the cause."*

*- Lynn Beattie, P.T., M.P.T., M.H.A., Vice President, Injury Prevention, Center for Healthy Aging*



# National Impact

**Organization:** *National Council on Aging*

**Project:** *Advancing fall prevention strategies in support of state and local needs to reduce falls and fall-related injuries in older adults*

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The national arm of the Fall Prevention Initiative is led by the National Council on Aging, with more than 60 national organizations as partners. In fiscal year 2006, the Foundation supported the continuation of the Falls Free Initiative, Advancing the National Action Plan: Making a Difference in the Lives of Older Adults. The National Action plan consists of 36 strategies and action steps representing the best thinking of leading fall prevention experts on how to reduce falls and fall-related injuries among older adults.

Archstone Foundation funded the National Council on Aging as a strategic move to sustain the momentum of fall prevention efforts at the national level. The Falls Free Initiative promotes the implementation of the National Action Plan through statewide coalition building and technical assistance.

# Responsive Grantmaking

In fiscal years 2006 and 2007, the Archstone Foundation invested \$1,364,742 to address emerging and unmet needs of older adults living independently in Southern California.

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Responsive grantmaking is the Foundation's strategy to direct resources to emerging and unmet needs within the field of aging through unsolicited requests for funding. The following categories are examples of the types of issues the Foundation may consider through this grantmaking strategy:

- Access to care
- Adult day services
- Caregiver support
- Disability services
- Healthy aging
- Housing
- Medication management
- Mental health/substance abuse
- Professional education and training
- Promoting aging in place
- Transportation

Although the Archstone Foundation's funding priorities in fiscal years 2006 and 2007 were with the implementation of the three initiatives of elder abuse and neglect, end-of-life issues, and fall prevention, responsive grantmaking continues to be an important component of the Foundation's goal to support direct services that benefit low-income and underserved older adults.





*"Senior Services has been a life-saver. If it weren't for the staff, I'd probably still be living in my van."*

*- Len, Venice Beach resident*

# Homelessness

**Organization:** *St. Joseph Center*

**Project:** *Outreach services and assistance to homeless seniors*

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Len had rented an apartment in Venice for a number of years when the owners decided to tear it down. Forced to relocate, Len found he could not afford to move into another apartment with his limited Social Security income. He purchased a van at a car auction for \$325 and this became his new living quarters. He used battery-operated appliances and signed up for a 24-hour gym where he showered and exercised. "It was an adventure," says Len, who lived in his van for a year and a half.

Interested in acquiring Section 8 government subsidized housing, Len took the suggestion of a friend and sought assistance from St. Joseph Center. A Senior Services case manager placed Len in the Senior Outreach Program. The purpose of the Senior Outreach Program is to provide homeless older adults and those at risk of becoming homeless with services that promote safe, healthy and independent living. The case manager helped Len file the appropriate paperwork and within a few weeks he was approved for subsidized housing. Today he is once again living in his own apartment.





*"The Gatekeeper Program at Catholic Charities is wonderful! They matched me with a great volunteer and have understood my needs from day one."*

*- Rose, Lakewood resident*



# Community-Based Services

**Organization:** *Catholic Charities*

**Project:** *Provide a safety net service for homebound and low-income older adults*

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Rose is a 76-year-old New York native who relocated to California in 1996. After a few months of living with her daughter, Rose realized that she wanted to live alone and moved into an apartment. Being a diabetic and prone to exhaustion, Rose is often in low spirits. She suffers with chronic pain in her hands and feet, which limits her ability to leave home.

In 2006, Rose was referred to Catholic Charities and the Gatekeeper Program. The goal of the Gatekeeper Program is to enhance the physical, mental, and emotional well-being of isolated, homebound, or low-income older adults. Being a recipient of Catholic Charities services has improved Rose's well-being. She received a comprehensive initial needs assessment, and a service delivery plan was developed. A volunteer conducts monthly visits to assess her needs and provide case management services. Rose is now able to live in her own home safely and with dignity, enjoying the regular company of her volunteer.



*"I just cannot find the words to express my gratitude.  
The volunteers from Rebuilding Together did more than  
I had ever expected. They put pep in my step."*

*- Mildred, Long Beach resident*

# Living Independently

**Organization:** *Rebuilding Together, Long Beach*

**Project:** *Provision of minor home improvements so older adults can live independently*

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At age 65, Mildred lives with her 35-year-old disabled son, whom she cares for. She has been living in her current home since 1974.

One day while attending classes at Long Beach City College, Mildred's granddaughter came across a flyer and application for Rebuilding Together's Safe-Stay program. The goal of the Safe-Stay program is to provide minor home improvements to older adults, regardless of income status, to reduce the risks of falls, injuries, and deaths.

Knowing the conditions her grandmother was living in, she quickly returned home after class, called her grandmother, and motivated her to sign up for the home modification services. Mildred remembered seeing a nearby house in which the Rebuilding Together team had worked and instantly agreed to apply for their services. She had been amazed at the results of their past work and was excited about the opportunity to be considered as a recipient of their services.

