



Twenty

Facing the future.



ARCHSTONE
FOUNDATION

Organizations Awarded Grants

Acacia Adult Day Health Services
 Access Center of San Diego
 Adult Day Services of Orange County
 Alliance for Aging Independently
 Alliance for Aging Research
 Alliance for Leadership and Education
 Alliance on Aging
 Alliant International University
 AltaMed Health Services Corporation
 Alternative Living for the Aging
 Alzheimer's Association
 Alzheimer's Association, Los Angeles Chapter
 Alzheimer's Association, Salt Lake City Chapter
 Alzheimer's Association, San Diego Chapter
 Alzheimer's Association,
 Ventura County Chapter
 Alzheimer's Disease and Related Disorders
 Association of Orange County
 Alzheimer's Disease Association,
 Greater Phoenix Chapter
 Alzheimers Services of the East Bay, Inc.
 American Association of Bioethics
 American Heart Association
 American Lung Association of Long Beach
 American Managed Care and
 Review Association
 American Medical Student Association
 American Parkinson Disease Association, Inc.
 American Public Health Association
 American Public Welfare Association
 American Red Cross, Bonneville Chapter
 American Society on Aging
 Americans for Better Care of the Dying
 Area 1 Agency on Aging
 Area Agency on Aging Serving Napa and
 Solano Counties
 Arizona Health Decisions
 Arthritis Foundation,
 Southern California Chapter
 Arts and Services for Disabled, Inc.
 Assistance League of Southern California
 Association of Academic Health Centers
 Bayside Community Center
 Berkeley Repertory Theatre
 Bernal Heights Neighborhood Center
 Bet Tzedek
 Brentwood Biomedical Research Institute
 California Coalition for Compassionate Care
 California Council on Gerontology and
 Geriatrics
 California Department of Aging
 California Department of Health Services
 California Health Advocates
 California Health Decisions
 California Medical Association Foundation
 California Pools of Hope, Inc.
 California State University,
 Dominguez Hills Foundation
 California State University, Fullerton
 California State University,
 Long Beach Foundation
 California State University, Los Angeles
 Camarillo Hospice
 Canine Companions for Independence
 Canvasback Missions
 Caregivers - Volunteers Assisting the Elderly
 Caring Choices
 Casa Colina Centers for Rehabilitation
 Foundation
 Casa Teresa
 Catholic Charities of Los Angeles, Inc.
 Catholic Community Services of Utah

Catholic Social Services
 Center for Healthy Aging
 Center for the Partially Sighted
 Chapman University School of Law
 Charles R. Drew University of Medicine and
 Science
 Chi Eta Phi Sorority
 Choice in Dying
 Christian Outreach Appeal
 Chuuk Catholic Mission
 City College of San Francisco
 City of Claremont
 City of Hope National Medical Center
 City of Long Beach
 Coalition of Orange County Community Clinics
 Coda Alliance
 College of Micronesia
 Community Care
 Community Hospital of Long Beach
 Community Nursing Services
 Community Partners In Caring
 Community Senior Services
 Community Services Council
 Compassion and Choices
 Conejo Valley Senior Concerns
 Costa Mesa Senior Center
 Council on Aging Silicon Valley
 Council on Social Work Education
 County of Nevada, Human Services Agency
 County of Santa Barbara
 County of Santa Clara
 County San Bernardino Arrowhead Regional
 Medical Center
 Death With Dignity National Center
 Didi Hirsch Community Mental Health Center
 Direct Relief International
 Downey Regional Medical Center-Hospital, Inc.
 Downtown Women's Center
 East County Jewish Community Center
 Easter Seals Southern California, Inc.
 Ebeye Community Health Center
 Elder Financial Protection Network
 ElderHelp of San Diego
 Episcopal Community Services of Arizona
 Families USA Foundation
 Family Caregiver Alliance
 Family Service Agency of Santa Barbara
 Family Service Association of
 Western Riverside County
 Family Service of Long Beach
 Family Violence and Sexual Assault Institute
 Federated States of Micronesia
 Feedback Foundation
 Fifty Plus Fitness Centers
 Film Arts Foundation
 Friends of Alzheimer Caregivers
 Friends of Oakland Seniors
 Friendship Adult Day Care Center
 George Washington University
 Gerontological Society of America
 Grandparents As Parents
 Grantmakers In Aging, Inc.
 Health Care Council of Orange County
 Health Reform Action Project
 Health Research Association, Inc.
 Heart Touch Project
 Hospice of Pasadena, Inc.
 Huntington Memorial Hospital
 Info Link Orange County
 Institute for the Future
 Institute on Aging
 Interfaith Action for Aging

Interfaith Volunteer Caregivers
 International City Theatre
 International Documentary Association
 International Society of Technology Assessment
 Irvine Adult Day Health Services, Inc.
 James L. White Jewish Community Center
 Jesuit International Volunteers
 Jewish Community Center of Long Beach
 Jewish Family and Children's Service of
 Long Beach
 Jewish Family Service of Los Angeles
 Jewish Family Services of Salt Lake City
 Jewish Family Services of Santa Monica
 Jewish Free Loan Association
 Judicial Council of California
 Junior League of Salt Lake City
 Kaiser Permanente, Bellflower
 Kaiser Permanente, San Diego
 KCET
 KOCE Foundation
 Korean Health Education, Information &
 Referral Center
 Kosrae Community Action Program
 KRCB Rural California Broadcasting
 Corporation
 Latino Health Access
 Legal Assistance for Seniors
 Legal Services of Northern California
 Lestonnac Free Clinic
 Life Steps Foundation, Inc
 LifeCare Community Services Council
 LifeLong Medical Care
 Little Tokyo Service Center, Inc.
 Long Beach City College Foundation
 Long Beach Council of Parent Teacher
 Associations
 Long Beach Links to Life
 Long Beach Public Library Foundation
 Long Beach Senior Services Fund
 Long Beach Stroke Activity Center
 Long Term Care Services of Ventura County, Inc.
 Los Amigos Research and Education
 Institute, Inc.
 Los Angeles County Adult Day Care Council
 Los Angeles County Medical Association
 Los Angeles Free Clinic
 Los Angeles Jewish Home for the Aging
 Marimed Foundation
 Marshall Islands Youth to Youth in Health
 Mary Health of the Sick
 Mary Knoll Sisters of Yap
 Maternal Outreach Management System
 McDonald Memorial Hospital
 Memorial Medical Center Foundation
 Micronesia Maritime and Fisheries Academy
 Micronesian Seminar
 Minnesota Medical Foundation
 Mizell Senior Center
 Monterey County Ombudsman, Inc.
 Motion Picture & Television Fund
 National Academy of Sciences
 National Adult Family Care Organization
 National Adult Protective Services Foundation
 National Association of RSVP Directors, Inc.
 National Center for State Courts
 National Committee for the Prevention of
 Elder Abuse
 National Council of Jewish Women Los Angeles
 National Council on Aging
 National Foundation for Depressive Illness
 National Governors Association
 National PACE Association

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*The Archstone Foundation is a
private grantmaking organization.
Our mission is to contribute toward
the preparation of society in meeting
the needs of an aging population.*

History

The Archstone Foundation was formed in 1985 through the conversion of a non-profit health maintenance organization, then known as FHP, Inc., to a for-profit corporation. The Foundation became a non-profit grantmaking organization focused on the broad issues of health and health care delivery through a \$47 million endowment resulting from the conversion agreement between the State of California and the FHP Corporation. At the time of the conversion, FHP had hospitals in Southern California, Utah and Micronesia and so the grantmaking activities were focused in those areas.

The Foundation was originally known as the FHP Foundation and changed its name to the Archstone Foundation in 1996 to create a completely separate identity from the FHP Corporation, which was being acquired by PacifiCare Health Systems. The name Archstone Foundation was selected by the Board of Directors as it represented the Foundation's values of building for lasting change and working in partnership with others.

During the 1995-1996 timeframe, the Foundation undertook an extensive assessment of its first 10 years, mission and governance. Through this process the Archstone Foundation's Board of Directors determined that it should narrow the focus of the Foundation's work and concentrate exclusively on issues of aging. While aging had always been a significant part of the Foundation's work, the Board determined that a concentrated effort in a more limited number of areas would allow the Foundation to have a greater impact.

In the years that have followed, the Archstone Foundation has taken a leadership role in the field of aging. It has also contributed significantly to building the capacity of Grantmakers in Aging, a national organization, and encouraging other funders to partner in preparing society to meet the needs of an aging population.

After two decades of operation and approximately 750 grants, the Foundation's grantmaking commitment has surpassed the initial endowment with over \$65 million in grants awarded. Additionally, through the Foundation's prudent investment strategies, its endowment has grown to \$135 million.



Grantmaking Strategies

Responsive Grants

From its inception, the majority of the Foundation's grantmaking came in the form of Responsive Grants, unsolicited requests from the community that were designed to improve the lives of underserved, vulnerable and aging populations. During the first ten years of grantmaking, the Foundation's responsive grantmaking focused on healthcare workforce education and training, and providing support for the delivery of direct services to communities in need.

As the Foundation changed its focus to aging and launched multi-year initiatives, the responsive grantmaking strategy also shifted to responding to unmet and emerging aging needs in communities in Southern California. Responsive grantmaking raised the Foundation's awareness of growing social and health concerns among an aging population. Additionally, it has enabled the Foundation to establish working partnerships with providers and funding partners across the State of California and the nation. Through modest investments in organizations that have been committed to helping others, the Foundation's responsive grantmaking has served as a catalyst for change in many people's lives.

Initiative-Based Grantmaking

The Foundation's responsive grantmaking has led to the Foundation's investments in initiative-based work. Foundation-directed initiative-based grantmaking refers to a targeted investment of funds to a specific topic for an extended period of time. Over the past 20 years, the Foundation has supported nine initiatives addressing salient needs of vulnerable and aging populations.

The Foundation's experience has been that initiative-based grantmaking has enabled the Foundation to concentrate its grantmaking efforts into a few critical social and health problems emerging in California. Through this type of grantmaking, the Foundation's role has been to promote, influence, and support systematic change leading to sustainable efforts to improve health in the vulnerable, underserved and aging populations it serves.

A DECADE OF



DECISIONS

THE FHP FOUNDATION

A TEN YEAR REPORT
1985 to 1995

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the underserved. Our report not only
our past, it helps us look into the future to
ne our grantmaking ventures. Join us
decisions has made a world of difference.

Joseph F. Prevratil
and Chief Executive Officer
The FHP Foundation
November, 1995

First Decade: A Review

During the first ten years of grantmaking, the Foundation supported broad-based public health and health care delivery issues through education and training programs, development and implementation of direct service programs serving vulnerable and underserved populations, and the development of a sustainable health delivery infrastructure in Micronesia. The Foundation also supported a variety of projects that enabled frail elders to reside in their homes, improved the quality of nursing home care, and prepared society for an aging population. The following pages highlight key accomplishments during the first ten years of grantmaking previously identified in the Foundation's *A Decade of Decisions: A Ten Year Report*.



Education and Training

Initially, the Foundation took a systematic approach to developing a trained and knowledgeable healthcare workforce by creating three endowed chairs, totaling \$4.3 million, at universities in California and Utah. The endowed chairs created positions within each of the academic institutions in perpetuity to provide leadership in the interdisciplinary study of health and health behavior.

California State University, Long Beach / Long Beach / CA

The Center for Health Care Innovation (CHCI) addresses issues of the health care system of the future through projects in research, education, and information dissemination. CHCI emphasizes collaboration among disciplines and among the university, the payer, the provider, and consumer communities.

University of California, Irvine / Irvine / CA

The Center for Health Care Management and Policy serves as a nationwide, interdisciplinary link that enables health care scholars, students, business leaders, policy experts, and professionals to share critical knowledge, research, trends, information, and education.