The process of the Safe-Stay program began with an interview, followed by a walk-through of Mildred's house in order to identify the needed modifications. On April 28, 2007, Rebuilding Together made modifications to Mildred's bathroom, including the floor and walls, and the installation of a new bathtub, which is her new "showroom." In addition, the outside of her home was cleaned and repainted, and volunteers installed a rail on her front door steps and fixed broken door knobs.





*"My dental care at the Los Angeles Free Clinic has been an A+. The staff is amazing. They take the time to make sure everyone gets great care and the results are smiles."*

*- Brett, Los Angeles resident*

# Dental Services

**Organization:** *Los Angeles Free Clinic*

**Project:** *Free dental and case management services for low-income seniors*

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At age 70, Brett understands the benefit of regular dental visits. Her insurance, however, does not cover the cost of basic dental care.

Searching for a way to properly take care of her teeth, Brett found herself at the Los Angeles Free Clinic. The Clinic provides free dental care, starting with an initial exam, x-rays and a treatment plan. Additional services include fillings and simple extractions when necessary. When Brett entered the Los Angeles Free Clinic she was experiencing tooth pain and problems with her dentures.

The Clinic is also able to provide full or partial dentures to a limited number of clients, including Brett, through a community partnership with the UCLA School of Dentistry. Since receiving her new dentures, Brett has been smiling with pride. She continues to visit the Clinic for follow-up visits. Brett now volunteers for the organization and helps with their fundraising events.





*"Continuing to look for new information about memory loss gives us the best chance of making it. The more information we have, the better off we both will be."*

*- Pat & Mel, Huntington Beach residents*



# Adult Day Services

**Organization:** *Adult Day Services of Orange County*

**Project:** *Facilitate access of older adults concerned about memory loss to early diagnosis and treatment; provide caregivers with the knowledge and skills that can reduce their vulnerability to mental and physical health problems*

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Five years after the Adult Day Services of Orange County had moved into Pat and Mel's Huntington Beach neighborhood, Mel was diagnosed with mild cognitive impairment, a pre-clinical form of dementia.

Pat and Mel participated in the education outreach activities of the Dementia Education Collaborative, a three-year joint project implemented by Adult Day Services of Orange County and the Alzheimer's Association of Orange County. The project was designed to educate caregivers, individuals with dementia, and the greater community about dementia-related topics.

Through the Dementia Education Collaborative activities, Pat and Mel benefited from expert information on topics ranging from dementia medications to legal and estate planning issues. Pat recalls that Mel especially enjoyed the Memory Boosters classes with Dr. Cordula Dick-Muehlke. While Pat liked Memory Boosters' intimate setting that facilitated socialization and created a comfortable learning environment, Mel most appreciated "the feeling that I am not alone with this condition."

## New and Continued Grants

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The following pages contain our new and continuing grants for fiscal years 2006 and 2007.



# Grants Authorized in Fiscal Year 2006

## New Grants 2006

### Elder Abuse & Neglect

**Area Agency on Aging Serving Napa and Solano | Vallejo | CA | \$37,980**

To establish a fiduciary abuse specialist team in Solano County.

**City College of San Francisco | San Francisco | CA | \$48,550**

To develop a curriculum in elder abuse and neglect identification and prevention for first responders.

**City of Long Beach | Long Beach | CA | \$45,332**

To establish a multidisciplinary elder abuse prevention team in Long Beach.

**Conejo Valley Senior Concerns | Thousand Oaks | CA | \$62,865**

To support the Ventura County financial abuse specialist team.

**Council on Aging Silicon Valley | San Jose | CA | \$109,998**

To support a home lending protection project for elders who have been victimized.

**County of Santa Clara, California | San Jose | CA | \$49,995**

To develop an elder abuse education, training, prevention, and support program for clergy.

**County of San Bernardino, Arrowhead Regional Medical Center Colton | CA | \$35,105**

To establish an elder abuse multidisciplinary team in San Bernardino County.

**Elder Financial Protection Network | Novato | CA | \$36,401**

To establish an elder abuse multidisciplinary team in Marin County.

**Family Violence and Sexual Assault Institute | San Diego | CA | \$13,417**

To support a pre-conference convening of elder abuse experts at the 10th International Conference on Family Violence to strategize on how to reduce and prevent elder abuse and neglect.

**Institute on Aging | San Francisco | CA | \$35,595**

To establish a multidisciplinary team to provide clinical expertise to the elder abuse community in San Francisco.

**Judicial Council of California Administration Office of the Courts | San Francisco | CA | \$95,625**

To conduct an assessment of the needs of abused elders who come to court to obtain protection from their abusers, the barriers they face in coming to court, and the effectiveness of court programs to assist these elderly litigants.

**National Center for State Courts | Williamsburg | VA | \$13,500**

To support a national workgroup meeting regarding elder abuse and the court system.

**Riverside County Regional Medical Center | Moreno Valley | CA | \$35,100**

To develop a self-neglect assessment team as a component of the Riverside County's elder abuse multidisciplinary team.

**San Diego County District Attorney's Office | San Diego | CA | \$88,116**

To expand San Diego County's Family Justice Center to include an elder abuse and neglect component.