University of Utah / Salt Lake / UT

The Governor Scott M. Matheson Center for Health Care Studies supports education, research, and community service that enables health care professionals to better manage health care services. It seeks opportunities to build a mutual understanding of health policy matters from the perspectives of health care providers, policy makers, and patients.

The Foundation continued its commitment to education and training during the first ten years by funding scholarships, training programs and conferences for allied health professionals to improve care for underserved populations.

University of Utah / Salt Lake / UT

Physician Assistant Program

A two-year project totaling \$120,000 to support the creation of a physician assistant educational training program.

Physician Assistant Scholarship Program and Endowment

A two-year project totaling \$155,000 to support the creation of a scholarship program and endowment for students pursuing physician assistant education and training.

Model Clinical Therapeutics Curriculum Project

A two-year project totaling \$60,000 to develop a national curriculum for physician assistants on how to prescribe and dispense pharmaceuticals.



Direct Services

During the first ten years of grantmaking, the Foundation focused on supporting direct service programs targeting vulnerable and underserved populations. Examples of these types of programs included psycho-social support groups for cancer patients and their families, and access to prenatal care for indigent pregnant women. The Foundation also invested in direct service programming for adults over 65 years of age since the FHP Corporation served a large Medicare population. The Foundation's investments in aging services included increased access to care, programming that enabled older adults to live in their homes, and information and referral services.

Alzheimer's Association, Los Angeles Chapter / Los Angeles / CA

Computerized Telephone Helpline

A one-year project totaling \$71,660 to develop a computerized information and referral system specific to the needs of Alzheimer's patients and their families.

California Health Decisions / Orange / CA

Durable Power of Attorney for Health Care Program

A two-year project totaling \$50,000 to support the documentation of the health care wishes of older adults.

Jewish Family and Children's Services / Long Beach / CA

Surrogate Family Program

A three-year project totaling \$115,590 to provide surrogate family support for medical treatment, transportation, crisis assistance, individual and group counseling and securing domestic assistance.

Jewish Family Services of Los Angeles / Los Angeles / CA

Safe at Home: Senior Home Safety Project

A one-year project totaling \$41,690 to provide a self-help test to help seniors evaluate their home safety.

Senior Health and Peer Counseling / Santa Monica / CA

Mobile Geriatric Outreach Team

A one-year project totaling \$142,787 to support a mobile geriatric outreach team.

United Cambodian Community / Long Beach / CA

Older Southeast Asian Health Project

A two-year program totaling \$212,680 to support outreach activities including translation services and medication-use counseling to Southeast Asian older adults.

University of California, Irvine / Irvine / CA

Interdisciplinary Geriatric Assessment Program

A one-year project totaling \$243,192 to support an interdisciplinary geriatric assessment program.

Utah Rural Community Health Centers / Bicknell / UT

Preventive Healthcare Program for the Elderly

A one-year project totaling \$77,140 to support a preventive health care program for rural seniors.

Visiting Nurse Service of Long Beach / Long Beach / CA

Protective Care for the Frail Elderly

A one-year project totaling \$32,800 to support in-home monitoring of frail elders.



Micronesia

The Foundation's investment in Micronesia seeded the groundwork for the growth of community-based efforts to improve the health care delivery infrastructure for the islands and the health status of island residents. The Foundation supported the training and education of health providers, the implementation of a dispensary model for the islands, development and installation of clean water and sanitation systems, upgraded libraries and laboratories, and supported health promotion activities. In 1999, the Foundation discontinued grantmaking in Micronesia.

Chuuk Catholic Mission / Chuuk / Federated States of Micronesia

Onou Island Solar Water Pumping System

A two-year project totaling \$55,572 to construct an infrastructure for providing potable water year round and to develop a manual to teach other villages how to build solar powered water systems.

College of Micronesia / Pohnpei / Federated States of Micronesia

Upgrading Teaching Equipment and Supplies

Four years of funding totaling \$149,412 to support education and training of nurses and allied health professionals and equipping the training programs with updated teaching materials and resources.

Ebeye Community Health Center / Ebeye / Kwajalein, Marshall Islands

Hospital Renovation

A one-year project totaling \$89,000 to support renovation of the hospital on the island of Ebeye.

Interfaith Volunteer Caregivers / Guam

Assistance with Essential Activities of Daily Living

A three-year project totaling \$90,000 to assist community-dwelling older adults with daily living activities.

Kosrae Community Action Program / Kosrae / Federated States of Micronesia

Development of Community Health Centers

A one-year project totaling \$50,000 to support the replication of a decentralized primary care system that uses community health centers.

Micronesian Seminar / Pohnpei / Federated States of Micronesia

Medical Graduate Support Program

A three-year project totaling \$387,975 to provide training and supervision of the medical school graduates pursuing certification as registered physicians and to develop a continuing medical education system.

Palau Health Services / Koror / Republic of Palau

Dental Outreach Project

A three-year project totaling \$62,163 to develop a preventative dental care program for elementary school students in the Republic of Palau.

Xavier High School / Chuuk / Federated States of Micronesia

Health Careers Training Institute

A two-year project totaling \$59,704 to support a seven-week training course for students interested in an allied health care profession.

YAP Community Action Program / Yap / Federated States of Micronesia

Yap Dispensary Project

A five-year project totaling \$162,410 to revitalize the primary health care system in rural villages in the State of Yap by opening dispensaries and health posts, and to provide training and supervision to health assistants.



Initiative-Based Grantmaking

During its first decade, the Foundation launched three major initiatives targeting vulnerable populations. Through these initiatives, the Foundation supported educational workshops for caregivers, supported social marketing campaigns to raise awareness of and promote healthy behaviors, and promoted interactions between youth and older adults through intergenerational programming.

Who Cares for the Caregiver – A two-year initiative (1992 – 1994) to inform, offer hope and advocate on behalf of caregivers through workshops, a broadcast documentary and a national conference. The initiative served caregivers in understanding their needs, offered healthcare professionals better insight into the real issues and concerns of caregivers, and provided an informational basis for the formulation of public policy. The Foundation invested \$360,564 to support three programs benefiting caregivers and their charges, including the promotion of respite, adult day care and caregiving retreats, and compiling a report of program findings and resources.

Mass Media Projects – During the period of 1994 to 1998, the Foundation supported four social marketing campaigns to raise public awareness through culturally-appropriate messages to promote health behavior changes. The Foundation invested \$1,148,266 in four social marketing campaigns. The campaigns raised awareness about fetal alcohol syndrome in African-American babies, healthy behavior choices among teens, and substance abuse among the White Mountain Apache Tribe.

Bridging the Age Gap – A three-year initiative (1995 – 1998) to promote mutual health benefits for the young and old through intergenerational programs. The goal of the initiative was to make progress towards a better society where seniors serve as role models for youth, and young people benefit from the wisdom and experience of the elderly while providing respectful companionship. The Foundation invested \$274,759 in two intergenerational programs. The program at Friends of Oakland Seniors, formerly Third Age, encouraged and enabled youth to become involved in intergenerational leadership roles and services to reduce crimes and racial harassment against elders living in high-risk neighborhoods. The program at Volunteer Center of the Redwoods developed an intergenerational program with seniors and students from four Humboldt County high schools.