**San Diego State University Research Foundation | San Diego | CA | \$69,866**

To support the development of an advanced training program for adult protective service workers.

**University of California, Davis | Davis | CA | \$13,500**

To support the reprinting of a 60-page handbook on elder abuse.

**University of California, Irvine | Irvine | CA | \$339,256**

To establish a Center of Excellence in Elder Abuse and Neglect.

**University of California, Irvine | Irvine | CA | \$50,723**

To support convening and technical assistance to the Foundation's Elder Abuse and Neglect Initiative grantees.

**University of California, Irvine | Irvine | CA | \$78,390**

To conduct an assessment of the State of California Adult Protective Service's reporting and data collection system.

**University of California, Los Angeles | Los Angeles | CA | \$14,893**

To develop, test, and disseminate a training curriculum on elder abuse and neglect for dental health professionals.

**University of California, San Francisco | San Francisco | CA | \$12,600**

To support the dissemination phase of the California Long Term Care Ombudsman Project, funded by the Foundation in 2003.

**University of Southern California, Keck School of Medicine | Los Angeles CA | \$182,624**

To establish the Los Angeles County Elder Abuse Forensic Center at LAC+USC Medical Center.

**WISE Senior Services | Santa Monica | CA | \$104,916**

To support workshops using senior volunteers to educate older adults on financial fraud.

### End-of-Life Issues

**American Society on Aging | San Francisco | CA | \$22,500**

To convene a one-day special program in conjunction with the 2006 Joint Conference of American Society on Aging and the National Council on the Aging on end-of-life issues.

**Oregon Health and Science University | Portland | OR | \$9,000**

To support production of a two-part video on Physician's Orders for Life-Sustaining Treatment.

**Sepulveda Research Corporation | North Hills | CA | \$13,500**

To support the 14th annual Hospice and Palliative Care Conference.

**Tri-City Hospital Foundation | Oceanside | CA | \$24,705**

To support the Lumina program, an end-of-life program for non-hospice patients who are dying in hospital settings.

**University of California, San Francisco | San Francisco | CA | \$87,063**

To support and continue a case-based series published in the Journal of the American Medical Association devoted to end-of-life care, and its companion grand rounds style of conferences.

### Fall Prevention

**Adult Day Services of Orange County | Huntington Beach | CA | \$36,000**

To partially fund the Adult Day Health Care: Partners in Preventing Falls Project.

**Area 1 Agency on Aging | Eureka | CA | \$35,981**

To expand the STRONG program, a strength training curriculum.

**Area Agency on Aging Serving Napa and Solano | Vallejo | CA | \$22,500**

To support the development of a Fall Prevention Coalition to address fall prevention needs for at-risk, underserved older adults aged 75 and older, including Latinos living in Napa County.

**Caring Choices | Oroville | CA | \$22,500**

To support the development of the Northern California Fall Prevention Coalition.

**Costa Mesa Senior Center | Costa Mesa | CA | \$13,500**

To expand the fall prevention program.

**County of Nevada, Human Services Agency | Nevada City | CA | \$22,500**

To support the development of the Nevada County Fall Prevention Coalition.

**County of Santa Barbara | Santa Barbara | CA | \$22,500**

To develop a Fall Prevention Task Force in Santa Barbara County.

**Jewish Family Service of Los Angeles | Los Angeles | CA | \$36,000**

To expand the fall prevention program by providing a multi-factorial approach to reduce the risk of falls among older adults.

**National Council on Aging | Washington | DC | \$180,000**

To support the Falls Free Initiative, a national effort to implement fall prevention strategies in other states.

**ONEgeneration | Van Nuys | CA | \$36,000**

To implement a multifactorial fall prevention program that incorporates balance and mobility training, medical management, and environmental safety and modification components.

## Rebuilding Together, Long Beach | Long Beach | CA | \$13,500

To support the Safe-Stay program, providing minor home improvements to older adults in the greater Long Beach area to reduce the risks of falls, injuries, and deaths.

## Rebuilding Together, Orange County | Tustin | CA | \$22,500

To support the development of the Down with Falls Coalition in Orange County.

## Saint Mary Medical Center Foundation | Long Beach | CA | \$35,860

To expand its current fall prevention lecture series into a coordinated, comprehensive Seniors Fall Prevention Program.

## San Francisco Adult Day Services Network | San Francisco | CA | \$36,000

To expand the current fall prevention program by examining the effectiveness of the clinical care guidelines for fall prevention in Adult Day Health Care Centers.

## United Seniors of Oakland and Alameda County | Oakland | CA | \$13,500

To support the 2006 Senior Injury Prevention Conference.

## Family Violence and Sexual Assault Institute | San Diego | CA | \$1,490

To support a pre-conference convening of elder abuse experts to prioritize needs and develop actionable strategies to reduce and prevent elder abuse and neglect at the 10th International Conference on Family Violence.

## University of California, Davis | Davis | CA | \$1,500

To support the reprinting of a 60-page handbook on elder abuse.

## University of California, Irvine | Irvine | CA | \$24,834

To establish a regional Elder Abuse Forensic Center to provide comprehensive services to abused and neglected seniors.