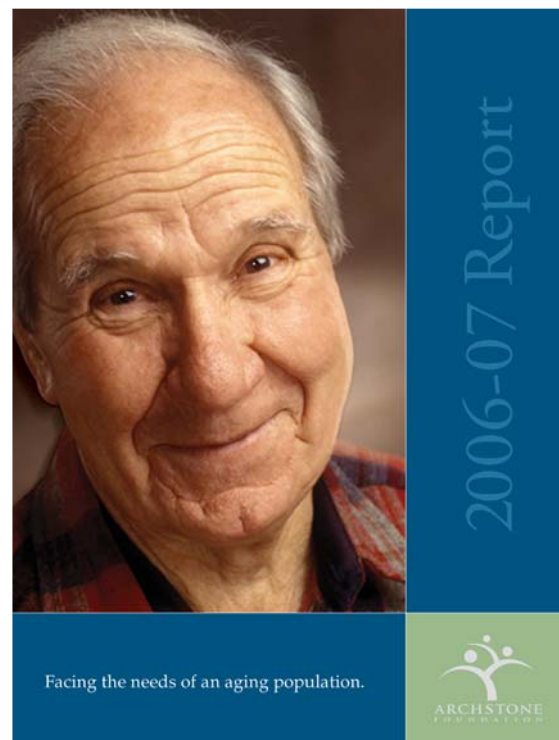
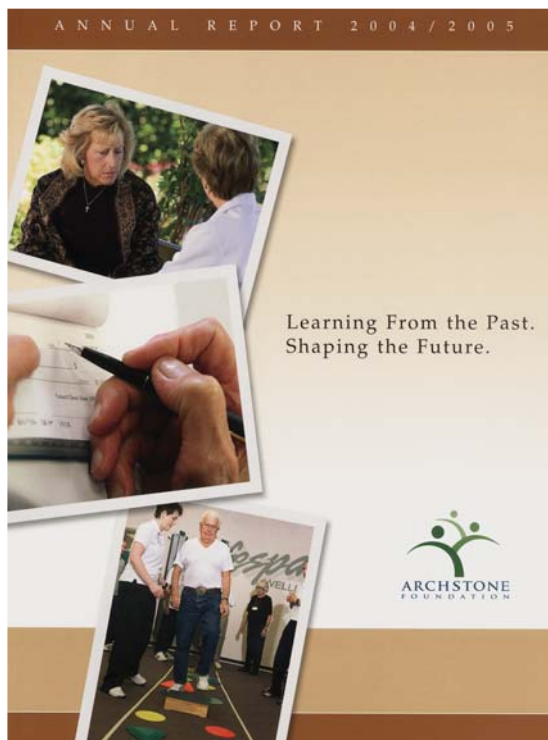
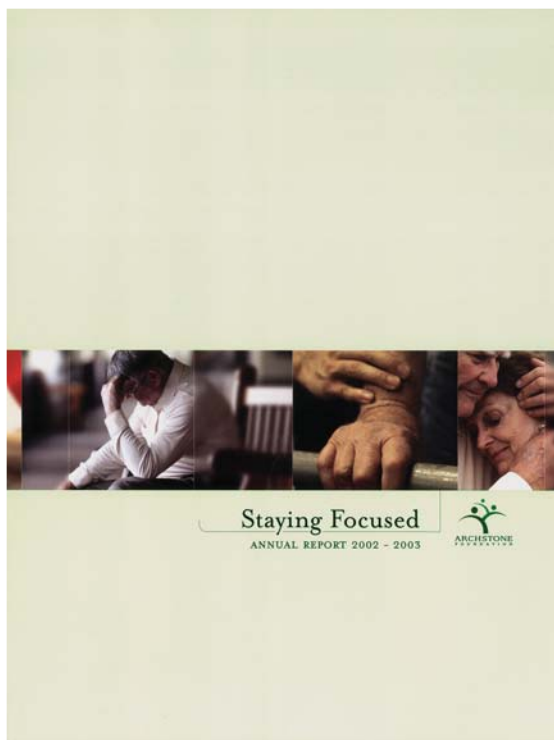
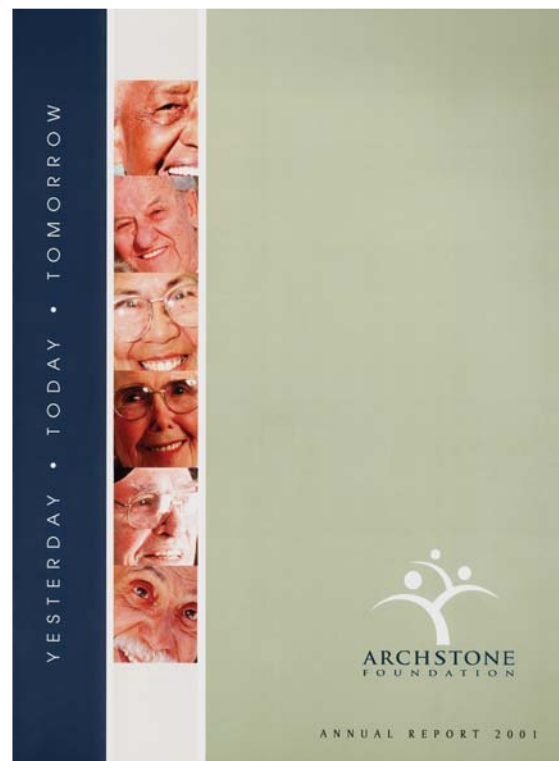
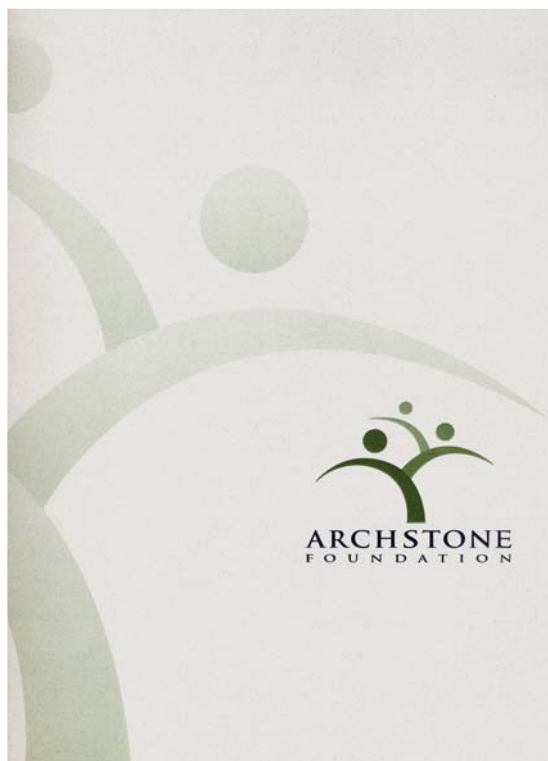
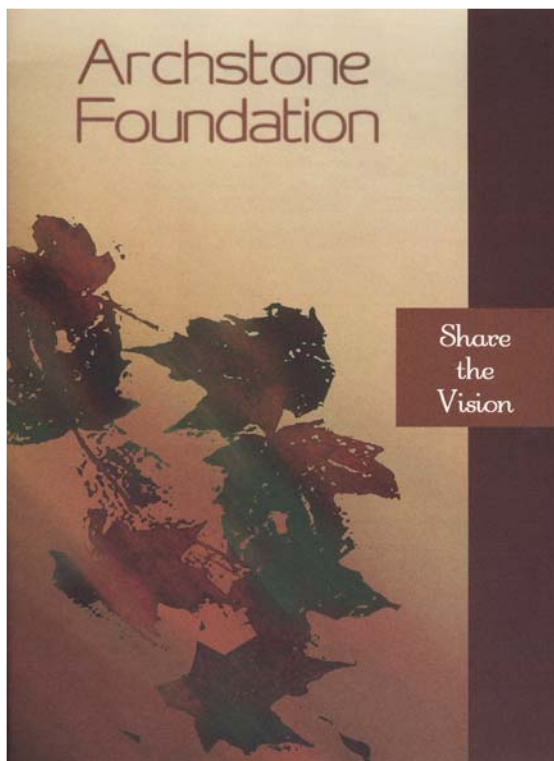
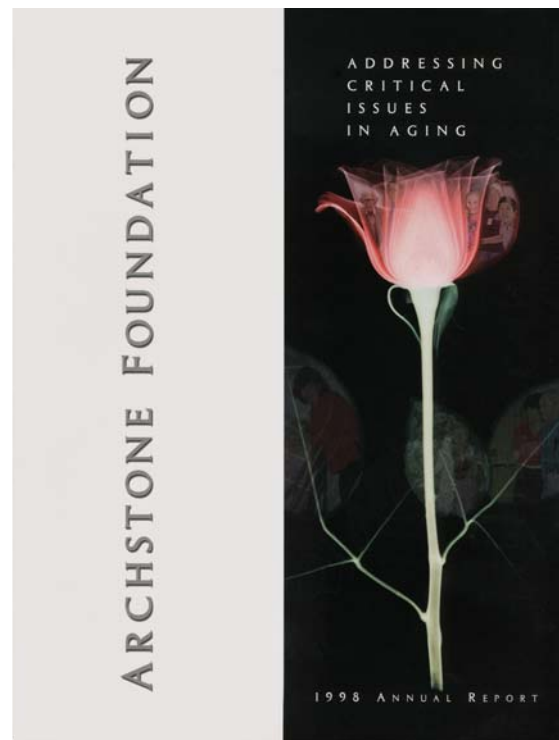
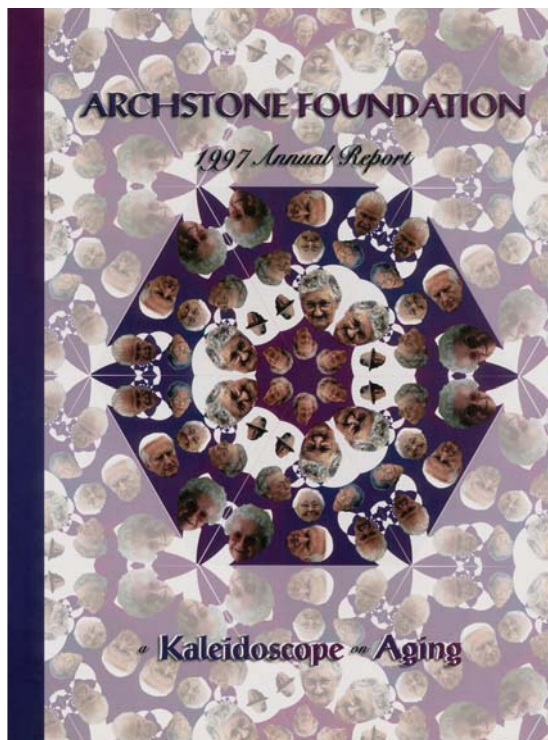
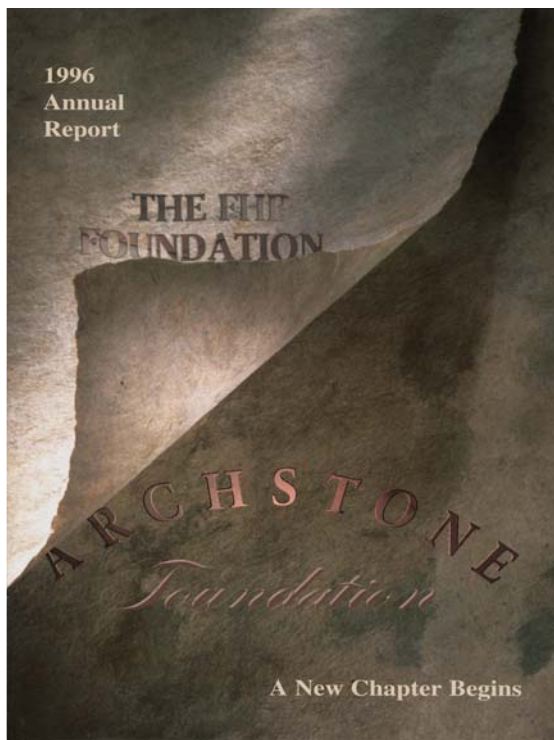


Strategic Change and Operational Refinement

After ten years of grantmaking, the Board of Directors decided that the time was right for a review of the Foundation's mission and grantmaking priorities. During this same period of time, the FHP Corporation was in the process of being acquired by PacificCare Health Systems. As a result, the Foundation's Board of Directors made strategic changes to its mission, changed its name to the Archstone Foundation, and refined operations. The Foundation's mission shifted from a broad focus on health and health care delivery to the preparation of society to meet the needs of an aging population. The compelling rationale for the mission change was related to four issues: 1) the emergence of several well endowed California-based health foundations committed to health and health care delivery issues; 2) the rapid growth of the nation's aging population; 3) the growing need for philanthropic support for this population; and 4) the significant impact the Foundation's funding had made in the field of aging and in the lives of older adults.

In 1995, the Foundation hired its first President and Chief Executive Officer, Joseph F. Prevratil. As a member of the Board of Directors and a successful businessman in the community of Long Beach, Mr. Prevratil brought strong leadership, strategic direction, and long experience in operations management to the Foundation. During his tenure as President and CEO, he has worked with the Board of Directors to refine its grantmaking direction, guided the Foundation in its daily operations, and developed a knowledgeable and capable staff.

During the economic challenges of 2002 and 2003, the Foundation again made strategic changes, narrowing its programmatic focus, and refining its aging strategy by committing to invest in initiative-based grantmaking. The Board of Directors agreed to tackle issues of great significance and complexity that would require financial investment over a longer period than the typical one-or two-year grant. The Board of Directors identified three priority areas for the initiative-based grantmaking: reducing falls among elders, building a continuum of services for victims of elder abuse and neglect, and improving the end-of-life experience of Californians.



Second Decade: A Review

The Foundation's grantmaking during its second decade continued to include responsive grantmaking and initiative-based grantmaking. The focus of responsive grants was to support direct services that would prepare society for an aging population and support the education and training of professionals charged with the care of older adults.



Direct Services

Examples of the direct service support the Foundation provided during its second decade of grantmaking include efforts to: improve access to health and social services for elders, promote aging in place, caregiver support and education, improve the quality of nursing home care, develop programs to assist older adults living with disabilities, outreach to homeless seniors and provide mental health services, and provide support to persons living with dementia. While by no means exhaustive, the following grants are examples of the Foundation's investment in direct services for older adults.

Alzheimer's Association / Chicago / IL

Medicare Advocacy Project

A two-year project totaling \$100,000 to support efforts to educate and advocate for appropriate insurance coverage and care for people with Alzheimer's disease.

Bet Tzedek / Los Angeles / CA

Nursing Home Advocacy Project

Three years of funding totaling \$215,500 to support advocacy services for institutionalized elders in need of legal aid to protect them from abuse and assure quality of care.

Center for the Partially Sighted / Los Angeles / CA

Independent Living Skills Program

Three years of funding totaling \$180,000 to support individualized rehabilitation training in adaptive living techniques for elders with visual impairments.

Jewish Family and Children's Services / Long Beach / CA

Physician Liaison Project

A one-year project totaling \$60,362 to support coordination of health and social services for seniors at-risk of premature institutionalization who want to live independently.

Los Angeles Free Clinic / Los Angeles / CA

Dental and Case Management Services

Seven years of funding totaling \$207,447 to support dental and case management services for low-income seniors.

National Council on Aging / Washington / DC

BenefitsCheckUp

A three-year project totaling \$300,000 to develop and launch an interactive Web site, www.BenefitsCheckUp.org, to inform and assist seniors and their caregivers about public benefits for which they may be eligible.

National Senior Citizens Law Center / Los Angeles / CA

Project Supporting the Implementation of New Nursing Home Legislation

An 18-month project totaling \$151,300 to support education and advocacy efforts to improve the quality of nursing home care.

St. Joseph Center/ Venice / CA

Senior Outreach Project

Ten years of funding totaling \$128,000 to support outreach and supportive services to homeless seniors.

Sharp Healthcare Foundation / San Diego / CA

Inner City Senior Support Services Project

A two-year project totaling \$166,380 to support the provision of mental health and homeless services to low-income seniors residing in downtown San Diego.



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Education and Training

The Foundation's support of education and training during the second decade of grantmaking focused on skill development for social and health professionals charged with the care of older adults. The Foundation also supported assessments of the status of the workforce providing services to older adults, and of the workforce needs to care for an aging population. The Foundation also supported the development of training programs for emerging professionals, conferences that addressed aging issues, and the development of resource materials for physicians, nurses and social workers.

California Coalition for Compassionate Care / Sacramento / CA

Advancing Institutional Change: Improving End-of-Life Care in California's Nursing Homes

A two-year project totaling \$141,186 to support the development of a quality improvement model, *Promising Practices*, designed to enhance skilled nursing facilities training programs on end-of-life care.

California Council on Gerontology and Geriatrics / Los Angeles / CA

Organizational Development

A three-year project totaling \$244,910 to promote geriatric and gerontology workforce development in California.

California State University, Fullerton / Fullerton / CA

FallProof Instructor Training Program

A three-year project totaling \$330,379 to develop a balance and mobility specialist instructor training program for older adults designed to build competency in fall prevention practices.

Institute of Medicine / Washington / DC

Health Care Workforce Consensus Report for an Aging Society

A 15-month project totaling \$50,000 to conduct a national consensus study and develop a report characterizing the optimal health care workforce for an aging America.

National Academy of Sciences / Washington / DC

Health and Safety Needs of Older Workers

An 18-month project totaling \$75,000 to support a study of the health and safety needs of older workers.

National Protective Services Foundation / Boulder / CO

Scholarship Support for California-based Adult Protective Service Workers

A one-year grant totaling \$100,000 to support training of adult protective service workers at the 17th Annual Meeting of the National Adult Protective Services Association.

Partners in Care Foundation / San Fernando / CA

California Social Work Education Consortium

A three-year project totaling \$450,000 to support the implementation of a regionally-based model of an integrated field and academic geriatric social work education program.

San Diego Hospice and Palliative Care / San Diego / CA

End-of-Life Care Education Program for Nursing Students

A one-year project totaling \$41,650 to establish a palliative care training program for nursing students.

University of California, Los Angeles / Los Angeles / CA

Endowed Chair in Geriatrics

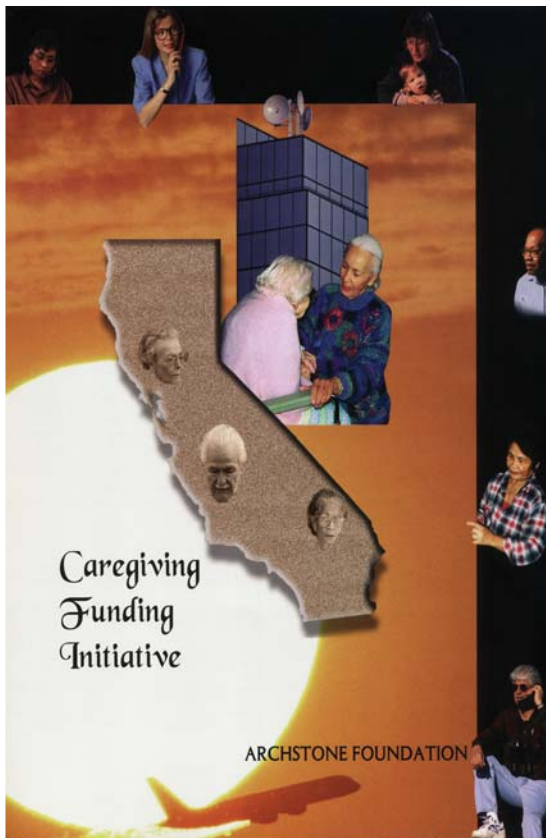
A grant totaling \$1,500,000 to establish an endowed chair in geriatrics within the School of Medicine.

Bulk Rate
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Long Beach, CA

FACING CHOICES IN AGING



**REQUEST
FOR
PROPOSALS**



Caregiving
Funding
Initiative

ARCHSTONE FOUNDATION

PART I

AULT **D**AY **S**ERVICES

Archstone Foundation Project

Prepared by the Beverly Foundation

May 2002

REQUEST FOR PROPOSALS



Elder Abuse &
Neglect Initiative



ARCHSTONE
FOUNDATION

REQUEST FOR PROPOSALS



California Senior
Fall Prevention Projects



ARCHSTONE
FOUNDATION

REQUEST FOR PROPOSALS



Hospital-Based Palliative
Care Service
Innovation Projects



ARCHSTONE
FOUNDATION

Initiative-Based Grantmaking

During the second decade of the Foundation's grantmaking, the Foundation invested in six initiatives that addressed issues of aging in our society. The six initiatives were designed to:

- Develop programs and services to address older adults' desire to maintain independence and age in place;
- Provide support, education and training for long-distance caregivers of elders;
- Review the support of adult day services in California and identify recommendations for future funding;
- Reduce falls among the elderly;
- Establish a continuum of services for older adults who are victims of elder abuse and neglect; and
- Improve the quality of life at the end of life.



Aging in Place

Between the years of 1997 and 1999, the Foundation invested in a three-year *Aging in Place Initiative*. The *Aging in Place Initiative* sought to identify innovative approaches to allow elders to age independently within their community. Three innovative projects were funded by the Foundation.

Life Steps Foundation / Los Angeles / CA

Network of Friends Block Nursing Project

A three-year program totaling \$107,300 to link retired nursing professionals with vulnerable, isolated elders living in predominately African American and Hispanic neighborhoods to review medication compliance, monitor for health problems and to provide health care referrals.

On Lok / San Francisco / CA

Long Term Care Services for Frail Elders in Board and Care Facilities

A three-year project totaling \$346,980 designed to bring a package of health and long-term care services to individuals living in board and care facilities in the Bay Area, and to determine whether the PACE model of care could serve Medi-Cal eligible and non-eligible older adults.

University of Southern California, Andrus Gerontology Center / Los Angeles / CA

Home Modifications

A three-year project totaling \$327,949 to develop home modification coalitions, Web-based resources and training for consumers, health care providers and building contractors to increase the availability of home modifications so that frail older adults have the choice to age in place.

As an outgrowth of the *Aging in Place Initiative* and successful work conducted by the University of Southern California, the Foundation invested \$1,251,142 in 1999 to support a five-year project to develop a National Resource Center on Supportive Housing and Home Modifications to ensure that older adults desiring to age in their homes had the resources and solutions to make their homes a safe place. The National Resource Center also sought to promote supportive housing and home modification as integral components of successful aging, long-term care, preventive health and elder-friendly communities.



Long-Distance Caregiving

The role of the caregiver is undervalued in our society. However, as our society ages, the need for the caregiver will expand. In the late 1990s the Foundation identified the need for resources and services for caregivers, particularly caregivers who lived a long distance from their loved ones. Between 1999 and 2001, the Foundation invested in a three-year *Long-Distance Caregiving Initiative*. The initiative sought to provide services for family caregivers caring for an elder living a distance away. As part of the initiative, the Foundation awarded eight grants.

Alliance for Education and Leadership / Sacramento / CA

Resource Directory for Caregivers in California

A three-year project totaling \$99,142 to support the development of a resource directory for California caregivers.

Alzheimer's Association, Los Angeles Chapter / Los Angeles / CA

Long-Distance Caregivers Project

A three-year project totaling \$348,870 to develop supportive services and referral networks to assist long-distance caregivers.

Center for Healthy Aging / Santa Monica / CA

When Mother Calls

A three-year project totaling \$133,536 to support the development of a workplace-focused caregiver training and support program. In 2001, the Foundation awarded \$76,300 to develop a manual and interactive educational compact disc for community-based service providers who wished to replicate the *When Mother Calls* workplace caregiver education program.

Community Care / Ukiah / CA

Case Management and Legal Services for Elders

A three-year project totaling \$86,100 to develop a senior life planning team of a geriatric nurse, an elder law attorney, and a social worker to assist families whose elders were residing in rural communities.

Family Caregiver Alliance / San Francisco / CA

Partners in Long Term Care: Conference on State Policy Development

A one-year project totaling \$57,932 to support a state-wide conference to develop policies supporting caregivers.

Huntington Memorial Hospital / Pasadena / CA

California CareNet Program

A three-year project totaling \$249,700 to develop a comprehensive model of resources, training workshops and support services for caregivers.

Southeast Area Social Service Agency / Whittier / CA

Prescription Intervention and Lifelong Learning Program

A three-year project totaling \$175,220 to fund a prescription medication assessment and education program for elders and their caregivers in the southeast area of Los Angeles County.

Southern California Presbyterian Homes / Los Angeles / CA

Money Management Program

A three-year project totaling \$298,732 to support the development and evaluation of a money management program for older adults residing in retirement housing.

Building upon the successful work conducted by the eight projects funded as part of the *Long-Distance Caregiving Initiative*, in 2001 the Foundation awarded the Family Caregiver Alliance a three-year grant totaling \$780,000 to establish a National Center on Caregiving. The National Center on Caregiving serves as a repository of resources for caregivers.



Adult Day Services

Since the Foundation's inception, support of adult day service programs has been a significant component of the Foundation's grant portfolio. Over the past two decades, the Foundation has invested over \$3 million in support of start-up funding of adult day care and adult day health centers, the expansion of program services, support for marketing efforts to increase enrollment, and the development of a network of adult day service programs. The following organizations are examples of the Foundation's investment in adult day services.

Acacia Adult Day Services / Garden Grove / CA

Adult Day Services Expansion

A three-year project totaling \$225,000 to support expansion of adult day services.

Korean Health Education, Information & Referral / Los Angeles / CA

Adult Day Health Care Center Expansion

A two-year project totaling \$145,700 to support the start-up of an adult day health care program.

Los Amigos Research and Education Institute / Downey / CA

Adult Day Health Care Program

A two-year project totaling \$222,000 to support the expansion of an adult day health care program.

Villa Esperanza Services / Pasadena / CA

Adult Day Health Care Center

A two-year project totaling \$150,000 to support the start-up of an adult day care program.

In 2002, the Foundation contracted with the Beverly Foundation to conduct a cluster analysis of its \$3 million investment in adult day services to identify areas for future investment and action by the philanthropic sector. The analysis recommended that philanthropy consider supporting:

1. Education and public awareness campaigns;
2. Innovations in program services (e.g., extended hours, special needs programs, and training);
3. Low interest loans to support start-ups and program expansion;
4. Scholarships for participants;
5. Transportation services;
6. Development of a uniform data system for all adult day services in California; and
7. Operating support for the California Association of Adult Day Services and the Alliance for Leadership and Education.

In 2005, the Foundation took a systematic approach to addressing growing concern over reimbursement issues for California's adult day service programs by investing in a three-year project totaling \$300,000 to support the redesign of the State of California's adult day services program. The Alliance for Leadership and Education is partnering with the State of California and the Center for Medicare and Medicaid Services to design a system to ensure that older adults can reside in the community and adult day service programs can operate efficiently.



Fall Prevention Initiative

Over the last decade, the Archstone Foundation has awarded 36 grants totaling over \$10 million to address many of the risk factors associated with falls, including the development of balance and mobility programs, home modifications, and statewide and national convenings. In 2003, the Foundation convened key stakeholders throughout California to begin a strategic planning process for the prevention of falls among older adults. A key development arising out of this process was the creation of a Fall Prevention Center of Excellence (FPCE) to serve as a coordinating body for fall prevention activities across the State of California.

In January 2006, the Fall Prevention Center of Excellence opened as a consortium of public and private organizations consisting of the following:

- University of Southern California, Andrus Gerontology Center
- California State University, Fullerton Center for Successful Aging
- University of California, Los Angeles, School of Medicine
- Veterans Administration Greater Los Angeles Healthcare System, Geriatric Research, Education and Clinical Center
- California Department of Health Services, State and Local Injury Control

The opening of the FPCE marked the launch of the Foundation's *Fall Prevention Initiative*, a five-year initiative (2005 – 2010) to reduce falls among older adults through multi-factorial interventions including medical assessment, gait and balance exercises and environment modifications.