## Volunteer Center of Riverside County | Riverside | CA | \$1,500

To support the Long-Term Care Ombudsman program.

## WISE Senior Services | Santa Monica | CA | \$10,000

To support the expansion of the Long-Term Care Ombudsman elder abuse and complaint services in Los Angeles County.

## Responsive Grantmaking

### Adult Day Services of Orange County | Huntington Beach | CA | \$35,758

To support outreach and education activities on dementia.

### Catholic Charities of Los Angeles, Inc. | Los Angeles | CA | \$51,306

To support the Gatekeeper Project, a safety net service for homebound and low-income seniors.

### Downtown Women's Center | Los Angeles | CA | \$9,000

To support the provision of health services to elderly, homeless women on Skid Row.

### Grantmakers In Aging, Inc. | Dayton | OH | \$58,500

To support the development and implementation of the Resource Center for Aging and Philanthropy.

### Legal Services of Northern California | Sacramento | CA | \$90,000

To expand legal assistance and services into Southern California.

### Los Angeles Free Clinic | Los Angeles | CA | \$13,500

To support dental and case management services for low-income seniors.

### ONEgeneration | Van Nuys | CA | \$27,000

To provide access for low-income seniors to benefit from adult day care services.

### Saint Joseph Center | Venice | CA | \$13,500

To support outreach services to homeless seniors and those at risk of becoming homeless.

### Venice Family Clinic | Venice | CA | \$36,000

To support outreach, healthcare and educational services to uninsured Latino older adults.

### WISE Senior Services | Santa Monica | CA | \$45,000

To support adult day care services.

## End-of-Life Issues

### Coda Alliance | San Jose | CA | \$9,530

To support the development of an end-of-life education program for residents, family members and staff of assisted living facilities.

### Compassion and Choices | Denver | CO | \$6,710

To support a public education program on end-of-life options.

### The Elizabeth Hospice Foundation | Escondido | CA | \$10,750

To support continuation of the complimentary therapies training program for hospice volunteers and staff.

### Motion Picture & Television Fund | Woodland Hills | CA | \$4,141

To support the development of a palliative care program.

### Sepulveda Research Corporation | North Hills | CA | \$1,500

To support a conference for hospice and palliative care providers.

## Fall Prevention

### California State University, Fullerton | Fullerton | CA | \$300,812

To support the development of a Fall Prevention Center of Excellence.

### City of Claremont | Claremont | CA | \$1,000

To support continuation of a balance and mobility program to reduce the risk of falls in the elderly.

### Mizell Senior Center | Palm Springs | CA | \$5,000

To support a fall prevention program in the Coachella Valley.

### National Council on Aging | Washington | DC | \$19,992

To support a national two-day summit on fall prevention and the development of a national action plan for the prevention of falls.

### Partners in Care Foundation | San Fernando | CA | \$112,500

To support physical activity of seniors using a case management model.

### Rebuilding Together, Long Beach | Long Beach | CA | \$2,850

To support the Safe Stay program to provide home modifications and repairs for older adults in the greater Long Beach area.

### Sepulveda Research Corporation | North Hills | CA | \$247,820

To support the development of a Fall Prevention Center of Excellence.

### United Seniors of Oakland and Alameda County | Oakland | CA | \$1,000

To support the 2005 Senior Injury Prevention Conference.

### University of California, Los Angeles | Los Angeles | CA | \$69,073

To support the development of a Fall Prevention Center of Excellence.

### University of California, San Francisco | San Francisco | CA | \$3,403

To establish an Active Aging Community Task Force in Los Angeles County.

## Continuing Grants 2006

### Elder Abuse & Neglect

#### American Society on Aging | San Francisco | CA | \$1,500

To support a multi-session track on Elder Abuse at the 2005 Joint Conference of the American Society on Aging and the National Council on the Aging.

#### California Department of Aging | Sacramento | CA | \$1,500

To support a two-day training on elder and dependent adult abuse for legal service providers.

#### Conejo Valley Senior Concerns | Thousand Oaks | CA | \$9,000

To support continuation of the financial abuse specialist team in Ventura County.

# Grants Authorized in Fiscal Years 2006/2007

## Continuing Grants 2006 (continued)

**University of Illinois | Champaign | IL | \$47,126**

To support the integration of Qi Gong/Tai Chi programs into the aging network.

**University of Southern California | Los Angeles | CA | \$704,899**

To support the development of a Fall Prevention Center of Excellence.

### Responsive Grantmaking

**Adult Day Services of Orange County | Huntington Beach | CA | \$4,590**

To support continuation of the Dementia Education Collaborative to provide education and outreach to multi-ethnic communities.

**Alliance for Leadership and Education | Sacramento | CA | \$10,000**

To support redesign of California's Adult Day Health Care programs.

**Alternative Living for the Aging | West Hollywood | CA | \$1,000**

To support affordable housing options for low-income older adults.

**California State University, Long Beach Foundation | Long Beach | CA | \$205,336**

To support a statewide geriatric workforce development project.

**Catholic Charities of Los Angeles, Inc. | Los Angeles | CA | \$4,924**

To provide safety-net services for homebound and low-income seniors in the greater Long Beach area.

**Downtown Women's Center | Los Angeles | CA | \$1,000**

To support health outreach services for homeless older women.

**Family Caregiver Alliance | San Francisco | CA | \$5,000**

To support a consensus conference to develop a family caregiver assessment tool.

**Info Link Orange County | Costa Mesa | CA | \$4,000**

To support the development of information and referral services for older adults in Orange County.

**Latino Health Access | Santa Ana | CA | \$10,000**

To support community health outreach and supportive services to Latino elders in Orange County.

**LifeLong Medical Care | Berkeley | CA | \$13,757**

To support access to insurance benefits for low-income seniors in Alameda County and Contra Costa County through community outreach and use of the BenefitsCheckUp software program.

**Los Angeles Free Clinic | Los Angeles | CA | \$4,000**

To support continuation of dental and case management services for low-income older adults.

**Saint Joseph Center | Venice | CA | \$1,500**

To support continuation of outreach services to homeless older adults.

**Sally's Fund, Inc. | Laguna Beach | CA | \$660**

To support transportation services to low-income older adults.

**Salvation Army | Los Angeles | CA | \$3,000**

To support adult day care scholarships for low-income seniors in San Pedro and Torrance.

**Sharp HealthCare Foundation | San Diego | CA | \$9,118**

To support continuation of the delivery of mental health and homeless services to low-income seniors residing in downtown San Diego.

**Southern California Presbyterian Homes | Glendale | CA | \$11,984**

Support for money and case management services for seniors in retirement housing.

**University of California, Los Angeles | Los Angeles | CA | \$2,028**

To support the development of protocols for nursing home staff to improve and enhance treatment and care.

**University of California, Los Angeles | Los Angeles | CA | \$97,845**

To support the expansion of the memory training program for seniors.

## New Grants 2007

### Elder Abuse & Neglect

**Alliant International University | San Diego | CA | \$13,500**

To support an elder abuse track at the 12th International Conference on Violence, Abuse and Trauma.

**Bet Tzedek | Los Angeles | CA | \$45,000**

To support the Nursing Home Advocacy Project.

**Legal Assistance for Seniors | Oakland | CA | \$10,000**

To support a two-day legal services provider training on elder and dependent adult abuse.

**National Adult Protective Services Foundation | Boulder | CO | \$13,500**

To support a national conference for adult protective services workers.

**University of California, Irvine | Irvine | CA | \$49,005**

To support the inclusion of caregiver neglect in a National Institute on Aging-funded research project to develop and validate a criterion standard for elder mistreatment.

**WISE Senior Services | Santa Monica | CA | \$45,000**

To expand the complaint and investigation component of the Long-Term Care Ombudsman Program.

### End-of-Life Issues

**Brentwood Biomedical Research Institute | Los Angeles | CA | \$88,256**

To develop, implement and evaluate the impact of an expansion of the clinical care and educational mission of the Palliative Care Service at the Veteran's Administration of Greater Los Angeles.

**City of Hope National Medical Center | Duarte | CA | \$194,555**

To promote palliative care in California nursing schools by offering two courses of the End-of-Life Nursing Education Consortium (ELNEC) training program.

**Health Research Association | Los Angeles | CA | \$85,947\***

To support the Emergency Department Hospice Emergency Liaison Program at LAC+USC Medical Center.

**Kaiser Permanente, Bellflower | Bellflower | CA | \$89,991\***

To develop an interdisciplinary consultative inpatient palliative care program.

**Saint Mary Medical Center Foundation | Long Beach | CA | \$9,000**

To support capacity building activities to establish a palliative care program.

**San Diego Hospice and Palliative Care | San Diego | CA | \$180,000**

To develop and implement a palliative care training, mentorship, and technical assistance program for long-term care facilities in the State of California.

**Sepulveda Research Corporation | North Hills | CA | \$13,500**

To host the 15th Annual Hospice and Palliative Care Conference.

**Southern California Cancer Pain Initiative | Duarte | CA | \$13,500**

To support the second annual conference "Promoting Excellence in Pain Management & Palliative Care for Social Workers."

**St. John's Healthcare Foundation | Oxnard | CA | \$90,000\***

To support expansion of palliative care services in the critical care units and emergency departments.

**University of California, Los Angeles | Los Angeles | CA | \$90,000\***

To support a palliative care service at both the Westwood and Santa Monica medical Center campuses.

**University of California, Los Angeles | Los Angeles | CA | \$11,964**

To develop a palliative-care program for elderly patients in intensive care units.

**University of California, San Francisco | San Francisco | CA | \$81,864\***

To provide convening and evaluation of the Foundation's Hospital-Based Palliative Care Service Innovation Projects.

**University of California, San Francisco | San Francisco | CA | \$93,075**

To support the Palliative Care Leadership Center, a training program to develop hospital-based palliative care services.



# Grants Authorized in Fiscal Year 2007

## University of California, San Francisco | San Francisco | CA | \$83,265

To support and continue a case-based series published in the Journal of the American Medical Association (JAMA) devoted to end-of-life care, and its companion grand rounds style conferences.