In 2006, the Foundation collaborated with the FPCE through the *California Senior Fall Prevention Projects*, a cluster of projects intended to help communities build their capacity to address falls among the elderly and deliver integrated fall prevention services that allow seniors to continue to live vital, independent lives. The FPCE is providing technical assistance and project evaluation support for the cluster of projects, which include five community coalitions and six program expansion grants. In May 2007, the Foundation released Phase II of the *California Senior Fall Prevention Projects* to support continuation of Phase I funded coalitions and program expansions, and to support new coalitions in communities not currently funded.

In 2007, the Foundation partnered with the FPCE to design, implement and evaluate senior center-based model fall prevention projects in Southern California. The six community-based projects will pilot the InStep program and serve as models for future replication across the state and nation. The goal is to demonstrate how senior centers with different levels of resources can organize and operate effective and sustainable multi-factorial fall prevention programs.

The national arm of the Fall Prevention Initiative is led by the National Council on Aging with more than 60 national organizations as partners. Based on the California experience, the Falls Free Summit held in December 2004 resulted in a National Fall Prevention Action Plan. Significant progress has been made on many of the 36 strategies identified in the plan. A major focus has been providing states with technical assistance in developing coalitions and in building a resource guide. Maine, New Hampshire, Connecticut, Michigan, Minnesota, Washington, Massachusetts, and Wisconsin have joined California in forming state coalitions to reduce the risk of falls.



Elder Abuse and Neglect Initiative

The Foundation's first grant related to elder abuse was awarded in 1991 to support a state-wide conference focused on adult abuse. Since then, the Foundation has awarded 58 grants in the area of elder abuse, totaling over \$7.7 million. In 2005, the Foundation launched the *Elder Abuse and Neglect Initiative*, a five year (2006 – 2011) multi-million dollar investment in improving the quality and coordination of elder abuse and neglect services in California. The Initiative is divided into two major phases.

An open call for proposals for Phase I of the Initiative was issued in March 2005, to which over 120 organizations responded. Based on the recommendations of an external review committee, the Foundation's Board of Directors awarded grants to 18 organizations for the first phase of the Initiative – January 2006 to December 2007.

Phase I projects of the Elder Abuse and Neglect Initiative cover five major themes:

- Education and training for mandated reporters;
- Multidisciplinary team development;
- Development of forensic and center of excellence models;
- Financial protection; and
- Systems analysis of Adult Protective Services data collection and of elder court systems.

Additional critical components of the Initiative include leadership development in the field of elder abuse within the state and a cross-cutting evaluation of the Initiative to capture lessons learned. To that end, convening and technical support is being provided by the University of California, Irvine, and an Initiative-wide evaluation is being conducted by The Measurement Group. Representatives from each project meet regularly to share experiences and foster collaboration.

Phase II of the Elder Abuse and Neglect Initiative (January 2008 – December 2010) will focus on the continuation of Phase I projects to address unmet needs, capitalize on lessons learned, refine best practices, and implement systems change.



End-of-Life Initiative

During the period between 1988 and 2005, the Foundation awarded 49 grants, totaling over \$4.2 million, to 33 organizations committed to: improving advance care planning; increasing access to hospice care and services; educating and training professionals in end-of-life care; and supporting direct services that improve quality of life and offer dignity to dying patients. Based on its history with the issue, the Foundation decided to invest in an End-of-Life Initiative, a five-year (2006 -2011) multi-million dollar investment with the goal of improving end-of-life care for all older adults in California. The strategies for implementing the End-of-Life Initiative include:

1. Supporting the adoption and infusion of the full range of palliative care services in hospitals and long-term care settings;
2. Training health care professionals in palliative care, targeting nurses, physicians, and social workers to care for older adults; and
3. Advocating for changes in public policy that will address reimbursement and sustainability of palliative care programs in California and across the nation.

In September 2006, the Foundation launched the Initiative, awarding three-year grants, totaling \$1,179,446, to four programs addressing the need for improved quality of care in hospitals and long-term care facilities, and providing training and education in palliative care for healthcare providers. The findings from these pilot projects will develop the strategy to improve quality of care within long-term care settings. Ultimately, the Foundation hopes to help build a continuum of palliative care across hospitals, community-based services, and long-term care facilities.

In February 2007, the Foundation released the *Hospital-Based Palliative Care Service Innovation Projects* request for proposals to increase the number and quality of palliative care services within hospitals in Southern California, and to develop sustainable models that may be replicated across the state. The Foundation solicited proposals from 23 hospitals located in Southern California that have demonstrated a commitment to establishing palliative care services that cover patients from emergency departments and intensive care units through their transfer to home and long-term care settings.

In June 2007, the Board funded five Southern California hospitals to establish palliative care programs that will serve adults over the age of 65 who are living with complex chronic and advanced illnesses. The University of California, San Francisco's Palliative Care Leadership Center provides technical support and evaluation assistance to the funded projects. Depending on the success of these projects, a second round of funding may be issued.



Looking Forward

The progressive aging of our nation and the world will continue into the foreseeable future, requiring a continued commitment by the philanthropic sector. As the Archstone Foundation prepares for the next decade of philanthropy, four values will guide our grantmaking.

The Foundation will continue to:

- Provide leadership in the field of aging within the philanthropic sector;
- Integrate lessons learned into more effective grantmaking and greater impact in the lives of older adults;
- Convene, promote, and facilitate collaboration among organizations and stakeholders committed to preparing society for an aging population; and
- Operate with accountability and transparency.

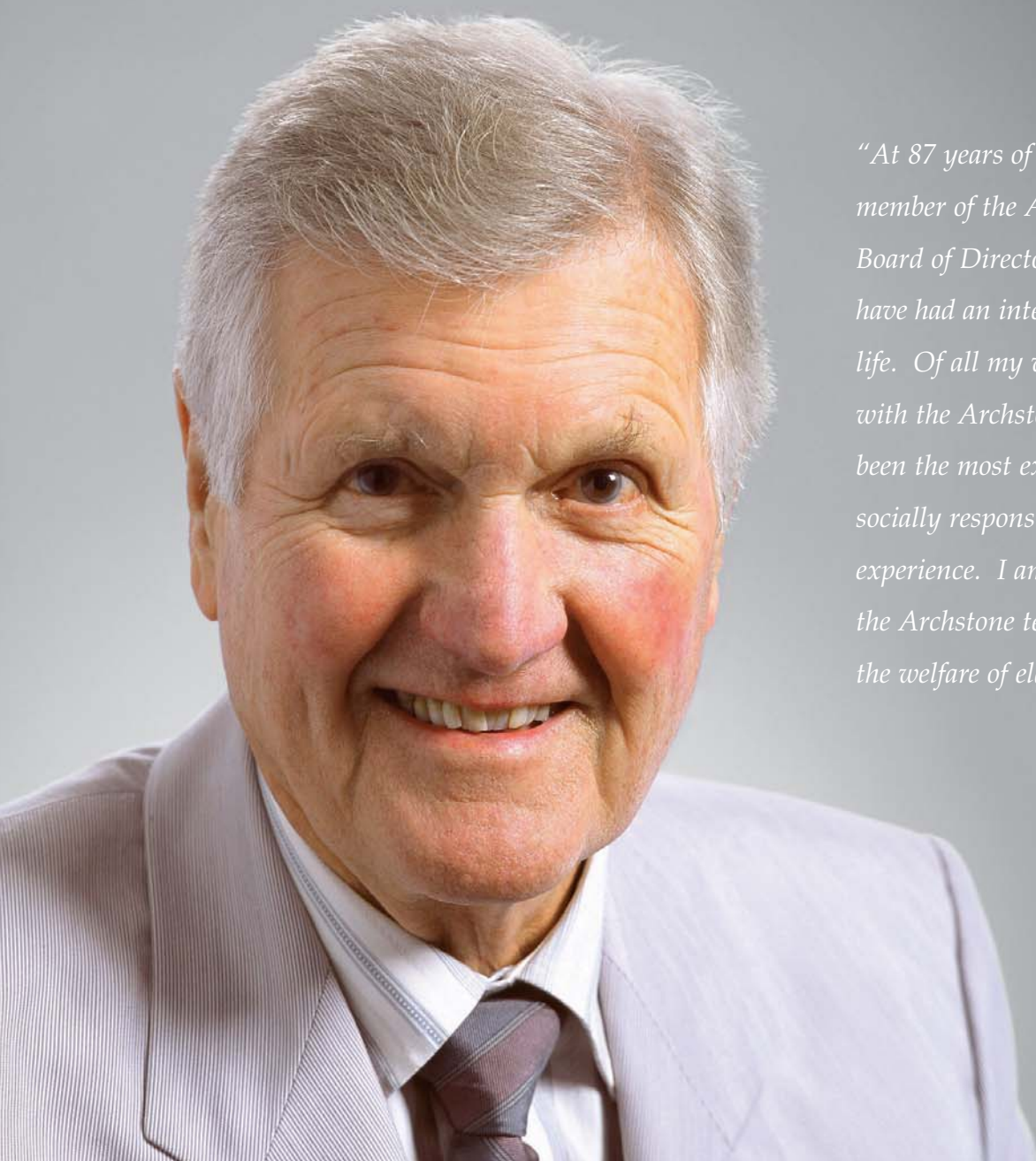
The Foundation will continue to support programs that improve the lives of older adults, develop and test new models of service delivery, and advocate for systemic changes that will lead to a lasting impact on society's aging population. The Foundation is committed to translating its findings from pilot projects and program demonstrations to informed policies that will benefit elders and facilitate the further replication, adaptation, and adoption of best practices and models.



Trusteeship: The Driving Force in the Foundation's Creation and Maturation

The trusteeship of the Foundation's Board of Directors has been the critical element that has guided the Foundation from its genesis as a start-up conversion foundation, to its development of effective grantmaking policies and strategies, to its maturation as a leader in philanthropy within the field of aging. The Board of Directors' commitment to being thoughtful stewards of public resources, their experience as leaders in many sectors of our community and their true passion to care for others, has made the past 20 years a grantmaking success for the Archstone Foundation.

This 20-year report is dedicated to the foresight, leadership and wisdom of those who have served as Directors of this Foundation over the last two decades.



"At 87 years of age, I am the oldest member of the Archstone Foundation Board of Directors. As a physician, I have had an interesting and productive life. Of all my work, my involvement with the Archstone Foundation has been the most exciting, innovative, socially responsible and fulfilling experience. I am honored to be part of the Archstone team, contributing to the welfare of elders."

LEN HUGHES ANDRUS, M.D., F.A.C.F.P., F.A.C.P.

Board member since 1993

Dr. Len Hughes Andrus is an innovator and leader in health care. He developed the first pre-paid health care program for migrant and low income farm workers and a model rural hospital which became a sought-after training site by Stanford University where he was Clinical Faculty in Medicine for many years. He developed the largest networks of family practice residencies in the United States and was the Founder and Co-Director of the Family Nurse Practitioner and Physician Assistant Program. Dr. Andrus co-authored one of the first texts in geriatric medicine while at the University of California, Davis and published over 38 articles in various journals. He founded the Foundation for Comprehensive Health Services to discover better models for delivering health care, a lifelong passion. He has consulted throughout the United States and in 12 foreign countries, most recently in China.

Dr. Andrus received his pre-medical education at Stanford, his medical degree from George Washington University and training in Internal Medicine in Boston at Tufts New England Medical Center, The Massachusetts General Hospital and the Lahey Clinic. Currently, he is a member of Physicians for Social Responsibility and Physicians for National Health Insurance as well as a Fellow of the American College of Physicians and American College of Family Physicians.

Now riding the fourth wave of his life he is a medical doctor with clear memories of the distant past and a witty incisive understanding of modern life. A pioneer in living a long productive life, he is devoted to the innovation work in aging of the Archstone Foundation in his role as Board member. He is a novelist, an artist who paints watercolors and draws stories of people living their ordinary lives and is an avid photographer.

As the patriarch of a large family, he tries to keep up with four children, eleven grandchildren and five great grandchildren. He travels the world with his wife Mary O'Hara-Devereaux, a renowned global futurist, and strives to be the alpha dog with Zeus while enjoying his homes in San Francisco and Bodega Bay, California.



"The Archstone Board is and has been devoted to its mission of easing life for the aged. The work has been innovative, assertive and generous. I am proud of my participation."

JOHN T. KNOX, J.D.

Board member since 1991

Chairman of the Board since 1995

John T. Knox, Esq. is a retired partner at Nossaman, Guthner, Knox & Elliott in San Francisco, California, specializing in health care regulation. He was a member of the California Assembly from 1960 to 1980 and was its Speaker Pro Tempore from 1976 to 1980. Mr. Knox was the Chairman of the Local Government Committee from 1963 to 1975, the Tort Liability Committee, the Joint Committee on Open Space Lands and the Select Committee on Farm Labor disputes. He is a member of the Boards of Trustees of Occidental College and the Hastings College of the Law and is the Chairman of the California Foundation for the Economy and the Environment.

Mr. Knox authored several significant pieces of legislation while in the California Assembly. Among the bills authored are:

- Knox-Keene Health Care Service Plan Act of 1975
- District Reorganization Act of 1965
- District Securities Act
- Corporate Securities Act of 1968
- Non-Profit Corporation Law
- Pollution Control Financing Authority
- Bay Conservation & Development Commission Act
- Knox-Nisbet Act
- Municipal Organization Act
- Environmental Quality Act of 1970 & amendments of 1972
- General Corporation Law
- Moscone-Knox Professional Corporation Law
- Health Facilities and Financing Authority
- Cortese-Knox Act

He received the Bay Area Council Environmental Award in 1979 and in 1980, he received two Legislator of the Year Awards; League of California Cities and American Civil Liberties Union.

Mr. Knox received an A.B. in 1949 from Occidental College and a J. D. in 1952 from the Hastings College of the Law. He was admitted to the California Bar in 1953 and served as voluntary Parliamentarian for the California State Assembly.



*"I am proud and honored to be on
a Foundation Board whose sole
purpose is to help others, especially
those who often cannot help
themselves. Many citizens of
California have a better life because
of the Archstone Foundation."*

ROBERT C. MAXSON, Ed.D.

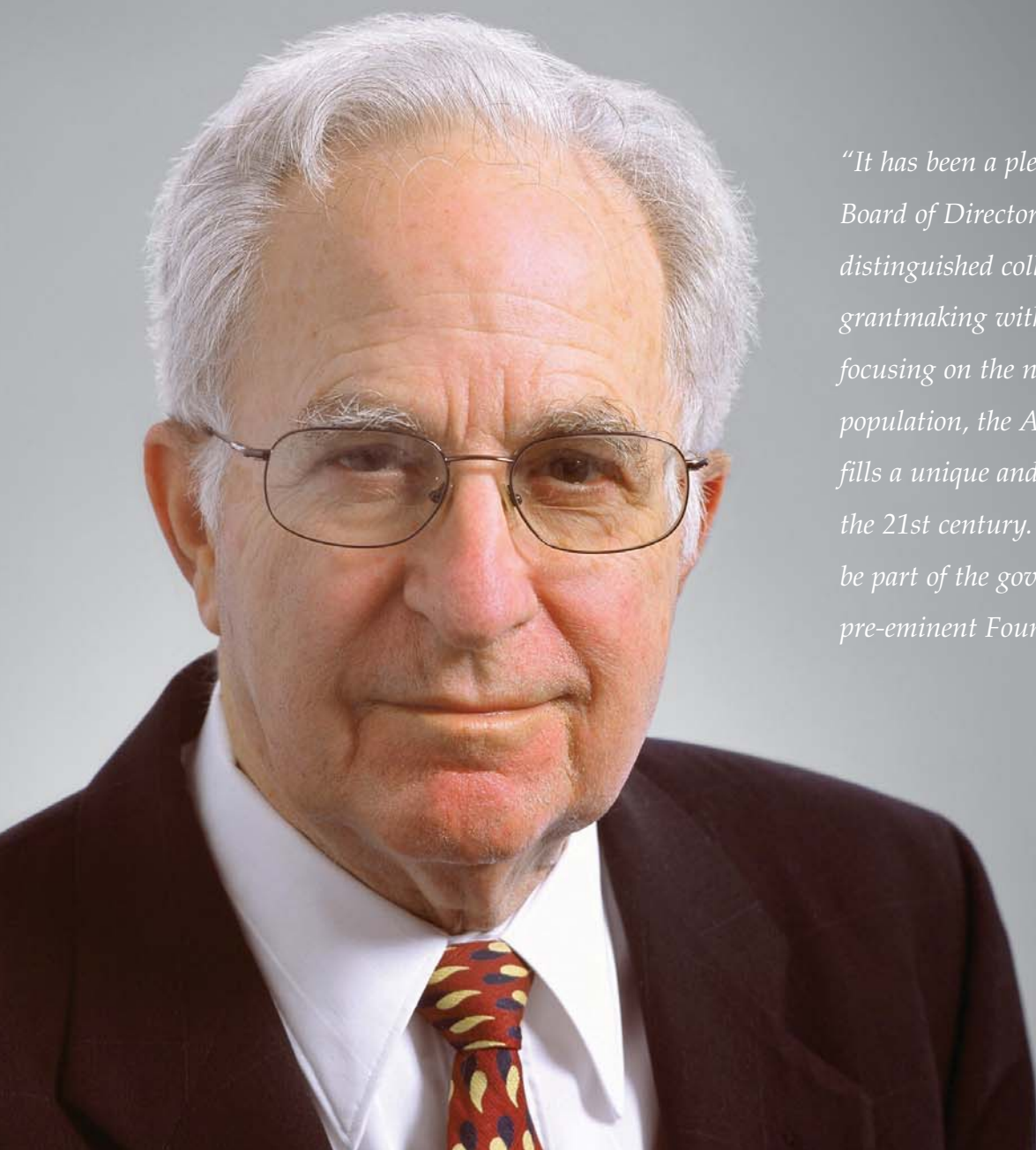
Board member since 1994

Dr. Robert C. Maxson served as President of California State University, Long Beach for twelve years before retiring in 2006. Cal State Long Beach, which has an enrollment of approximately 35,000 students, is the second largest campus in California and has been named by U.S. News & World Report as one of the top three public universities in the west within its category.

Dr. Maxson was named President of the Year four consecutive years by student body presidents from the 23 campuses in The California State University System. The award was named for him permanently after the fourth year. Dr. Maxson has been chosen as person of the year by numerous organizations and was awarded the prestigious Silver Lilly Award by the Easter Seal Society for his humanitarian work.

Prior to joining Cal State Long Beach, Dr. Maxson was President of the University of Nevada, Las Vegas (UNLV) for ten years. Before that he was a vice president and president at the University of Houston. Dr. Maxson earned his doctorate from Mississippi State University in 1970, and began his career as a college professor at Auburn University in Montgomery, Alabama. He has written two college textbooks which together have been adopted in approximately 100 colleges and universities. In addition, Dr. Maxson has authored numerous articles which have appeared in prominent national journals. He is married to Dr. Sylvia Parrish Maxson who was also a university professor before retiring in 2006. Their son Todd is a pediatric surgeon in Austin, Texas and their daughter Kimberly is a lawyer and lives in Nevada.

Dr. Maxson has been in constant demand as a speaker. His topics include organizational and personal leadership as well as other motivational subjects.



"It has been a pleasure to serve on the Board of Directors with dedicated, distinguished colleagues. A leader in grantmaking with a vital mission, focusing on the needs of an aging population, the Archstone Foundation fills a unique and significant need in the 21st century. I am honored to be part of the governance of this pre-eminent Foundation."

JACK W. PELTASON, Ph.D.

Board member since 1987

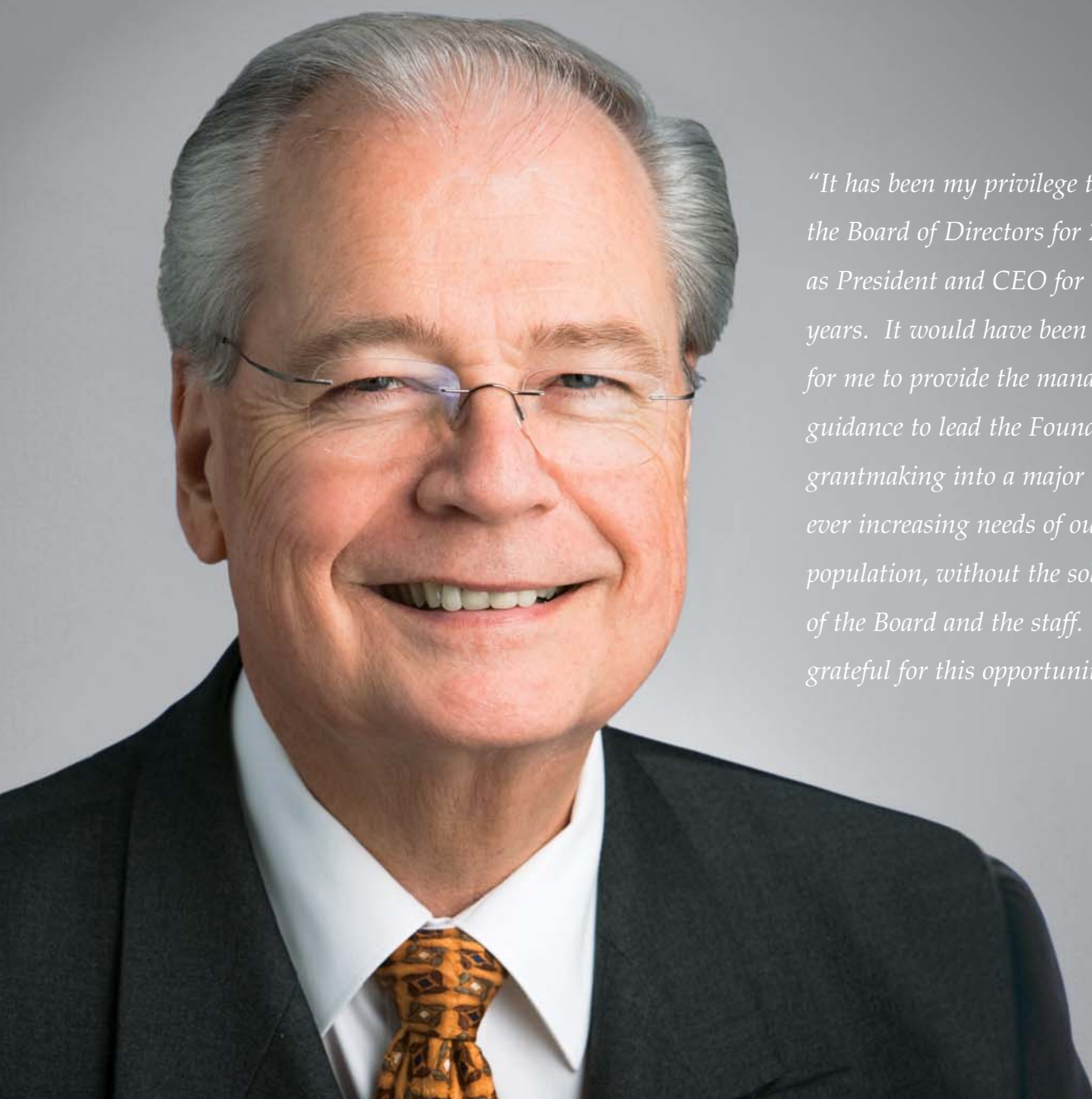
Dr. Jack W. Peltason was born in St. Louis, Missouri, in 1923. He attended the University of Missouri where he met his wife, Suzanne. Dr. Peltason received his M.A. and Ph.D. from Princeton University.