\*Grants were authorized in fiscal year 2007 with payments starting in fiscal year 2008.

## Fall Prevention

### Rebuilding Together, Long Beach | Long Beach | CA | \$13,500

To provide minor home improvements to older adults in the greater Long Beach area to reduce the risks of falls, injuries, and deaths.

### United Seniors of Oakland and Alameda County | Oakland | CA | \$13,500

To support the 2007 Senior Injury Prevention Conference.

### University of Southern California | Los Angeles | CA | \$180,366

To support six community-based organizations in Orange and Los Angeles Counties in developing, operating, and evaluating senior center-based model fall prevention projects.

## Responsive Grantmaking

### Alzheimer's Association, Los Angeles Chapter | Los Angeles | CA | \$45,000

To support expansion of the Early Memory Loss and Dementia Project.

### Arthritis Foundation, Southern California Chapter | Los Angeles | CA | \$49,500

To pilot a Spanish version of the Arthritis Foundation Exercise Program in East Los Angeles.

### Catholic Charities of Los Angeles, Inc. | Los Angeles | CA | \$48,960

To support the Gatekeeper Project, a safety net service for homebound and low-income seniors.

### Los Angeles Free Clinic | Los Angeles | CA | \$22,500

To support of the Clinic's free dental and case management services for low-income seniors.

### National Academy of Sciences | Washington | DC | \$45,000

To conduct a national consensus study and develop a report characterizing the optimal health care workforce for an aging America.

### Saint Joseph Center | Venice | CA | \$13,500

To support outreach services to homeless seniors and older adults at risk of becoming homeless.

## Continuing Grants 2007

## Elder Abuse & Neglect

### Area Agency on Aging Serving Napa and Solano | Vallejo | CA | \$36,710

To establish a fiduciary abuse specialist team in Solano County.

### Bet Tzedek | Los Angeles | CA | \$9,050

To support continuation of advocacy services for institutionalized elders in need of legal aid to protect them from abuse and assure quality of care.

### City College of San Francisco | San Francisco | CA | \$54,286

To develop a curriculum in elder abuse and neglect identification and prevention for first responders.

### City of Long Beach | Long Beach | CA | \$29,905

To establish a multidisciplinary elder abuse prevention team in Long Beach.

### Conejo Valley Senior Concerns | Thousand Oaks | CA | \$6,985

To support the Ventura County financial abuse specialist team.

### Council on Aging Silicon Valley | San Jose | CA | \$119,790

To support a home lending protection project for elders who have been victimized.

## County of San Bernardino, Arrowhead Regional Medical Center.

Colton | CA | \$39,006

To establish an elder abuse multidisciplinary team in San Bernardino County.

## County of Santa Clara, California | San Jose | CA | \$57,530

To develop an elder abuse education, training, prevention, and support program for clergy.

## Elder Financial Protection Network | Novato | CA | \$37,844

To establish an elder abuse multidisciplinary team in Marin County.

## Institute on Aging | San Francisco | CA | \$38,560

To develop a multidisciplinary team to provide clinical expertise to the elder abuse community in San Francisco.

## Judicial Council of California Administration Office of the Courts

San Francisco | CA | \$76,807

To conduct an assessment of the needs of abused elders who come to court to obtain protection from their abusers, the barriers they face in coming to court, and the effectiveness of court programs to assist these elderly litigants.

## National Adult Protective Services Foundation | Boulder | CO | \$10,000

To support training of adult protective service workers at the 17th Annual Meeting of the National Adult Protective Services Association.

## National Center for State Courts | Williamsburg | VA | \$1,500

To support a national workgroup meeting regarding elder abuse and the court system.

## Riverside County Regional Medical Center | Moreno Valley | CA | \$39,000

To develop a self-neglect assessment team as a component of the county's elder abuse Multidisciplinary Team (MDT).

## San Diego County District Attorney's Office | San Diego | CA | \$284,984

To expand San Diego County's Family Justice Center to include an elder abuse and neglect component.

## San Diego State University Research Foundation | San Diego | CA | \$80,684

To support the development of an advanced training program for adult protective service workers.

## University of California, Irvine | Irvine | CA | \$367,744

To establish a Center of Excellence in Elder Abuse and Neglect.

## University of California, Irvine | Irvine | CA | \$51,729

To support convening and technical assistance to the Foundation's Elder Abuse & Neglect grantees.

## University of California, Irvine | Irvine | CA | \$103,056

To conduct an assessment of the State of California Adult Protective Service's reporting and data collection system.

## University of California, Los Angeles | Los Angeles | CA | \$17,143

To develop, test, and disseminate a training curriculum for dental health professionals.

## WISE Senior Services | Santa Monica | CA | \$104,739

To support workshops using senior volunteers to educate peers on financial fraud.

## University of Southern California, Keck School of Medicine

Los Angeles | CA | \$175,018

To establish the Los Angeles County Elder Abuse Forensic Center at LAC+USC Medical Center.

## End-of-Life Issues

### American Society on Aging | San Francisco | CA | \$2,500

To convene a one-day special program in conjunction with the 2006 Joint Conference of American Society on Aging and the National Council on the Aging on end-of-life issues.