Dr. Peltason's affiliation with the University of California, Irvine (UCI) began in 1964 when, as Vice Chancellor for Academic Affairs, he helped assemble faculty for the fledgling Irvine campus that opened in 1965. He served as chancellor from 1984-1992 where he directed its dramatic surge in growth and its emergence as a stellar public research institution. In 1992, he was appointed the 16th President of the University of California (UC) and guided UC through perilous times that included a drop in state financial resources and attacks on admission policies. When he left office in 1995, UC was poised to renew its scholarly and education growth and its position as one of the world's preeminent public universities.

He also served as President of the American Council on Education (1977-1984) and as Chancellor of the University of Illinois at Urbana-Champaign (1967-1977). He is a Fellow of The American Academy of Arts and Sciences as well as a former member, Board of Trustees, of the American Political Science Association.

In addition, Dr. Peltason is one of the nation's foremost experts on the U.S. Constitution and the Supreme Court. He was an original co-author of "Government by The People," a best-selling political science textbook for over twenty years.

The Peltasons reside in Irvine, California where they continue to be active in the UCI community. They have three children, seven grandchildren and as of this summer, will have a total of five great-grandchildren.



"It has been my privilege to serve on the Board of Directors for 20 years and as President and CEO for the last 12 years. It would have been impossible for me to provide the management and guidance to lead the Foundation's grantmaking into a major role in the ever increasing needs of our elder population, without the solid support of the Board and the staff. I am very grateful for this opportunity!"

JOSEPH F. PREVRATIL, J.D.

Board member since 1987

Joseph F. Prevratil, President and CEO of the Archstone Foundation, has been a board member since 1987 and chief executive since 1995. He was instrumental in moving Archstone Foundation from grants in general health to focusing on aging with a current emphasis in the following areas: elder abuse prevention, fall prevention, end-of-life issues and responsive grantmaking to address emerging needs within society's aging population.

Mr. Prevratil has been an active member of Grantmakers in Aging. He served on the board of directors during 1998 – 2004 and held the position of president from October 2002 to October 2004. Additionally, he has been actively involved with several annual conferences for Grantmakers in Aging. In 1998, he served as the Co-Chair for the Program Planning Committee and in 2002 he was the conference chair.

Mr. Prevratil was a group vice president with Six Flags, Inc., (1970-1975) and president of his own turnaround consulting firm (1975-1982) before taking the reins as president of Wrather Port Properties, Ltd. (1982-1988). At Wrather, he was responsible for turning the Queen Mary/Spruce Goose hotel and entertainment complex into a successful operation and assisting in the sale of the assets of Wrather Port Properties, Ltd., to the Walt Disney Company.

In May 1988, Mr. Prevratil was appointed chief executive officer of the Port of Long Beach, where he negotiated major trade contracts throughout the Pacific Rim. He then moved on to a four year contract as project manager for the successful \$100 million expansion of the Long Beach Convention and Entertainment Center. He returned to the Queen Mary in 1993 as president and CEO. He retired as President and CEO of the Queen Mary in July 2006.

Mr. Prevratil holds a B.A. degree from Loyola University of Los Angeles and a J.D. degree from Southwestern University School of Law. He has served as chairman of the board of the Long Beach Area Chamber of Commerce, the Long Beach Area Convention and Visitors Bureau and the Downtown Long Beach Associates. From 1990-1997, he was a member of the Board of Directors of the \$2 billion HMO-FHP International Corporation. Mr. Prevratil is the recipient of numerous civic, community and service awards including the Forum for Corporate Directors Award in 1989, the Jewish National Fund Tree of Life Award, the American Lung Association Humanitarian Award, the 1999 Entrepreneur of the Year Award from the Long Beach Chamber of Commerce, the 2000 Humanitarian Award from National Conference for Community and Justice and from APHA, the 2004 Philip G. Weiler Award for Leadership in Aging and Public Health.

Mr. Prevratil and his wife, Joan, have four children and eight grandchildren.



"Giving help to others is a tenet of Judaism with which I was educated, as well as a fundamental human responsibility. Participating as an Archstone board member has allowed me the privilege of offering funds and incentives to create programs to improve the quality of life for those nearing the latter years of their lives."

RENEE B. SIMON, M.S., M.L.S.

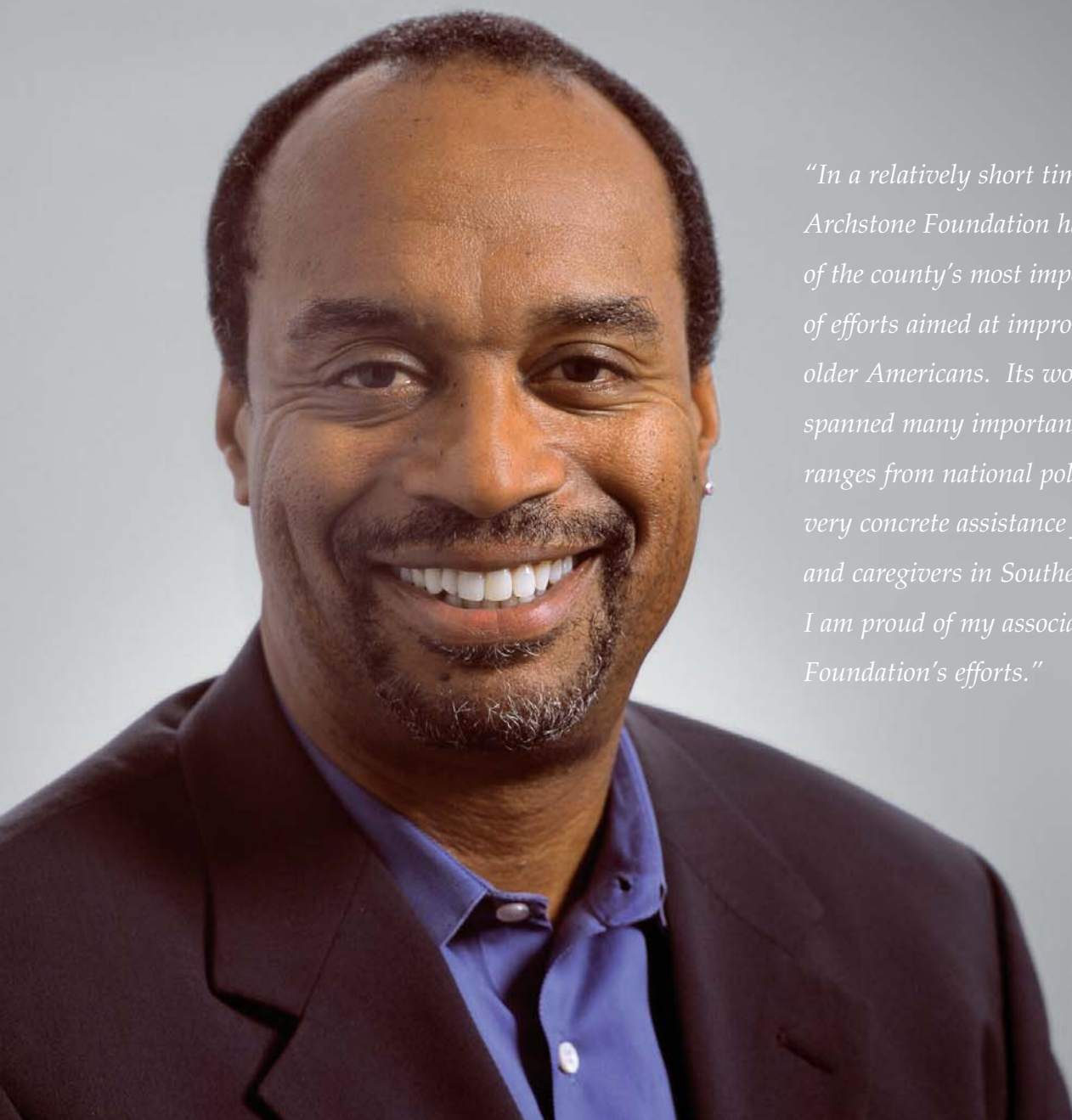
Board member since 1991

Renee Simon, through her company, Institute of Management Communications, specializes in researching and writing corporate and institutional histories. Among her recent works are Destination Long Beach: The Queen Mary Story; The Long Beach Water Department, A Historic Perspective, 1945-2000; and The Alameda Corridor Story: A Project of National Significance. As a free-lance writer, Ms. Simon has been published in numerous general interest magazines, the op-ed pages of the Los Angeles Times, and several transportation technical journals. She also served as editor of Western Governmental Researcher, a journal for public affairs and administration.

Ms. Simon has a graduate degree in Biochemistry from Stanford University and a Master of Library Science degree from University of California, Los Angeles. She was elected for two terms to the Long Beach City Council, served on the boards of the Long Beach Redevelopment Agency, the Long Beach Housing Development Company, and currently is vice-chair of Long Beach Transit board of directors. She is a founding member of CEWAER, the California Elected Women's Association for Education and Research.

Following her service on the City Council, Ms. Simon was invited to accept a teaching post at California State University Long Beach as a distinguished visiting professor of public administration where she developed her popular elective course, Administrative Report Writing. She later served as Deputy Director for Transportation Planning for the Southern California Association of Governments, a six-county regional planning agency.

Ms. Simon has been honored with numerous awards, including the National Conference for Community and Justice annual Humanitarian Award, Long Beach NOW's first Susan B. Anthony award, and was selected as the first woman commencement speaker for California State University Long Beach's School of Letters and Science.



"In a relatively short time, the Archstone Foundation has become one of the county's most important funders of efforts aimed at improving life for older Americans. Its work has spanned many important issues, and ranges from national policy efforts to very concrete assistance for programs and caregivers in Southern California. I am proud of my association with the Foundation's efforts."

MARK D. SMITH, M.D., M.B.A.