### California Coalition for Compassionate Care | Sacramento | CA | \$77,500

To provide the California Coalition for Compassionate Care with organizational support to further build capacity of end-of-life care services in California.

# Grants Authorized in Fiscal Year 2007

## Continuing Grants 2007 (continued)

**City of Hope National Medical Center | Duarte | CA | \$21,617**  
To support the offering of the End-of-Life Nursing Education Consortium training program in Southern California.

**Oregon Health and Science University | Portland | OR | \$1,000**  
To support production of a two-part video on Physician's Orders for Life-Sustaining Treatment.

**Sepulveda Research Corporation | North Hills | CA | \$1,500**  
To support the 14th annual Hospice and Palliative Care Conference.

**Tri-City Hospital Foundation | Oceanside | CA | \$2,745**  
To support the Lumina program, an end-of-life program for non-hospice patients who are dying in hospital settings.

**University of California, San Francisco | San Francisco | CA | \$9,673**  
To support and continue a case-based series published in the Journal of the American Medical Association, devoted to end-of-life care, and its companion grand rounds style of conferences.

### Fall Prevention

**California State University, Fullerton | Fullerton | CA | \$270,995**  
To support the development of a Fall Prevention Center of Excellence.

**Costa Mesa Senior Center | Costa Mesa | CA | \$1,500**  
To expand the fall prevention program.

**Partners in Care Foundation | San Fernando | CA | \$12,500**  
To support physical activity of seniors using a case management model.

**Rebuilding Together, Long Beach | Long Beach | CA | \$1,500**  
To expand the fall prevention program.

**Rebuilding Together, Orange County | Tustin | CA | \$1,500**  
To support home repairs for low-income elderly in Orange County.

**Sepulveda Research Corporation | North Hills | CA | \$260,584**  
To support the development of a Fall Prevention Center of Excellence.

**United Seniors of Oakland and Alameda County | Oakland | CA | \$1,500**  
To support the 2006 Senior Injury Prevention (SIP) Conference.

**University of California, Los Angeles | Los Angeles | CA | \$73,390**  
To support the development of a Fall Prevention Center of Excellence.

**University of Southern California | Los Angeles | CA | \$813,901**  
To support the development of a Fall Prevention Center of Excellence.

### Responsive Grantmaking

**Adult Day Services of Orange County | Huntington Beach | CA | \$3,973**  
To support outreach and education activities on dementia.

**Alliance for Leadership and Education | Sacramento | CA | \$100,000**  
To support redesign of California's Adult Day Health Care programs.

**Alzheimer's Association, Los Angeles Chapter | Los Angeles | CA | \$13,500**  
To support continuation of services for individuals and families with early-stage Alzheimer's disease.

**Alzheimer's Association, San Diego Chapter | San Diego | CA | \$4,000**  
To support continuation of respite services for families caring for elders with Alzheimer's disease in Imperial County.

**California Council on Gerontology and Geriatrics | Los Angeles | CA | \$80,683**  
To provide organizational support to build capacity to further promote geriatric and gerontology workforce development in California.

**California State University, Long Beach Foundation | Long Beach | CA | \$19,773**  
To support a statewide geriatric workforce development project.

**Catholic Charities | Los Angeles | CA | \$5,701**  
To support continued funding for the Gatekeeper Project, a safety net service for homebound and low-income seniors.

**Community Hospital of Long Beach | Long Beach | CA | \$12,485**  
To support continuation of an Intergenerational Resource Center.

**Disability Funders Network | DC | \$1,500**  
To support the development of resource materials for funders on emergency preparedness for disabled elders.

**Downtown Women's Center | Los Angeles | CA | \$1,000**  
To support the provision of health services to elderly, homeless women on Skid Row.

**Friendship Adult Day Care Center | Santa Barbara | CA | \$1,000**  
To support continuation of an educational program to raise awareness of the needs of isolated and at-risk seniors residing in the community.

**Irvine Adult Day Health, Inc. | Irvine | CA | \$3,500**  
To support development of a marketing plan for adult day services in Orange County.

**Grantmakers In Aging, Inc. | Dayton | OH | \$6,500**  
To support the development and implementation of the Resource Center on Aging and Philanthropy.

**Jewish Family and Children's Service of Long Beach | Long Beach | CA | \$1,422**  
To support continued field work training of MSW students specializing in gerontology.

**Jewish Family and Children's Service | San Francisco | CA | \$2,500**  
To support development of a marketing plan for adult day services in Orange County.

**Jewish Family Service of Los Angeles | Los Angeles | CA | \$10,000**  
To support substance abuse and mental health services for low-income older adults in Los Angeles County.

**Jewish Family Service of Los Angeles | Los Angeles | CA | \$1,500**  
To support distribution of special dietary food items for low-income seniors.

**Legal Services of Northern California | Sacramento | CA | \$10,000**  
To expand service capacity and outreach into Southern California.

**Little Tokyo Service Center, Inc. | Los Angeles | CA | \$11,600**  
To support expansion of services to low-income seniors in Los Angeles County.

**Los Amigos Research and Education Institute, Inc. | Downey | CA | \$7,622**  
To support adult day health care services for low-income seniors.

**Los Angeles Free Clinic | Los Angeles | CA | \$1,500**  
To support of the Clinic's free dental and case management services for low-income seniors.

**Micronesian Seminar | Pohnpei | FM | \$1,288**  
To support community outreach to improve health and education services in the Federated States of Micronesia.

**ONEgeneration | Van Nuys | CA | \$3,000**  
To provide access for low-income seniors to benefit from adult day-care services.

**Saint Joseph Center | Venice | CA | \$1,500**  
To support outreach services to homeless seniors and those at risk of becoming homeless.

**Stroke Association of Southern California | Los Angeles | CA | \$1,500**  
To support a post-hospital stroke rehabilitation project.

**University of California, Berkeley | Berkeley | CA | \$7,534**  
To support assessment of caregiver support services utilization and improve services in California.

**University of California, San Francisco | San Francisco | CA | \$1,400**  
To support dissemination phase of the California Long-Term Care Ombudsman Project, funded by the Archstone Foundation in 2003.

**Venice Family Clinic | Venice | CA | \$40,000**  
To support outreach, healthcare, and education to uninsured Latino older adults with diabetes.

**WISE Senior Services | Santa Monica | CA | \$5,000**  
To support adult day care services.

# Funding Priorities and Grant Guidelines

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The Foundation's funding priorities reflect the desire to prepare society for an aging population. Building upon aging trends, research, and program innovation, the Foundation's mission is accomplished through strategic initiatives and responsive grantmaking. The Foundation's funding priorities are:

- Elder Abuse & Neglect
- End-of-Life Issues
- Fall Prevention
- Responsive Grantmaking

## Strategic Initiatives

The Archstone Foundation is funding the following three priority areas: elder abuse & neglect, end-of-life issues, and fall prevention through Foundation-directed strategic initiatives. Funding within each of the initiative areas will be made available through competitive Requests for Proposals and solicited processes. Announcement of funding opportunities will be presented through the issuance of Requests for Proposals that may be found on the Foundation's Web site and through mailings. If you would like to be notified of future funding opportunities, please contact the Foundation.

## Responsive Grantmaking

Responsive grantmaking is the Foundation's strategy to direct resources to emerging and unmet needs within the field of aging. The following categories are examples of the types of issues the Foundation may consider through this grantmaking strategy:

- Access to care
- Adult day services
- Caregiver support
- Disability services
- Healthy aging
- Housing
- Medication management
- Mental health/substance abuse
- Professional education and training
- Promoting aging in place
- Transportation

## Letter of Inquiry Requirements

The Foundation's Responsive Grantmaking process accepts unsolicited funding inquiries on an ongoing basis. Initial contact should be in the form of a letter of inquiry, no more than three pages (first four bullets below) and include the following information:

- A brief description of the program and its rationale
- A statement of the program's goals and objectives
- A brief description of the population to be served

- A description of the evaluation activities and desired outcomes
- A preliminary budget (please use the Foundation's budget template – downloadable from the Foundation's Web site)
- A completed Letter of Inquiry Grant Application Coversheet (downloadable from the Foundation's Web site)

In addition, the following three items should be included with the letter of inquiry:

1. A copy of the organization's tax exempt status letter
2. A copy of the organization's most recent IRS Form 990
3. A copy of the organization's most recent audited financial statement

\* Faxed letters of inquiry will not be accepted.

## Review Process

The Foundation accepts unsolicited letters of inquiry on an ongoing basis through the Foundation's responsive grantmaking process. Letters of inquiry are reviewed by staff monthly. If the request falls within the funding priorities of the Foundation, the organization will be invited to submit a full proposal for funding consideration.

## Geographic Focus

In recognition of the source of the Foundation's endowment, priority is given to proposals serving the Southern California region. Proposals from outside Southern California may be considered if they serve the state as a whole, are demonstration projects with potential for replication in California, or have a regional or national impact. Projects that have the potential to improve practice in the field of aging may also be considered.

## Exclusions

The Foundation will not consider support of:

- Organizations without 501(c)(3) designation or individuals (although some government-sponsored projects may be considered)
- Biomedical research
- Capital expenditures, bricks and mortar, or building campaigns
- Endowments or fund-raising events

Letters of Inquiry should be directed to:

E. Thomas Brewer  
Director of Programs  
Archstone Foundation  
401 E. Ocean Blvd., Suite 1000  
Long Beach, CA 90802  
Phone: (562) 590-8655  
E-mail: [tbrewer@archstone.org](mailto:tbrewer@archstone.org)



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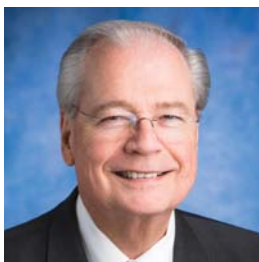


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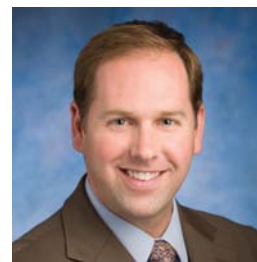
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