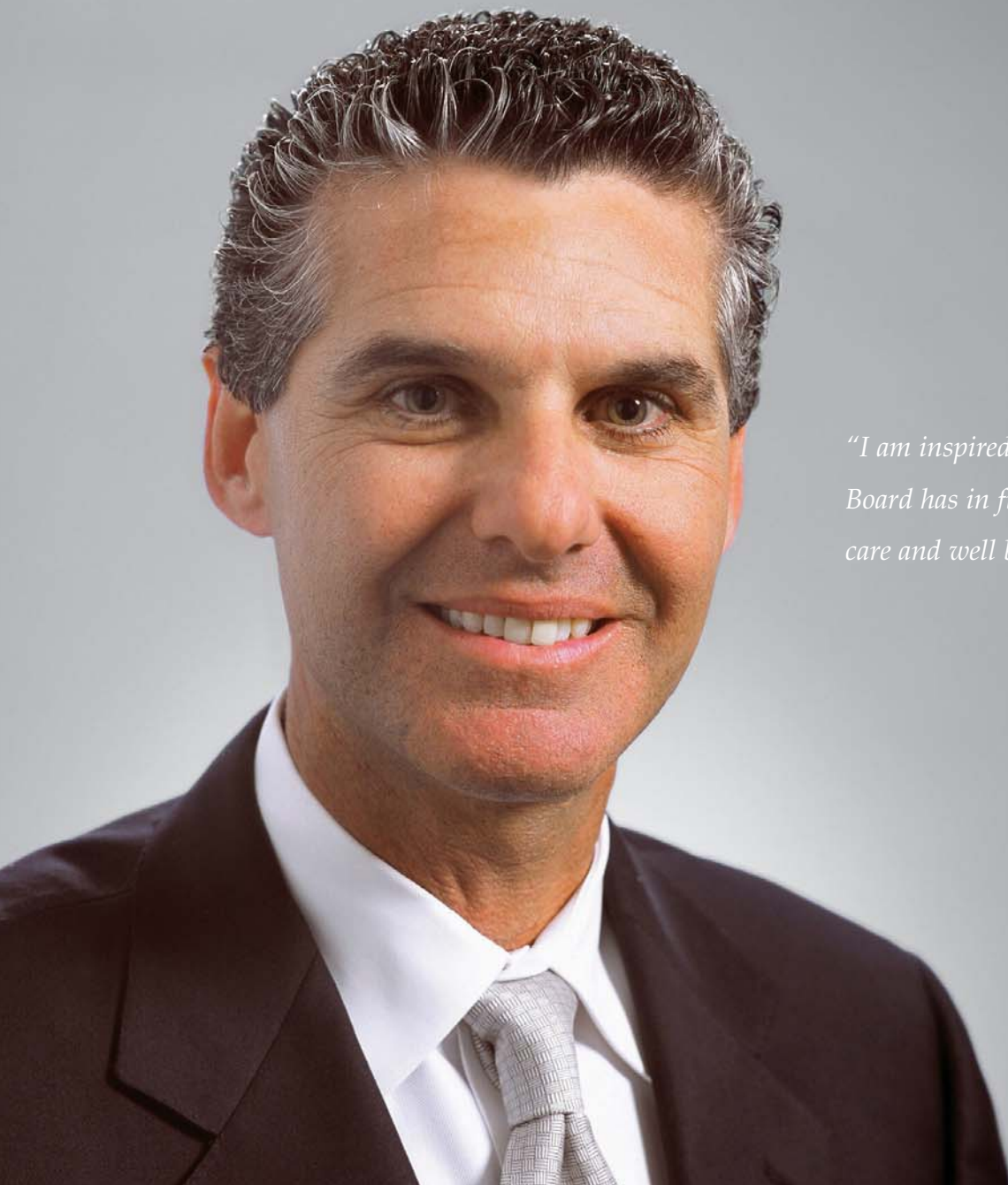
Board member since 1998

Dr. Mark C. Smith is the President and CEO of the California HealthCare Foundation. The Foundation is an independent philanthropy with assets of \$800 million, headquartered in Oakland, California and dedicated to improving the health of the people of California through its three program areas; Innovations For The Underserved, Better Chronic Disease Care, and Market and Policy Monitor.

A board-certified internist, he is a member of the clinical faculty at the University of California San Francisco and an attending physician at the Positive Health Program for AIDS care at San Francisco General Hospital. He is a member of the Institute of Medicine and serves on the board of the National Business Group on Health.

Prior to joining the California HealthCare Foundation, Dr. Smith was Executive Vice President of the Henry J. Kaiser Family Foundation and previously served as Associate Director of the AIDS Service and Assistant Professor of Medicine and of Health Policy and Management at Johns Hopkins University. He has served on the Performance Measurement Committee of the National Committee for Quality Assurance and the editorial board of the Annals of Internal Medicine.

Dr. Smith received a B.A. in Afro-American Studies from Harvard College, an M.D. from the School of Medicine at the University of North Carolina at Chapel Hill, and an M.B.A. with a concentration in health care administration from the Wharton School of Business at the University of Pennsylvania.



"I am inspired by the passion that the Board has in fulfilling their mission of care and well being for the aging."

ROCKY SUARES, C.F.P.

Board member since 2002

Rocky Suarez is a Senior Vice President at A.G. Edwards and Sons, Inc., a national, full-service brokerage firm. He has been with A.G. Edwards for 15 years and has 22 years of experience in investment management.

He is an active community member in Long Beach, serving on several Boards. Mr. Suarez joined the Archstone Foundation in 2002 and currently chairs the Finance Committee. He was a Board Member of the Long Beach Education Foundation, 2001-2007. From 2005-2007, he also served as Chairman of the St. Mary Medical Center Foundation Board of Trustees and has been a member of the St. Mary Medical Center Community Board for the past eight years. In 2006, Mr. Suarez joined the National Conference for Community and Justice, as a Board Member.

In addition, Mr. Suarez sits on the Board of the Board of Governors at California State University of Long Beach. He also served as President of the President's Associates. Mr. Suarez has also served on the Board of the Boys and Girls Club of Long Beach for the past ten years, presiding as President from 2001-2003.

Mr. Suarez and his wife, Julie, have two daughters. Their daughter Chanel is a junior at UCLA and their daughter Ariel is a high school senior who recently won the National Championship, Women's Varsity Eight in Rowing.



"It has been my privilege and opportunity to be a member of the Archstone Foundation Board because Archstone has made a difference in the lives of our aging population by breaking barriers of antipathy to issues of aging. Archstone has become an icon in pioneering new ground in health for this generation and for the generations to come. On this important anniversary, the Archstone Foundation continues to lead the way."

HARRIETT M. WIEDER

Board member since 1992

Harriett Wieder is Founder and President of Linkage, a consulting company specializing in politics and public policy areas, serving private and public sectors. She has over 35 years of professional experience in management and strategic planning; proven ability in communications, consulting and consensus building skills; and in-depth knowledge of all aspects of regional and local governments.

Prior to founding her own company, she completed 30 years in public office. Mrs. Wieder has served on the boards of local and state regulatory agencies, businesses and community organizations. She is a recipient of multiple awards and honors from professional and community organizations.

Ms. Wieder received an Honorary Doctor of Law Degree from the Pepperdine University (1990); earned a Certificate of Management from the Harvard University, John F. Kennedy School of Government (1989); and a Certificate from the Graduate School of Business Administration at the University of California, Los Angeles.

Ms. Wieder and husband Irving Wieder moved to California from Michigan. During early years in Los Angeles she was involved in community affairs; she was appointed as an executive assistant for Mayor Sam Yorty from 1963 through 1973. Ms. Wieder's political career began when she moved to Huntington Beach and won election to the City Council and served as Mayor in 1976. She was then elected to the Orange County Board of Supervisors: 1978 – 1993. She served as the Chair of the Board of Supervisors three times and as the Supervisor of the Second District in Orange County for three terms. During that time she was the county's most influential politician on a local level. Throughout her political career, which has spanned over a quarter century, she has taken on such critical issues as health care, water quality and supply, hazardous waste, air pollution, transportation, gang prevention, domestic violence and child care. As the first female elected to the Board of Supervisors in the 105 years of Orange County government, Ms. Wieder has been an advocate for women in the ranks of politics, business and academia.

Former Board Members

Karl W. E. Anatol
Board member, 1994

Paul Carpenter
Board member, 1985-1991

John Dever
Board member, 1985-1987

Robert Gumbiner, M.D.
Board member and Chairman, 1985-1995

Warner Heineman
Board member, 1995-2002

Stephen Horn
Board member, 1985-1992

Scott Matheson
Board member, 1985-1990

Curtis L McCray
Board member, 1993

Harry Newman
Board member, 1985-1987

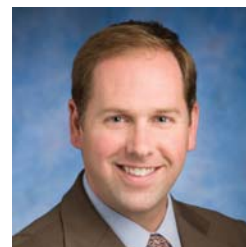
Current Staff



Joseph F. Prevratil, J.D.
President and Chief Executive Officer



Mary Ellen Kullman, M.P.H.
Vice President



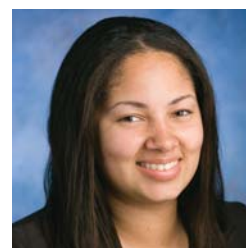
**E. Thomas Brewer, M.S.W.,
M.P.H., M.B.A.**
Director of Programs



Elyse Salend, M.S.W.
Program Officer



Laura Giles, M.S.G.
Program Officer



Tanisha Metoyer
Program Assistant



Connie Peña
Executive Assistant / Bookkeeper

National Public Radio	Sepulveda Research Corporation
National Senior Citizens Law Center	Sepulveda Veterans Administration
Neighbor to Neighbor: CYCIC	Medical Center
North County Seniors in Action	Shanti
Oasis Institute	Sharp HealthCare Foundation
On Lok, Inc.	Single Room Occupancy Housing
ONEgeneration	Corporation, Inc.
Opica Adult Day Care Center, Inc.	Society of Jesus
Orange Caregiver Resource Center	South Coast Institute for Applied Gerontology
Orange County Bioethics Network	South County Senior Services, Inc.
Orange County Community Foundation	Southeast Area Social Services Funding Authority
Orange County Council on Aging	Southern California Cancer Pain Initiative
Oregon Health and Science University	Southern California Presbyterian Homes
Organization of Nurse Executives	Southern Caregiver Resource Center
Pacific Island Health Officers Association	St. Johns Healthcare Foundation
Pacific Missionary Aviation	Stanford University
Palau Catholic Media Center	State of Hawaii Executive Office on Aging
Palau Community Action Agency	STOP-GAP
Palau Health Services	Stroke Association of Southern California
Partners in Care Foundation	The Amyotrophic Lateral Sclerosis Association
Pasadena Senior Center	The Center for Aging Resources
Pathways Volunteer Hospice	The Community Foundation for the
People Coordinated Services of	National Capital Region
Southern California, Inc.	The Elizabeth Hospice Foundation
Persephone Productions, Inc.	The Hospice Foundation
Playwrights Project	The Visionaries, Inc.
Pohnpei Community Health Center	Therapy Center, Inc.
Ponape Agricultural and Trade School	Tides Center
Education Foundation	Tri-City Hospital Foundation
Promotion of Economic Agriculture and	Truk Health Services
Community Endeavors	Ulithi Outer Islands High School
Providence Saint Joseph Foundation	United Cambodian Community
Providence Speech and Hearing Center	United Seniors of Oakland and Alameda County
Psychiatric Clinic for Youth	United Stroke Foundation
Public Interest Center on Long Term Care	University of California, Berkeley
Rand Corporation	University of California, Davis
Rebuilding Together, Orange County	University of California, Irvine
Rebuilding Together, Long Beach	University of California, Los Angeles
Recording for the Blind and Dyslexic	University of California, San Diego
Redwood Senior Homes and Services Corporation	University of California, San Francisco
Regents of the University of California	University of Hawaii
Rehabilitation Center for Brain Dysfunction	University of Southern California
Republic of Palau	University of Utah
Research and Education Institute at	Upward Bound House
Harbor-UCLA Medical Center	Utah Children
Revisions Resources	Utah Rural Community Health Centers
Riverside County Regional Medical Center	Valley Community Clinic
Riverside Hospice	Venice Family Clinic
Robert F. Kennedy Medical Center Foundation	Verdugo Hills Visiting Nurses Association
Rota Health Center	Villa Esperanza Services
Rural Elders, Inc.	Visiting Nurse Association,
Saint Barnabas Senior Center of Los Angeles	East San Gabriel Valley
Saint Fidelis Friary	Visiting Nurse Service of Long Beach
Saint Joseph Center	Visiting Nurse Service of New York
Saint Joseph Foundation	Voices of Healing
Saint Joseph Hospital	Volunteer Center of Greater Orange County
Saint Mary Medical Center Foundation	Volunteer Center of Riverside County
Saint Vincent Medical Center	Volunteer Center of the Redwoods
Sally's Fund, Inc.	Volunteers of America of Los Angeles
Salt Lake County Aging Services	Washington State University
Salvation Army	Weber Community Health Center
San Diego County District Attorney's Office	Wellness Community
San Diego Hospice and Palliative Care	Wellness Community Foothills
San Diego State University Research Foundation	Western Law Center for Disability Rights
San Fernando Valley Community	Westminster College
Mental Health Center	Westminster Senior Center Foundation
San Francisco Adult Day Services Network	White Mountain Apache Tribe
San Marcos Project CARE	WISE Senior Services
Santa Monica College Foundation	Xavier High School
School of the Pacific Islands	Yap Community Action Program
Senior Action in a Gay Environment, Inc.	YMCA of Greater Long Beach
Senior Community Centers of San Diego	Young at Heart Project
Senior Health and Peer Counseling	Young Horizons
Senior Meals and Services	YWCA of San Gabriel Valley
SeniorNet	Zen Hospice Project



401 E. Ocean Blvd., Suite 1000

Long Beach, CA 90802-4933

Phone: (562) 590-8655

Fax: (562) 495-0317

E-mail: archstone@archstone.org

www.archstone.org